



National Hispanic Medical Association

24th Annual Conference

**March 17-20, 2021
Wednesday - Saturday**

#NHMA2021

#Vaccinate4All

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March 17, 2021

Dear Friends:

Welcome to the 24th Annual Conference of the National Hispanic Medical Association.

We are proud to welcome you to learn and share strategies to improve the health of our most vulnerable communities. Together we can work with public health as well as private sector stakeholders to reduce the COVID-19 pandemic economic, health and emotional impact on our families.

We are also proud to announce at this conference the NHMA “Vaccinate4All” Campaign with CDC and Johnson & Johnson to increase access to COVID-19 vaccinations. As health providers for the Hispanic community, we are the most trusted messengers to change health seeking behavior. We invite all here and your networks to join our Call to Action: to call for “Vaccinate4All as you educate your patients/community about COVID-19 and vaccine uptake - through media, social media, videos, podcasts, blogs, newsletters and link to our HispanicHealth.info COVID-19 Resource Hub.

This year we focus on the sustainability of the NHMA to build our sphere of influence with all of you – NHMA Conference speakers, sponsors, exhibitors, and audience, NHMA Chapters, Interest Groups, Members and the Hispanic Health Professional Leadership Network, NHMA Council of Medical Societies, and our partner Latino Health Advocacy Organizations.

We request your giving back by helping with referrals to us for the following - We are bringing back the NHMA Leadership Fellowship for mid-career Hispanic physicians to build the next generation of public health leaders. We are expanding our health communications and programs to focus on COVID-19, Heart Disease, Diabetes, Influenza, HIV, Obesity and educating our physicians to participate in Clinical Trials, and the NIH AllofUs and NIDDK research programs. Finally, we are supporting increased Hispanics in health professional careers by mentoring through our NHHF Hispanic Health Professional Scholarship Program and our NHMA College Health Scholars Program, and supporting Institutional Members, and Liaisons to Medical Schools and residency programs.

At this Conference, we are honored to have the White House, Congress and the U.S. Department Health and Human Services, Senate and Congress leaders share their vision and priorities to support access to affordable quality health and wellness care across the nation.

At our Awards Ceremony we look forward to the inspiration from all our Awardees. Lastly, we sincerely appreciate the support from key partners, exhibitors, planning committee, staff and consultants who have produced a successful conference. We look forward to meeting all of you. Enjoy the conference.

National Hispanic Medical Association (NHMA) Board of Directors
National Hispanic Health Foundation (NHHF) Board of Directors and our
Advisors and Chapter Chairpersons

WELCOME FROM CONGRESSIONAL HISPANIC CAUCUS



CONGRESSIONAL HISPANIC CAUCUS 117TH CONGRESS

March 12, 2021

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National Hispanic Medical Association
1920 L. Street NW, Suite 725
Washington, DC 20036

Dear NHMA Friends:

On behalf of the Congressional Hispanic Caucus (CHC), it is my distinct pleasure to welcome you to the 2021 Hispanic Health Conference hosted by the National Hispanic Medical Association (NHMA). The NHMA is dedicated to the critical mission of improving the health of Hispanic populations across the country.

Hispanics are the largest minority group in the United States and evaluating their health needs is critical to informing national health policy. The coronavirus (COVID-19) pandemic has highlighted long-standing health, social, and economic inequities with Hispanic families continuing to bear the brunt of the COVID-19 pandemic. Now more than ever, it is critical to prioritize the health and well-being of Hispanic communities to ensure we are able to stop the spread of the coronavirus and recover from the on going COVID-19 pandemic as quickly and safely as possible.

I applaud the National Hispanic Medical Association in their tireless work to address the dynamic health issues impacting our communities and families. The NHMA is shedding light on leading topics affecting Hispanic populations like an equitable response to COVID-19, improving Latino health literacy, confronting substance abuse issues, and Medicaid priorities.

A top priority for the Congressional Hispanic Caucus is to promote health equity in COVID-19 relief efforts to ensure critical economic, educational, and social activities resume. The NHMA is making vital contributions to ensuring the health and well-being of our Hispanic communities by breaking down barriers to preventative care and promoting cultural and linguistic sensitivity in health services.

Sincerely,

A handwritten signature in blue ink that reads "Raul Ruiz".

Raul Ruiz, M.D.
Chairman
Congressional Hispanic Caucus

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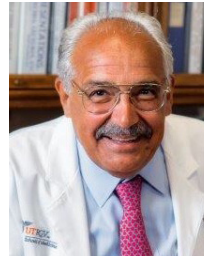
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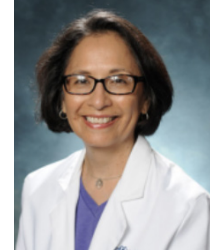
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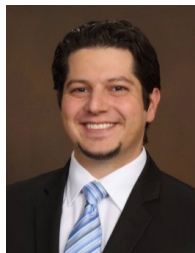
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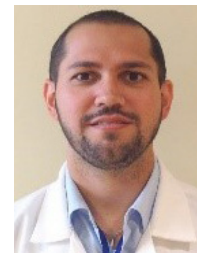
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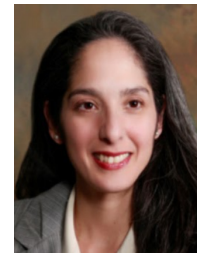
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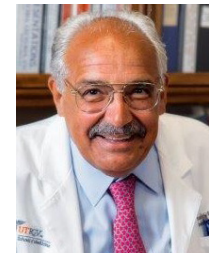
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2021 NHMA ANNUAL CONFERENCE CME STATEMENT

ACCREDITATION



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and National Hispanic Medical Association. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Amedco LLC designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFERENCE OBJECTIVES

1. Describe how health care innovations are influencing medical care business to be more effective to increase access to care, quality, and value based physical and mental healthcare.
2. Review health services research that focuses on knowledge and policy strategies that show promise of eliminating health disparities.
3. Explain new prevention and treatment modalities and strategies to educate Hispanic patients and families in medical and dental practices about diabetes, cancer, obesity, asthma, cardiovascular disease, malnutrition, depression, Alzheimer's disease, HIV/AIDS, opioid use, and disaster relief, in order to decrease morbidity and mortality among Hispanics.
4. Identify cultural competence, literacy, and language services programs for medical education and health care delivery targeted to Hispanics.
5. Describe how leadership skills and social media campaigns can be used to improve the health of Hispanic patients in public health, health care organizations and corporations.

DURING THE ACTIVITY

1. All participants seeking CME credit must provide an email address at registration. This email will be used to send the required evaluation to participants as well as the CME certificate.
2. CME certificates are issued to those participant who complete the evaluation.
 - a. No certificates are delivered via US Postal mail. CME is only delivered via email.

How to Get Your Certificate

Go to <http://NHMA.cmecertificateonline.com>

Click on the "2021 NHMA 24th National Conference Enduring" link.

Evaluate the meeting.

Print all pages of your certificate for your records.

Questions? Email Certificate@AmedcoEmail.com



7:00pm - 7:45pm **Opening Reception** - sponsored by CDC, Centene Corporation, Johnson & Johnson, Pfizer Inc

Introduction of NHMA #Vaccinate4All Campaign

Elena Rios, MD, MSPH, FACP
President & CEO
NHMA and NHHF

Speakers:

The Honorable Raul Ruiz
U.S. Representative for California
Chairman, Congressional Hispanic Caucus

Joaquin Duato
Vice Chairman of the Executive Committee
Johnson & Johnson

Defining Health Disparities

Nicole Kulisek, MD - Senior Medical Director, Pfizer Inc
Donna Judd, Ph.D - Senior Director, Pfizer Inc

Welcoming Remarks:

Nereida Correa, MD, Chairwoman, NHMA Board of Directors
Mark Diaz, MD, Chairman, National Hispanic Health Foundation Board of Directors
Pilar Guerrero, MD, Maria M. Garcia, MD, MPH - CoChairs, NHMA Conference Committee
Pamela Montano, MD, MPH, Chairperson, NHMA Council of Young Physicians
Keila Muniz, MD, Chairwoman, NHMA Council of Residents
Donald Rodriguez, President, Latino Medical Student Association
Lee A. Savio Beers, MD, FAAP, President of the American Academy of Pediatrics
Winston Wong, MD, Chairman, Board of Directors, National Council of Asian Pacific Islander Physicians, representing the Alliance of Multicultural Physicians (NHMA, NMA, AAIP, NCAPIP and ABC)

7:45 pm - 9:00 pm **Networking Reception**

THURSDAY - MARCH 18, 2021

11:30am - 1:00pm **OPENING PLENARY - CME**

Description: This presentation will provide a review of lessons learned from NHMA membership on COVID-19 response and program accomplishments over the past 2 years.

Welcome & NHMA 2021 Priorities

Elena Rios, MD, MSPH, FACP
President & CEO
National Hispanic Medical Association, Washington, DC

Federal Leadership

Moderator: Elena Rios, MD, MSPH, FACP

Marcella Nunez Smith, MD, MHS

Chair, COVID-19 Health Equity Task Force, Department of Health and Human Services
Senior Advisor, White House COVID-19 Response Team

RADM Felicia Collins, MD, MPH, FAAP

Acting Assistant Secretary of Health
U.S. Department of Health and Human Services

Lee A. Fleisher, MD

Chief Medical Officer and Director
Center for Clinical Standards and Quality
Centers for Medicare and Medicaid Services

Description: These presentations will discuss federal policies and programs that improve the health of Americans by decreasing disparities and increasing quality care.

1:15pm - 2:15pm

Workshops A

A1. Research: Latino Health – CME – supported by Sanofi

Moderator: Pilar Guerrero, MD, FACEP

Assistant Professor Emergency Medicine
Rush Medical College, Chicago, IL

Influenza: A Unique Problem in Vaccination

Bert Johansson, MD

Department of Pediatrics
Salud de Familiar La Fe, El Paso, TX

Description: This presentation will provide an overview of lessons learned from influenza vaccine uptake - barriers and strategies for Latinos.

Integrated Efficacy and Safety Analysis Of GT1-6 Treatment-Naïve, Non-Cirrhotic and Compensated Cirrhotic Patients Who Received 8 Weeks Of Glecaprevir/Pibrentasvir

Julio Gutierrez, MD

Transplant Hepatologist, Gastroenterologist, and Obesity Medicine
Transplant Institute, Coronado, CA

Description: This presentation will review a research study about patients who suffer from cirrhosis.

Driver Mutations in US Latinos with Lung Adenocarcinoma Are Common and Portend a Worse Prognosis

Jonathan Villena-Vargas, MD

Assistant Professor of Cardiothoracic Surgery
Weill Cornell Medicine, New York City, NY

Description: This presentation will explore the overall differences in the Latino patient with regards to lung cancer, particularly focusing on EGFR mutations.

A2. Expert Guidance for Managing Neuro-Developmental and Behavioral Issues in Children – CME – sponsored by Abbott, Aetna Foundation/CVS Health, and the Epilepsy Foundation

Moderator: Judith Flores, MD, FAAP, CHQM

Test and Trace Corps, Health Care Facilities
NYC Health + Hospitals, Brooklyn, NY

SKATE: A Successful Medicaid Care Model for Latino Children with Special Health Care Needs

Luz Adriana Matiz, MD

Professor of Pediatrics
Columbia University Irving Medical Center
New York, NY

Description: This presentation will describe special health care needs treatment for Latino children supported by Medicaid in New York State.

Epilepsy and Latino Children

Angel Hernandez, MD

Division Chief, Neurosciences

Helen DeVos Children's Hospital, Grand Rapids, MI

Description: This presentation will provide an overview of incidence, management and resources for Latino children with epilepsy.

Stop Vaping Among Latino Youth

Maritza Irizarry, MD

Sunrise Pediatrics

Phoenix, AZ

Description: This presentation will discuss how to decrease vaping and Latino children.

A3. Policy: Medicare and Medicaid Updates – CME

Moderator: Maria M. Garcia, MD, MPH, FACP

Assistant Vice Provost for Diversity and Student Success

Professor of Medicine

University of Massachusetts Medical School, Boston, MA

Medicare Advantage New Benefits

Congresswoman, Allyson Y. Schwartz

President & CEO, Better Medicare Alliance

Description: This presentation will discuss the Medicare Advantage program updates for providers to inform their patients.

National Priorities for Medicaid

Penny Thompson

Principal and Owner

Penny Thompson Consulting

Description: Discuss the major issues and challenges facing Medicaid programs across the country, including budgetary pressures, coverage gaps, disparities, health delivery system changes and reform, and complicated intersections with other coverage programs, public health and social supports; the ways in which states have sought and received flexibilities during the COVID-19 pandemic, that now face questions of wind-down or continuance; and how Congress, the Biden Administration, and states are formulating their agendas for the program.

Physician ICD-10 Codes for Social Determinants of Health

Nelly Leon-Chisen, RHIA

Executive Director of Coding and Classification

American Hospital Association, Chicago, IL

Description: This presentation will discuss coding for physicians to optimize payments for social determinants of health services to patients - transportation, food, housing and more.

A4. Physician Burnout and Mental Health Issues and Resilience – CME

Moderator: Jane Binger, EdD

Senior Advisor, COEDME, Stanford Medical School

Co-Founder, DeepTok

Burnout, Depression, and Suicide of Doctors in the US: Before and After COVID

Ruby Castilla-Puentes, MD

President, American Hispanic Psychological Society

Description: The pandemic has taken a very high price on the mental and emotional well-being of US physicians, with some groups reporting highest rates during this time, according to findings from the National Physician Burnout and Suicide Report 2021. An analysis from the psychiatric perspective and some guides to improve the situation in Hispanic and Non - hispanic physicians will be presented.

Diversity and Inclusion Leadership: Strategies for Retention and Engagement

Elizabeth Valencia, MD JD FCLM

Assistant Professor Department of Radiology
Mayo Clinic Rochester, MN

Description: This presentation provides diversity and inclusion strategies that can improve retention and engagement, and reduce burnout.

Burnout and Resiliency for Physicians

Leticia Vargas, MD

Ob-Gyn, San Antonio, TX

Description: This presentation will discuss strategies to decrease burnout and resiliency for physicians.

1:15pm - 4:45pm

NHMA- NIDDK Academic Training for Last Year Residents, Fellows, Instructors interested in Research Careers (closed) – *Supported by the*

National Institute of Diabetes and Digestive Kidney Diseases, National Institutes of Health

2:30pm - 3:00pm

Break

3:15pm - 4:15pm

INTEREST GROUP MEETING

NHMA Chapter Leaders and NHMA Members

Facilitator: Ricardo Correa, MD and Diana Torres-Burgos, MD

Description: This meeting will discuss priorities for Chapter activities and increasing membership in 2021.

5:00pm-6:00pm

INTEREST GROUP MEETINGS

Latino Surgical Society

Facilitator: Minerva Romero Arenas, MD, MPH, FACS

President, Latino Surgical Society

Description: This meeting will discuss priorities for the Latino Surgical Society and partnering with NHMA.

International Medical Graduates

Facilitator: Carlos Muñiz, MD and Dorys Chavez, MD

Description: This meeting will discuss priorities to advance IMG careers.

FRIDAY - MARCH 19, 2021

11:30am - 1:00pm

PLENARY: Latino Health Care, COVID-19 and Social Determinants of Health – *CME – supported by the Centene Corporation*

Description: This presentation will discuss strategies to decrease COVID-19 by addressing social determinants of health in cities with short-term and long-term impact on the health of Latinos.

Moderator: Jo Ivey Boufford, MD

Clinical Professor of Global Health,
NYU Graduate School of Global Public Health, NY, NY

Social Determinants Impact on Health Equity and COVID-19

Fernando Mendoza, MD

Associate Dean of Minority Advising and Programs
Professor of Pediatrics
Lucile Salter Packard Children's Hospital Emeritus
Stanford University School of Medicine

COVID-19 Vaccine Hesitancy

Gloria Wilder, MD, MPH

VP, Innovation and Health Transformation, Government Relations
Centene Corporation, Washington, DC

Addressing Social Determinants of Health from a Managed Care Perspective

Dodie Grovet, LCSW

Director, Government Programs Clinical Operations
Blue Cross Blue Shield of New Mexico

Addressing Social Determinants of Health and Environment

Angela M. Manso

National Outreach Director, Center For Policy Advocacy
Natural Resources Defense Council, Natural Resources Defense Council Action Fund

1:15pm - 2:15pm

WORKSHOPS B

B1. COVID-19 and Medical Education

Moderator: Pamela Montano Arteaga, MD

Director of the Latino Bicultural Clinic
Gouverneur Health, NYC Health + Hospitals
Clinical Assistant Professor of Psychiatry
NYU School of Medicine, New York, NY

Agility in Adversity: One Medical Schools Response to COVID Crisis

Leonardo Seoane, MD

Chief Academic Officer and Senior VP
Ochsner Health, Jefferson, LA

Description: This presentation will present a case study to describe lessons learned during the first peak in COVID cases in the U.S. for an Academic Medical Center. This presentation will touch on organizational, medical school, and research response.

University of the Virginia and Latino Health: Meeting the Challenge Before and During COVID-19

Max A Luna, MD

Associate Professor of Medicine
Division of Cardiovascular Medicine
Director of the UVA Latino Health Initiative
Vice Chair of Diversity, Equity and Community Engagement, Department of Medicine
University of Virginia, Charlottesville, VA

Description: Lessons learned on the ground about Latinx communities social determinants of health leading to the challenges of COVID-19. Capitalizing from partnerships of an academic medical center with government and non-governmental organizations before and during a health crisis response.

Training Impact of COVID-19 for Resident Resilience

Susana R. Morales, MD

Vice Chair, Diversity, Department of Medicine, Weill Cornell/NY Presbyterian
Associate Professor of Clinical Medicine and Director,
Diversity Center of Excellence, Cornell Center for Health Equity
Associate Program Director, Internal Medicine Residency Training Program, New York, NY

Description: Improving and developing innovation for the training of resiliency in medical residents.

B2. Clinical Care of Patients with Chronic Disease – Maryland A – CME – supported by CDC Working Together Against HIV

Moderator: Robert Otto Valdez, Ph.D., MHSA

Associate Director
Office of Community Health
RWJF Professor
Family Community Medicine & Economics
University of New Mexico

HIV Care Update among Latinos

Kenneth L Dominguez, MD, MPH, CAPT, USPHS

Centers for Disease Control and Prevention
National Center for HIV, Viral Hepatitis, STD, and TB Prevention
Division of HIVAIDS Prevention
Epidemiology Branch, Prevention for Negatives Team

Capacity Building of Community-Based Organizations to Encourage Annual Dilated Eye Exams
Among Underserved Hispanic/Latino Adults

Maria Zacharias

Director of Communications, Office of Science Communications, Public Liaison, and Education
National Eye Institute, Bethesda, MD

Andrea Torres, PhD, MPH

Public Health Researcher, ICF Next

Description: This presentation will discuss NIE and its NEHEP partner, Ventanillas de Salud (VS) which are supported by the Mexican Consulates in the U.S., and its pilot program among underserved Hispanic/Latino adults. This mixed methods approach will (a) assess whether the partnership worked, and (b) show why the partnership worked or did not work.

COVID-19 Among Latinos in Chicago

Marina Del Rios, MD, MS

Associate Professor of Clinical Emergency Medicine
Director of Social Emergency Medicine
Emergency Ultrasound Research Director
UI Health, University of Illinois, Chicago, Chicago, IL

Description: This presentation will provide a summary of the management of COVID-19 among Latinos in Chicago reporting to emergency departments.

B3. Building your Business in Medicine to Improve Health of Latinos – CME –

supported by Genentech

Moderator: Gilbert Burgos, MD, MPH

Executive Director of Medical Affairs
Elderplan/Homefirst, New York, NY

Starting a Private Practice

Alan Gonzalez-Cota, MD, FIPP

CEO & Founder
Legacy Spine and Pain Doctors, Rockville, MD

Description: This presentation will discuss important steps in planning and starting a medical practice with a large Latino patient panel.

Health Literacy and Latinos & COVID-19 Principles for Medical Practice

Russell Bennett, MBA, CHIE

Consultant
Institute for Healthcare Advancement, La Habra, CA

Description: This presentation will review materials to be used for medical practice and health education at appropriate literacy levels for lower educated persons about COVID-19.

Advancing Inclusive Research

Melissa S Gonzales, PhD

Inclusion Principal, External Partnering
Chief Diversity Office
Genentech
South San Francisco, CA

Description: Advancing Inclusive Research

An Introduction to Forensic Asylum Evaluations

Amy Zeidan, MD

Assistant Professor of Emergency Medicine
Emory University School of Medicine, Atlanta, Georgia

Description: Introduce attendees to forensic physical/psychiatric asylum evaluations including a brief overview of asylum law and components of the physical and psychological evaluation.

B4. Hispanic and Latino Health Disparities- Women's Health – CME -
supported by Planned Parenthood Federation of America

Moderator: Sergio Rimola, MD, FACOG

Attending Physician, OB-GYN Department
Inova Fairfax Hospital, Vienna, VA

Serving the Underserved: Addressing Health Care Disparities and Advocacy in a Border Community

Francisco Fernandez, MD

Founding Dean, Professor Emeritus
Department of Psychiatry
UTRGV School of Medicine
Harlingen, TX

Alfonso Mercado, PhD

Associate Professor, Department of Psychological Science
University of Texas Rio Grande Valley School of Medicine, Harlingen, TX

Description: This presentation will discuss the under-recognition of trauma in Hispanics may be related to language differences, health literacy barriers, somatic presentations, and use of cultural idioms for reporting issues relating to abuse and neglect, violence, and sexual assault. Financial barriers (lack of insurance) limits access to adequate care. Through the UTRGV Multicultural Laboratory and VIDAS Community Outreach Program, a population health approach to improve early detection, diagnosis, treatment, and research in the Rio Grande Valley is now in place.

Partnering for Cancer Survivorship

Ana Maria Lopez, MD, MPH, MACP

Professor and Vice Chair, Medical Oncology, Sidney Kimmel Medical College
Chief of Cancer Services, Jefferson Health New Jersey, Sidney Kimmel Cancer Center,
NCI Designated
Thomas Jefferson University

Shelley Fuld Nasso, MPP

CEO
National Coalition for Cancer Survivorship

Description: As the population of those surviving cancer increases and the recognition of long-term effects increases, we are increasingly aware of the need for team-based care in the care of patients surviving cancer. This session will describe the history of the survivorship movement, present data re: survivorship needs, and discuss collaborative models of care for cancer survivorship.

Traumatic Stress in Latino Immigrant Adolescents

Mayela Leal Chanchi, MD

MedStar Georgetown University Hospital, Washington, DC

Description: This presentation will discuss traumatic stress in Latino immigrant adolescents and a research study that was used to measure the presence of symptoms of traumatic stress and the availability of mental health services.

2:30pm - 3:30pm

NHMA INTEREST GROUP MEETING

NHMA Council of Young Physicians and NHMA Council of Residents

Facilitators: Pamela Montano Arteaga, MD, Chairwoman, and Keila Muniz, MD, Chairwoman

Imposter Syndrome

Rose Diaz, MD

University of Michigan Department of Emergency Medicine

Interactive Q & A

Discussion- Open Positions at COR and CYP Leadership Council

- 2:30pm - 3:30pm **NHMA INTEREST GROUP MEETING**
 Latino Medical Student Association
 Facilitator: Donald Rodriguez, National President, LMSA
 Description: These meetings will discuss priorities to advance the careers and support for each Interest Group.
- 2:30pm - 3:30pm **POSTER CHAT: Chat with presenters of Hispanic health research and service-learning posters**
- 3:30pm - 6:30pm **EXHIBIT HALL: Chat with Exhibitors to Advance your Career and Educate your Patients – Residency Programs, Graduate Schools, Health Systems, Health Care Industry, Federal Government**
- 3:30pm - 4:30pm **POSTER PRESENTATIONS: View presentations of Hispanic health research and service-learning posters** - Judges –Jane Binger, EdD, Pilar Guerrero, MD, Ricardo Correa, MD, Maria Garcia MD, MPH, FACP, Minerva Campos, MD, MPH
- 1:15pm - 4:45pm **NHMA- NIDDK Academic Training for Last Year Residents, Fellows, Instructors interested in Research Careers (closed)** - *Supported by the National Institute of Diabetes, Digestive and Kidney Diseases, National Institutes of Health*
- 7:00pm - 7:30 pm **Awards Reception** - *sponsored by PhRMA and Centene Corporation*
Moderator: Neireda Correa, MD
 NHMA Board of Directors
 Bronx, NY
Speaker: Michael Ybarra, MD
 Vice President, Medical Affairs and Strategic Alliances
 PhRMA, Washington, DC
Presentation of Awards: Poster Presenters, Council of Young Physicians, Council of Residents (2020, 2021 leaders) ★**SEE FULL LIST ON PAGE 29**
- 7:30pm – 9:00pm **Networking Reception**

SATURDAY - MARCH 20, 2021

- 11:00am-12:00pm **C1. Spotlight on Surgery and Latino Health Care - CME**
Moderator: Minerva Romero Arenas, MD, MPH, FACS
 President, Latino Surgical Society
April Mendoza, MD
 Medical Director, MGH Nutrition Support Team, Associate Director, Surgical Intensive Care Unit, Harvard Medical School
Jonathan Villena-Vargas, MD
 Assistant Professor of Cardiothoracic Surgery, Weill Cornell Medicine
Chantal Reyna, MD, FACS, FSSO
 Medical Director of Breast Program and Chief of Breast Surgery, Crozer Health System, Pennsylvania
Dr. Virginia Oliva Shaffer, MD
 Associate Professor of Surgery, Division of General and GI Surgery & Division of Colorectal Surgery, Department of Surgery, Winship Cancer Institute of Emory University, Emory University School of Medicine

12:00pm – 2:00pm

SCIENTIFIC EDUCATIONAL SESSIONS

C2. Diabetes Educational Session – CME – supported by Novo Nordisk

Welcome and Introduction and Clinical Case Presentation

Chair: Enrique Caballero, MD

Director, Latino Diabetes Health
Division of Endocrinology, Diabetes and Hypertension
Brigham and Women's Hospital
Faculty Director, International Innovation Programs
Office for External Education
Harvard Medical School
Boston, MA

Description: A Latino/Hispanic patient with type 2 diabetes with high cardiovascular and chronic kidney disease risk who has not achieved treatment targets and faces multiple medical, social, psychological and cultural challenges to improve diabetes control and reduce the risk of diabetes-related complications

Lifestyle and Incident CKD: Findings from the Hispanic Community Health Study/Study of Latinos

Ana Ricardo, MD, MPH, MS

Associate Professor of Medicine
University of Illinois at Chicago, Chicago, IL

Description: This presentation will describe the association between unhealthy diet and incident chronic kidney disease, as well as describe the association between sedentary lifestyle and incident chronic kidney disease.

Key Pathophysiological Abnormalities and Clinical Manifestations of Type 2 Diabetes, the Metabolic Syndrome and Related Disorders in Latinos/Hispanics

Joanna Mitri, MD, MS

Instructor, Harvard Medical School
Research Associate, Section on Clinical, Behavioral, and Outcomes Research
Joslin Diabetes Center

Description: This presentation will describe the current understanding of the Development of type 2 diabetes, obesity, non-alcoholic fatty liver disease and the Metabolic syndrome in Latino patients with type 2 diabetes. It will also guide attendees on how to evaluate and address some of these diabetes related disorders in routine clinical practice in these patients.

Diabetes Education for the Latino Patient with Diabetes: Why, When, Where and How?

Ricardo Correa, MD, EsD, FACP, FAPCR, CMQ

Endocrinology, diabetes and metabolism fellowship program director
University of Arizona College of Medicine, Phoenix, AZ

Description: This presentation will illustrate the common challenges but also related opportunities to optimize diabetes patient education programs geared at the Latino/Hispanic community. Some examples of successful intervention will be shared with the audience as well as some key information on community resources to improve diabetes education in this high-risk group.

Kidney Disease in Patients with Diabetes: 2021 update

Sylvia Rosas, MD, MSCE

Associate Professor of Medicine
Joslin Diabetes Center/Harvard Medical School, Boston, MA

Description: This presentation will provide an overview of the impact of diabetes on chronic kidney disease. In addition, the presentation will outline an assessment of current treatment options and new compounds which are currently in the pipeline for management of diabetic kidney disease.

Revisiting the Clinical Case + Panel Discussion

C3. Cardiovascular Disease Education Session – CME – supported by Amarin Pharma Inc.

Welcome and Introductions

Chair: Carlos J. Rodriguez MD, MPH, FACC, FAHA

Professor of Medicine, Cardiologist

Albert Einstein College of Medicine, The Bronx, NY

Current Status of Heart Failure (Hfpef And Hfref) Disparities and Treatment in the Latino/Hispanic Community

Hector O. Ventura, MD, FACC, FACP

Section Head, Cardiomyopathy and Heart Transplantation

Ochsner Medical Center Cardiology, New Orleans, LA

Description: This presentation will describe the pathophysiological connection of heart failure with cardiovascular risk factors such as diabetes, obesity, and hypertension in the Hispanic population. In addition, it will guide attendees on how to distinguish HFpEF and HFrEF and provide practical strategies to manage key heart failure conditions in the Hispanic population. This presentation will also address the important intersection of biological, psychosocial, emotional, and cultural factors that influence the development and course of cardiovascular disease among Latinos/Hispanics.

Dyslipidemia in the Latino/Hispanic Community

Leandro Slipczuk Bustamante, MD, PhD, FACC

Director of the Advanced Cardiac Imaging Program and the Cardiovascular

Atherosclerosis and Lipid Disorder Center at Montefiore Cardiology Division

Albert Einstein College of Medicine, The Bronx, NY

Description: This presentation will describe the various lipid disorders relevant to the Hispanic population. It is not just LDL-C that is important among Hispanics but also mixed dyslipidemia, apoB and Lp(a) levels. Familial hypercholesterolemia (whether homozygous or heterozygous) will be discussed as this condition is likely underappreciated and undertreated among Hispanics.

Coronary Heart Disease (Angina, Heart Attacks and Coronary Revascularization) in The Latino Patient: Why, When, Where and How

Mauricio G. Cohen, MD, FACC, FSCAI

Professor of Medicine

University of Miami Miller School of Medicine, Miami, FL

Description: This presentation will illustrate the common challenges but also relate opportunities related to management of coronary heart disease in the Hispanic population. Some examples of successful interventions will be shared with the audience as well as some key information on community resources to improve cardiovascular health in this high-risk group.

National Hypertension Control Initiative and other Heart Disease Priorities for Health Equity

Eduardo Sanchez, MD, MPH, FAAP

Chief Medical Officer for Prevention

American Heart Association, Dallas, TX

Description: This presentation will discuss the new National Hypertension Control Initiative with CDC, HRSA, Community Health Centers tele monitoring projects and American Heart Association targeted media campaigns to help reach Black, Latino, and other communities.

Telehealth and Home Care for Spanish Speaking Latino Patients with Cardiovascular Patient

Mario Anglada

CEO, Hoy Health, NJ

Description: this presentation will discuss a model for physicians to improve telehealth and home care of their patients who are Spanish speaking with cardiovascular disease.

Panel Discussion

12:00pm – 1:00pm

C4. MEDICAL STUDENT SESSION: Key Decisions in Surgery Careers

Moderator: Minerva Romero Arenas, MD, MPH, FACS

President, Latino Surgical Society

Description: This presentation will provide an overview of admission preparation for surgical residency programs and career activities of the speakers.

Susana Vargas-Pinto, MD

Endocrine Surgeon, Nuvance Health Norwalk Hospital

Dr. Gricelda Gomez, MD

Urologist, Harvard Medical School

Dr. Joseph Lopez, MD, MBA

Instructor in Surgery, Division of Plastic Surgery, Yale School of Medicine

Dr. Joaquin Camara, MD

Neurosurgeon, Neurosurgery Foundation Inc.

Dr. Melissa Esparza, MD

Pediatric Orthopedic Surgeon, Phoenix Children's Hospital

1:15pm – 2:15pm

C5. MEDICAL STUDENT SESSION: Key Decisions in Medicine Careers

Moderator: Evita Limon-Rocha MD, MPH

Child, Adolescent, and Adult Psychiatrist

Kaiser Permanente, Riverside, CA

Description: This presentation will provide an overview of admission preparation for medical residency programs and career activities of the speakers.

Rose Diaz, MD

Emergency Medicine Physician, University of Michigan Department of Emergency Medicine

Ruben Mora, MD

Family Medicine Physician, University of Texas Rio Grande Valley Medical School

Ilan Shapiro Strygler, MD, FAAP, FACHE

Pediatrician, AltaMed Health Services, Inc., Los Angeles, CA

Marina Capella, MD

Internist, Intermountain Healthcare

Patricia Perez Ibarra, MD

Internist, Kaiser Permanente Southern California

2:15pm – 3:45pm

C6. Leadership Institute for Medical Societies, Health Professional Associations, Patient Advocacy Organization Leaders – Diversity in Clinical Trials & Substance Abuse - CME – supported by All of Us Research Program and NHLBA

Leadership Lessons Learned RoundRobin

Moderator: Elena Rios, MD, MSPH, FACP

President & CEO

National Hispanic Medical Association, Washington, DC

Description: This presentation will discuss the priorities to sustain health professional organizations through an interactive round robin of efforts from the participating organizations of the Hispanic Health Professional Leadership Network, NHMA Council of Medical Societies, Latino Advocacy Organizations.

Clinical Trials and All of Us Research Program of NIH

Edgar M. Gil Rico

Senior Director
Innovation and Program Development
National Alliance for Hispanic Health

Description: This presentation will discuss strategies to participate in AllofUs Research Program and other clinical trials to increase Latino participation.

Substance Use Treatment and Behavioral Illness Prevention for Latinos

Pierluigi Mancini, PhD, MAC, NCAC II

Project Director
National Hispanic and Latino Addiction Technology Transfer Center
National Hispanic and Latino Prevention Technology Transfer Center

Ruben Lozano, PharmD

President
National Latino Behavioral Health Association, Albuquerque, NM

Fredrick Sandoval, MPA

Executive Director
National Latino Behavioral Health Association, Albuquerque, NM

Description: This presentation will highlight the work of the National Latino Behavioral Health Association as it addresses Latinx substance use disorder and Substance misuse prevention among Latinos.

Roundtable Discussion from the leaders of national and regional Latino health organizations

2:15pm - 4:15pm

C7. NHMA Project Development: Artificial Intelligence Trends in Medicine for Health Equity - *CME - supported by the American Medical Association*

Moderator: Claudia H. Zamora, MPA, NHMA

Board of Directors, Principal, Zamora Consulting Group
Washington, DC

2:15pm - 2:45pm

Welcome, Advancing Racial Justice and Equity through Quality and Safety: 5 Key Drivers

Keynote Speaker: Karthik Sivashanker

Vice President
Equitable Health Systems and Innovation
American Medical Association, Chicago, IL

Description: This interactive session will cover 1) foundational concepts on health equity, including the various types of bias and discrimination commonly seen in healthcare; and. 2) a new framework for advancing racial justice and equity in the health care arena by leveraging high-performance quality and safety practices to systematically make inequities visible and to address and resolve them as an integral part of health care practice.

2:45pm - 3:15pm

Key Concepts in AI and Healthcare Applications

Anthony Reina, MD

Chief AI Architect for Health and Life Sciences
Intel, San Diego, CA

Michael D. Abramoff, MD, PhD

Robert C. Watzke Professor of Ophthalmology and Visual Sciences, University of Iowa
Founder and Executive Chairman, Digital Diagnostics
Chair, Foundational Principles of Algorithmic Interpretation, CCOI

3:15 pm- 3:45pm	<p><u>Key Considerations to Address Risks and to Optimize Benefits</u></p> <p>Mark Sendak, MD, MPP Population Health & Data Science Lead Duke Institute for Health Innovation, Duke University</p> <p>Mia Keeys Director of Health Equity Policy & Advocacy American Medical Association, Washington, DC</p>
3:45pm- 4:15pm	Next Steps Facilitators: Claudia Zamora and Sylvia Trujillo
7:00pm-8:00pm	Networking Reception
8:00pm-9:00pm	<p>NHMA Leadership Awards Ceremony</p> <p>Master of Ceremonies Raul A. Reyes, Contributor to CNN and NBC Latino</p> <p>Welcome Elena Rios, MD, MSPH, FACP, President & CEO, NHMA Nereida Correa, MD, Chairwoman, NHMA Board of Directors Mark Diaz, MD, Chairman, NHHF Board of Directors</p> <p>Keynote Speaker: Sister Norma Pimentel Executive Director, Catholic Charities, Rio Grande Valley</p> <p>NHMA Hispanic Health Leadership Awardees - Government: Anthony Fauci, MD, Director, National Institute of Allergy and Infectious Disease - Physicians: Ciro Sumaya, MD, MPHTM and Richard Zapanta, MD (posthumously)</p>

We encourage you to send messages and pictures using

#NHMA2021

Visit www.nhmamd.org/2021-hispanic-health-conference for more information

MASTER OF CEREMONIES



RAUL A. REYES

Contributor to CNN and NBC Latino

Raul A. Reyes is an attorney, journalist and television commentator in New York City. He is a member of the Board of Contributors of USA Today, and a contributor to NBC Latino and CNN Opinion. He has written for the New York Times, Los Angeles Times, Christian Science Monitor, Texas Monthly, and more. He has appeared on The Today Show, NBC Nightly News, MSNBC, CNN, PBS, Fox News, and Headline News. Reyes is a graduate of Harvard University and Columbia Law School.

WELCOME



ELENA RIOS, MD, MSPH, FACP

President & CEO, NHMA

Dr. Rios serves as President & CEO of the National Hispanic Medical Association, (NHMA), representing 50,000 Hispanic physicians in the United States. The mission of the organization is to improve the health of Hispanics. Dr. Rios also serves as President of NHMA's National Hispanic Health Foundation to direct educational and research activities.

Dr. Rios also serves on Better Medicare Alliance and the National Hispanic Leadership Agenda Boards of Directors, Centene Health Policy Advisory Committee, Centene Health Equity Committee, Cancer Treatment Centers for America Hispanic Advisory Council, Morehouse Health Equity Committee, Office of Research on Women's Health Advisory Committee, NIH, US Department of Health and Human Services, and the VA National Academic Affiliations Council. Dr. Rios has lectured, published articles and has received several leadership awards, including awards from the U.S. Department of Health and Human Services, the Congressional Black, Hispanic, Asian and Native American Caucuses, American Public Health Association Latino

Caucus, Association of Hispanic Health Executives, Minority Health Month, Inc., Hispanic Magazine, Verizon's First Pollin Community Service Award, and Amerigroup. Dr. Rios was appointed to the Minority Alumni Hall of Fame of Stanford University in October, 2006, as a Fellow of the New York Academy of Medicine in 2007, the Institute of Medicine Global Forum for Health Professions Education in 2014, as a Fellow of the American College of Physicians in 2016, and as a member of the Society of Medical Administrators in 2017.

Prior to her current positions, Dr. Rios served as the Advisor for Regional and Minority Women's Health for the U.S. Department of Health and Human Services Office on Women's Health from November 1994 to October 1998 and in the Carefirst Blue Cross Blue Shield board of directors. In 1998-2004, Dr. Rios served as Executive Director, Hispanic Serving Health Professions Schools. In 1993, Dr. Rios was appointed to the National Health Care Reform Task Force as Coordinator of Outreach Groups for the White House. From 1992-94, Dr. Rios worked for the State of California Office of Statewide Health Planning and Development as a policy researcher.

Dr. Rios has also served as President, Chicano/Latino Medical Association of California, Founder of the National Network of Latin American Medical Students, member of the California Department of Health Services Cultural Competency Task Force, the Stanford Alumni Association, Women's Policy Inc., Care First Blue Cross Blue Shield Board of Directors, Nurse Family Partnerships, Campaign Against Obesity, and Partnership for Prevention Boards of Directors, PacificCare-UnitedHealthcare California Investment Committee, CDC Health Disparities Committee, ASU Health Futures Council and the AMA's Disparities Commission and Minority Affairs Consortium Steering Committees.

Dr. Rios earned her BA in Human Biology/Public Administration at Stanford University in 1977, MSPH at the UCLA School of Public Health in 1980, MD at the UCLA School of Medicine in 1987, and completed her Internal Medicine residency at the Santa Clara Valley Medical Center in San Jose and the White Memorial Medical Center in East Los Angeles in 1990, and her NRSA Primary Care Research Fellowship at UCLA Division of General Internal Medicine in 1992.

WELCOME



MARK DIAZ, MD

Mark Diaz, MD is a UC Davis College of Agriculture graduate. He was an undergraduate cofounder of UC Davis CHE, a Latino Pre-medical club. He was a cofounder of Clinica Tepati, a free clinic for Spanish-speaking patients. He is a graduate of the University Of California San Francisco, School Of Medicine. He completed his Family Medicine Residency and a Song-Brown Family Medicine Fellowship at the University of California Davis Medical Center. He is Board Certified in Family Practice and Occupational Medicine. Dr. Diaz was a founding member of the National Hispanic Medical Association, the National Hispanic Health Foundation and the National Hispanic Pharmacists Association. He is currently the Chairman of the Board of Directors of the National Hispanic Health Foundation. He is a Volunteer Clinical Professor in the Department of Family and Community Medicine of the University of California, Davis. He is also a Volunteer Assistant Clinical Professor for California Northstate University School of Medicine. He is a Medical Consultant for the California Public Employees Retirement System.

WELCOME



NEREIDA CORREA, MD, MPH

Nereida Correa is an Associate Clinical Professor in Obstetrics and Gynecology and Women's Health and in Family and Social Medicine at the Albert Einstein College of Medicine. She serves as Senior Advisor of the first Hispanic Center of Excellence in New York State and Co-Director of the Summer Undergraduate Mentorship Program at Einstein. She is currently the Chair of the Board of the National Hispanic Medical Association. Dr. Correa has an active practice in the Bronx and is an attending physician at the North Central Bronx Hospital of the New York City Health and Hospitals Corporation.

She has served on the Maternal Mortality Review Board of the New York City Department of Health and has been actively participating in initiating a Fetal and Infant Mortality Review Process in the Bronx. It is her belief that in reviewing what has happened we can be enabled to make changes that will prevent these tragedies in the future.

She teaches in a course, required of third-year medical students, entitled Patients, Doctors, and Communities and is responsible for developing the section of the course pertaining to cultural competency, implicit bias and health disparities. Dr. Correa was the Education Core Director of the Bronx Center to Reduce and Eliminate Ethnic and Racial Disparities in Health and took part in the development and publication of the monograph entitled Teaching Cases Exploring Cross-Cultural Care.

Dr. Correa is a member of the National Hispanic Medical Association and the National Hispanic Health Foundation, and was in the first group of NHMA Leadership Fellows. As a member of the Board, , and has been active in helping develop Regional Chapters in New York, El Paso, Texas and other key Hispanic cities.

Born in Puerto Rico, Dr. Correa was the first of her family to advance to higher education. She graduated from Bronx Community College, obtained her BS from Long Island University, and achieved an MA in Nursing Education from New York University. After nineteen years of working as a nurse and teaching in Nursing, Dr. Correa received her MD from the Albert Einstein College of Medicine and, later, an MPH from Columbia University.

Dr. Correa has been honored by El Diario/La Prensa as one of Fifty Hispanic Women in 2003 and was included in the Women in Medicine Exhibit of the National Institutes of Health Library of Medicine. In 2004, she was chosen as a Health and Human Services Primary Health Care Policy Fellow and in 2009, was honored by the National Organization for Women in NYC with the Women of Power & Influence Awards. She is a Fellow of the New York Academy of Medicine.

She is passionate about teaching and mentoring students in all levels of their journey towards fulfilling their career goals and has been proud to supervise students in reading and research electives exploring the many facets of cross-cultural care of the communities that we serve. She has worked in Kosovo, the Dominican Republic and Puerto Rico initiating maternal and child health projects through Doctors of the World and is most recently mentoring students in their Global Health electives at Einstein.

KEYNOTE SPEAKER



SISTER NORMA PIMENTEL

*Executive Director, Catholic Charities
Rio Grande Valley*

Norma Pimentel is a sister with the Missionaries of Jesus and a licensed professional counselor. As Executive Director of Catholic Charities of the Rio Grande Valley, she oversees the charitable arm of the Diocese of Brownsville, providing oversight of the different ministries and programs in the areas of emergency assistance, housing assistance, counseling, and pregnancy care to all four counties in the Rio Grande Valley.

Sister Norma chairs the local Emergency Food and Shelter Program that distributes federal funds to local agencies providing assistance to the area's poor. She also leads efforts in the community that responds to emergency needs and provides relief in times of disaster and crisis. She was instrumental in organizing community resources to respond to the surge of Central Americans seeking asylum in the United States and setting up Humanitarian Respite Centers in McAllen and Brownsville, Texas in June 2014.

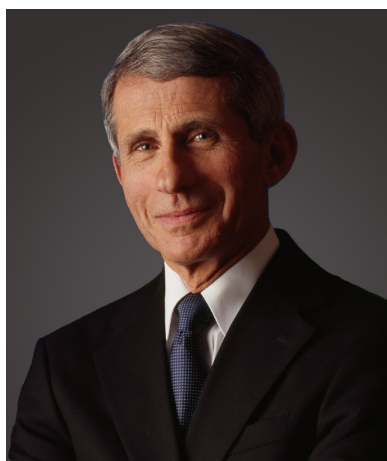
These efforts brought Sister Norma recognition as a recipient of the 2015 Martin Luther King, Jr. "Keep the Dream Alive" Award from Catholic Charities USA and a nomination for "Texan of the Year." In March, 2015, she spoke at the UN Headquarters in New York City at the invitation of the Permanent Observer of the Holy See to the United Nations.

During the U.S. Papal visit, Sr. Norma met with Pope Francis in New York City and presented him with one of her original paintings which depicted an immigrant mother and child. She was first introduced to Pope Francis in August 2015 via a "virtual town hall" arranged by ABC news which later aired in a one-hour special edition of "20/20." In December 2015, Our Sunday Visitor named Sister Norma as one of eight Catholics in the Year, "men and women, religious and lay — who made an indelible mark in 2015."

Before overseeing Catholic Charities of the Rio Grande Valley, Sister Pimentel was one of the leaders who directed Casa Oscar Romero, a refugee shelter in San Benito and later Brownsville for Central Americans fleeing their war torn countries in the 1980s. The shelter provided emergency relief and temporary housing for hundreds of thousands of refugees.

Sister Norma received her Bachelor's Degree in Fine Arts from Pan American University in Edinburg, Texas, a Master's Degree in Theology from St. Mary's University in San Antonio, Texas, a Master's Degree in Counseling Psychology from Loyola University in Chicago, IL, and an Honorary PhD in Humane Letters from Holy Family University in Philadelphia, Pennsylvania.

AWARDEE



ANTHONY FAUCI, MD

Anthony S. Fauci, M.D. is director of the National Institute of Allergy and Infectious Diseases (NIAID) at the U.S. National Institutes of Health, where he oversees an extensive research portfolio focused on infectious and immune-mediated diseases. As the long-time chief of the NIAID Laboratory of Immunoregulation, Dr. Fauci has made many seminal contributions in basic and clinical research and is one of the world's most-cited biomedical scientists. He was one of the principal architects of the President's Emergency Plan for AIDS Relief (PEPFAR), a program that has saved millions of lives throughout the developing world.



CIRO SUMAYA, MD, MPHTM

Ciro V. Sumaya, M.D., M.P.H.T.M., was a native of Brownsville, Texas, was the Founding Dean (1997-2008) of the School of Rural Public Health, Texas A&M Health Science Center in College Station. He held the John and Maureen Cox Endowed Chair in Medicine and was a Professor, Health Policy and Management at A&M.

Previous to becoming Dean of the School of Rural Public Health, Dr. Sumaya was a Presidential (Clinton) appointee at the U.S. Department of Health and Human Services. He first served as Administrator of Health Resources and Services Administration, a federal focal point for innovation in health care delivery and health professions education, and subsequently served as Deputy Assistant Secretary for Health, spearheading the federal Initiative on the Future of Academic Health Centers.

In 1993 he was selected to serve on the Presidential Task Force on Health Care Reform.

Before federal service, Dr. Sumaya was Associate Medical Dean at The University of Texas Health Science Center at San Antonio and also held an academic position at the Pediatric Infectious Disease Division, UCLA School of Medicine. As Associate Dean he established the South Texas Health Research Center, Area Health Education Center of South Texas, and Medical Treatment Effectiveness Research Center.

Dr. Sumaya has published more than 109 professional journal articles and book chapters on pediatric viral infections, emerging as a leading physician-scientist in childhood infectious mononucleosis. An additional 36 publications target national public health and policy issues.

Dr. Sumaya was one of the six Founding Scholars in Academic Administration and Health Policy of the Association of Academic Health Centers and an Executive Committee Member of the Surgeon General's National Hispanic Health Initiative. He has served on multiple national-level biomedical and policy advisory committees sponsored by the Institute of Medicine, National Institutes of Health, and Federal Drug Administration, among others.

He received a Bachelor of Arts degree (1963) with high honors and selection to Phi Beta Kappa from The University of Texas at Austin. His Doctor of Medicine degree (1966) and selection into the Alpha Omega Alpha Honor Medical Society was obtained at The University of Texas Medical Branch in Galveston.

Following a pediatric residency at St. Christopher's Hospital for Children in Philadelphia, Pennsylvania, he completed a postgraduate fellowship in pediatric infectious diseases at Tulane University School of Medicine. He also earned a Master in Public Health and Tropical Medicine degree from Tulane University School of Public Health.

Dr. Sumaya has received numerous honors and awards including the Ashbel Smith Distinguished Alumni Award from The University of Texas Medical Branch at Galveston, Distinguished Alumnus of the University of Texas at Brownsville/Texas Southmost College, Distinguished Fellow of the Public Health Advisory Board in Washington, DC, Juan Carlos Finlay Award from the U.S. Public Health Service, and was selected to the 101 Most Influential Hispanics in the U.S. (2009)

He has served as Board Chairman for the National Hispanic Medical Association and as a member of the Advisory Committee for Immunization Practices, Centers for Disease Control and Prevention, the principal recommending governmental body for vaccines administered to the American public. He served on the Board of Trustees of Ascension Health, the largest nonprofit health system in the country, the Gulf of Mexico Research Initiative-Research Board overseeing the recovery agenda for the region's massive oil spill (2010), and the President's Council for Novartis Pharmaceuticals.

RICHARD ZAPANTA, MD



Dr. Richard Zapanta, a fourth generation Mexican-American, was born and raised in East Los Angeles.

Dr. Zapanta was in private practice since 1979 and a senior partner of Eastside Orthopedic Medical Associates. Dr. Zapanta's other business ventures included the Plaza Surgical Center, Monterey Park Medical Plaza, Promerica Bank, Camacho's Restaurants, and Associated Hispanic Physician's IPA.

Dr. Zapanta was a founder of the USC Mexican American Alumni Association, one of the first Mexican American alumni of the Keck USC School of Medicine and supported both with scholarships and mentoring and served on the medical school admissions committee. Dr. Zapanta also served as a Trustee of Children's Hospital Los Angeles, Whittier College, Alta Med Health Services Foundation, Los Angeles County-USC Medical Center Foundation and the LA Health Foundation. Dr. Zapanta has been a mentor and supporter of a great many Latino premedical and medical students.

Dr. Zapanta was appointed to the Board of Directors of the National Hispanic Medical Association (NHMA) in 2009 and then joined the Advisory Board. He focused his efforts on representing NHMA to the National Movement is Life Annual Conference in Washington, DC, started the Latino Orthopedic Association. In Los Angeles, since 2012, Dr. Zapanta supported the National Hispanic Health Foundation's (NHHF) Hispanic Professional Student Scholarship and hosted receptions at his home, sponsored the Gala, and brought family and community leaders to the event. NHHF presented Dr. Zapanta with a Hispanic Leadership Award.

Dr. Zapanta graduated from Garfield High School, East Los Angeles College and received a bachelor's degree in psychology from the University of Southern California (USC) in 1968 followed by a post-baccalaureate year at Haverford College in Philadelphia. In 1973 he received his medical degree followed by a surgical internship, one year neurology residency, and orthopedic surgery residency at Keck USC Medical School and Los Angeles County USC Medical Center. He and his wife Rebecca have been art collectors, sharing their art in exhibits globally, raised five children and have been active leaders in the Los Angeles community.

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Validation of a Spanish Version of the Prolapse and Incontinence

Knowledge Questionnaire

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Adapting Screening, Brief Intervention and Referral to Treatment

(SBIRT) for Moderate Risk Drug Use with FQHC primary care

clinics in Los Angeles during the COVID-19 pandemic

Los Angeles, CA

José Marino, MPH

Northwell Health

Successful Recruitment Strategies during COVID-19 Among

Underserved Hispanics/Latinxers with Type 2 Diabetes

Manhasset, NY

Leticia Ferri

Bristol Myers Squibb

Understanding Hispanic/Latino Participation in Clinical Trials and

Observational Studies in the United States, and Strategies to

Increase Participation: A Targeted Literature Review

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Incorporating of a Medical Interpreter-Led Limited English

Proficiency Training Session into the Undergraduate Medical

Education Curriculum

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Barriers to telehealth access in neuro-ophthalmology during the

COVID-19 pandemic

Palo Alto, CA

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Institute for Health Equity

Charles R. Drew University and AltaMed Health Services: A Unique

University and FQHC Collaboration to Implement a Health Careers

Opportunity Program (HCOP) to Train Minority

Students for Future Careers as Healthcare Providers

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Lessons, recommendations and strategies from rural communities

and health departments regarding the distribution of Naloxone to

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Provision of Non-English Language Services in U.S. Mental Health

Facilities

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Brown School of Social Work at Washington University in St. Louis

Effectiveness of Mental Health Literacy and Stigma Interventions

for Latino/a Adults in the United States: A Systematic Review

St. Louis, MO

Erick Guerrero

I-LEAD Institute, Research to End Healthcare Disparities Corp

Latinas as the Most Vulnerable Group to Complete Opioid

Treatment

Los Angeles, CA

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Rush University

A quality Improvement Project: The expansion of Telehealth Home

Visits to Infants Born at the Chicago University Family Birth Center

Chicago, IL

Samantha Brown

CPWR-The Center for Construction Research and Training

Health and Health Services among Hispanic Construction Workers,

2014-2018

Silver Spring, MD

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Kansas Department of Health and Environment COVID Positive

Pregnancy Support Project

Topeka, KS

Adrienne Martinez-Hollingsworth, PhD, MSN, RN, PHN

University of California at Los Angeles, National Clinician Scholars

Program

Influenza Vaccine Uptake among Underserved Latinx Middle-Aged

and Older Adults in South Los Angeles

Los Angeles, CA

Melanie Fernandez

University of Miami

Salient Factors Among Hispanic Parents in South Florida Rural

Communities for Vaccinating Their Children Against Human

Papillomavirus

Miami, FL

Tiffany Luu

AltaMed

Assessing Opportunities and Challenges of E-Consult at a FQHC

El Monte, CA

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Lewis Katz School of Medicine at Temple University
Use of Published AAMC Data as a Readily Accessible Indicator of Progress in Medical School
Recruitment of Underrepresented Minorities
Philadelphia, PA

Omar Matuk-Villazon

University of Houston, College of Medicine
Direct Primary Care for the Uninsured
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MMR Healthcare
Uncommon consequences of SARS-CoV-2 on the nervous system: A Case Report
Boynton Beach, FL

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University of California, Irvine, Department of Emergency Medicine
A cross-sectional analysis of ethnic and language difference in Food Insecurity among
Emergency Department patients
Irvine, CA

Renie Iniguez

University of Illinois at Chicago College of Medicine
Evaluation of a Bilingual Cultural Hispanic/Latinx Workshop About Diabetes for Pre-health and
Health Professions Students
Chicago, IL

Omar Cespedes- Gomez

Mayo Clinic
Hispanic Resident Diversity Trends in Surgical Specialties: A Study At A Single Academic
Medical Institution and Comparison with National Trends
Rochester, MN

Vanessa Ortiz

Rutgers University Robert Wood Johnson Medical School
Arroz Moro vs. Brown Rice: Evaluating the Integration of Cultural Competency, Culinary, and
Nutritional Medical Interventions
New Brunswick, NJ

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Evaluation of a DPP Implementation in a Student-Run Free Clinic Setting
Nashville, TN

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Examining relationships among physical activity, social health, and socioeconomic status among pregnant women
Spokane, WA

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Sports Medicine at AltaMed (FQHC): Decreasing the number of referrals to orthopedics by utilizing in-house primary care sports medicine
Los Angeles, CA

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Illinois Unidos
Assessing Participant's Satisfaction with Illinois Unidos's Efforts to Combat COVID-19
Chicago, IL

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Characteristics of an Early Cohort of COVID Positive Patients at an Urban Emergency
Department
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University of Southern California
Utilization of Interpreter Services by Inpatient Internal Medicine Services: A Multi-modal,
Iterative, Quality Improvement Project
Los Angeles, CA

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AltaMed
Virtual Clinical Training During COVID-19: Evaluating An Online Patient Simulation Curriculum For 2nd Year Medical Students
Commerce, CA

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Stanford Health Care, O'Connor Hospital
Psychoeducational Intervention for Spanish-speaking Patients
San Jose, CA

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A Household-centered Care Approach for Pediatric Patients with Asthma, Pre-diabetes,
Diabetes, and/or Obesity
Miami, FL

Marciela Castillo MacKenzie, MD

University of Michigan
Doctor-patient relationships and discrimination in everyday life of Latina patients
Bloomfield Hills, MI

Taylor Dyson, MS

Eastern Virginia Medical School
An Evaluation of the Clínica Comunitaria Esperanza Patient Population within the Eastern
Virginia Medical School Free, Student-Run Dermatology Clinic
Virginia Beach, VA

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San Diego State University / UC San Diego Joint Doctoral Program
Caffeine Metabolite Index Significantly Elevated in Mexican Americans and Other Hispanics Compared to Non-Hispanic Whites in NHANES 2009-2010
San Diego, CA

Grace Grau, DNP

Alabama-National Association of Hispanic Nurses
Impact of community partnerships in promoting research participation.
Leeds, AL

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CulturIntel
Lessons from Big Data and Artificial Intelligence in the understanding of Hispanics and Non Hispanic Depression Patients
New York, New York

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How do race/ethnicity, socioeconomic status, insurance and primary language affect access to surgical care? A comparison of the patient populations that undergo elective versus emergency general surgery using the New Jersey State Inpatient Database
Inglewood, CA

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University of California San Diego
Prevalence of Chagas Disease in at risk populations in San Diego County
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Addressing Emergency Room Overutilization with an Innovative Household Centered Care Approach
Miami, FL

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Shared Medical Visits to Improve Diabetes Management Among Hispanics in South Florida
Miami, FL

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Albert Einstein College of Medicine
Factors influencing high rates of Cesarean section in the Dominican Republic
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University of Texas, Austin
Engaging People Experiencing Homelessness in Primary Care
Austin, TX

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Modulating Early Life Microbiome through Dietary Intervention in Crohn's Disease
New York, NY

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Eastern Virginia Medical School
Reducing costs incurred to the healthcare system by offering free, high quality bilingual healthcare to uninsured residents of Hampton Roads, VA through La Clinica Comunitaria Esperanza
Norfolk, VA

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University of Texas Houston Medical School
Adult-onset Still's Disease in Young, Hispanic woman - What to do to advocate for your patient's health
Houston, TX

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Emory School of Medicine
Doctor for a Day Conference: A Sustainable and Scalable Model for Inspiring Diversity in Medicine
Atlanta, GA

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University of California, Irvine
Safe and Effective Transitions of Care via a multifaceted coordination, planning and handoff
Orange, CA

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Universidad Ana G. Méndez, Gurabo Campus
Perspectives on Leadership of Faculty Development in Puerto Rico
Gurabo, PR

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Pfizer
Socio-economic Inequities in Parental Awareness and Access to Meningococcal Serogroup B Vaccines
Miami, FL

Jessica Presa, MD

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Socio-economic Inequities in Parental Awareness and Access to Meningococcal Serogroup B Vaccines
Collegeville, PA

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Valley Health Partners
The Success of Appreciative Inquiry to Engage all Team Members in Improving High Blood Pressure for At-Risk Hispanic/Latino adults in the Primary Care Setting
Allentown, PA

Priscilla Toral, LCSW

Hospital for Special Surgery
A National Needs Assessment of Males with SLE: Assessing Medical, Psychosocial, Support & Coping Needs
New York, NY

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NATIONAL HISPANIC MEDICAL ASSOCIATION HISTORY

Established in 1994, the **National Hispanic Medical Association (NHMA)** represents 50,000 licensed Hispanic physicians in the U.S. Its office is in Washington, DC and its mission is to empower Hispanic physicians to improve the health of Hispanic populations with our public and private partners.

The NHMA was developed as a result of a meeting of a core group of physicians who came together at the White House working on health care reform in 1993. During the meeting it was decided an organization was needed to fill a void in Washington, DC – the need for a voice for Hispanic/Latino physicians as advocates for Hispanic health with the Federal government. This decision grew from a history of organizing efforts dating back to the 1960s when Hispanic medical students formed regional associations and local societies focused on social and charitable activities. In 1982, Dr. Elena Rios established the California Chicano/Latino Medical Student Association with medical student leaders and its Super Network to link with 25 California Chicano premed clubs, and in 1987 the National Latin American Medical Student Network (now known as Latino Medical Student Association) with advisors from New Jersey, Sacramento, and Chicago medical schools. Physician leaders from these groups came together in Washington, DC to start NHMA.

From 1995 to 1996, the U.S. Department of Health and Human Services (HHS) Health Resources and Services Administration supported 5 regional meetings with Hispanic health leaders and 2 NHMA Advisory Committee meetings to recommend priorities to the Board. In 1997, NHMA convened its First National Conference. In October 1998, Dr. Rios left HHS to become the Executive Director supported by a Cooperative Agreement of HHS Office of Minority Health. In 2000, NHMA opened its first office and began to receive funding from a number of Foundations, government, and the private sector for programs: launching the Hispanic-Serving Health Professional Schools, NHMA Leadership Fellowship, Resident Leadership Program, Public Health Fellowship, Research Network, Cultural Competence Curriculum Project, National Hispanic Health Leadership Summit with CHC/HHS/RWJF, and the Congressional Hispanic Health Briefing Series and government affairs unit, supported by the California Endowment. In 2004, NHMA invited other Hispanic leaders to meet at its Conference and they formed the National Hispanic Health Professional Leadership Network and the NHMA Council of Medical Societies to promote leadership among their members.

In 2005, NHMA completed a strategic review and expanded its Board of Directors to include nationally recognized leaders and in 2006, developed its Membership plan. A first step in this strategy was the establishment of a portal (HispanicHealth.info) to share calendar of meetings, community forums, and key resources. In 2007-2008, NHMA and OMH convened regional policy summits on access, prevention, workforce for the next five years, and recommendations for health care reform were presented to the Obama Administration, Senator Kennedy (D-MA), and the Congressional Hispanic Caucus. In 2009, NHMA established its Council of Residents (COR) which was placed, along with the Latino Medical Student Association, on its Board. In 2011-2012, NHMA Board had retreats to rebrand its logo & member services – Annual Conference, policy summits, nominations to Federal and private sector commissions, job board, affinity programs, Institutional membership, the Council of Young Physicians (CYP). In 2013, NHMA started six NHMA Region Policy Forums with the White House and HHS on the Affordable Care Act and in 2014, mentoring of Pre-Med, Medical, and Public Health Students. In 2015, NHMA held a Diversity in Research & Medicine Summit with NIMHD and developed a Congress bill (HR 2927) STEM Pre-Med Pathway to Medical School with Congressman Joe Heck (R-NV) and Congressman Raul Ruiz (D-CA), and advocacy for access to preventive, health and mental health care, and ACA enrollment and implementation. In 2016, NHMA continued its health communications projects with CDC on HIV, ASTHO on adult Flu Vaccines, CMS with medical practice transformation, and Amgen on CVDz Summits, and Congressional Briefings on health disparities/workforce. In 2017, NHMA started its College Health Scholars supported by HHS OMH to recruit Latino college students to health careers, Medical School Liaison Program and partnered with the AllofUs Research Program. In 2019, NHMA started Chapters. In 2020 NHMA started COVID-19 webinars and continued HHS and Congressional input on health equity and COVID-19. In addition, NHMA is planning the first national physician survey on HIV Care of Latino patients and continues to participate with speakers in several national meetings to discuss Hispanic health priorities for COVID-19 and health equity. In 2021, NHMA announced the “Vaccinate 4 ALL” campaign with CDC and J&J. We look forward to working with the Biden Administration.

For more information and to join NHMA, go to www.nhmamd.org



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National Hispanic Medical Association

NATIONAL HISPANIC HEALTH FOUNDATION HISTORY

The **National Hispanic Health Foundation (NHHF)** (501c3) was established in 1994 in Washington, DC as the philanthropic arm of the NHMA. The mission of the Foundation is to support educational and research activities to improve the health of Hispanics. In 2005, NHHF became affiliated with and located at the Robert F. Wagner Graduate School of Public Service, New York University. In 2012, NHHF moved to the New York Academy of Medicine to build its community-based research and started submitting research grants. In 2020, due to COVID-19, NHHF moves to the NHMA Office.

In 2004, NHHF established the National Hispanic Health Professional Student Scholarship Program for medical, nursing, dental, public health, and policy students with outstanding academic records, leadership, and commitment to serving Hispanics. The following year, we invited the National Association of Hispanic Nurses, Hispanic Dental Association, Latino Caucus of American Public Health Association, the NYU-Wagner Graduate School of Public Service and an honorary committee of NY elected officials, to help us present our first ten scholarships. In 2007, NHHF started its partnership with the United Health Foundation in this unique national effort and in 2008, a second annual Gala in California. In 2005, NHHF established its Corporate Advisory Board, meeting twice a year with NHHF Board of Directors. In 2011, NHHF partnered with the W.K. Kellogg Foundation to develop a 5 year project, “Hispanic Early Childhood Obesity Physician Leadership and Health Communications Project” with a report of strategies from our NY and CA leaders. Beginning in 2009, NHHF was supported by the Josiah Macy Jr. Foundation to convene national summits to create policy to improve diversity in the health workforce:

- A) “Increasing Diversity in Title VII Summit, 2009”: 25 African American and Hispanic and other medical experts met on improving diversity in medical education.
- B) “The President’s STEM Initiative Expansion to Health Professions and Diversity, Summit, 2013”: 30 leaders met with White House, Congressional Hispanic Caucus, Department of Education, HRSA, NIH, National Sciences Foundation, Institute of Medicine, on expanding STEM for recruitment of K-12, College underrepresented students to health professions and developing private/public partnerships for health professions programs. This project has resulted in legislation introduced by bipartisan support in the House and Senate to create a prehealth terminal degree pathway for Hispanic Serving Institutions.
- C) “Diversity in the Research Workforce, 2015” with the National Institute of Minority Health and Health Disparities, National Medical Association, Association of American Indian Physicians, and the National Council of Asian American and Pacific Islander Physicians and 50 leaders.
- D) Medical Spanish Summit, 2018 with linguistic and medical school faculty.

In 2017, we started the NHHF Clinical Trials Project – targeted at physicians in private practice with large Hispanic patient panels to recruit physicians to participate in research including the All of Us Research Program and Research Network – in development with support from PCORI grants.

In 2018, after 2 years of planning, NHHF supported the National Hispanic Pharmacists Association.

In 2019, NHHF started its Stop Vaping Campaign supported by Aetna Foundation-CVS Health.

In 2020, NHHF started its Health Literacy and Clinical Practice Project supported by Centene and expansion of the Research Network with mentoring for Clinical Trial diversity, especially in the Hispanic community.

For more information: www.NHMAFoundation.org



@NHMAFoundation



@The_NHHF



National Hispanic Health Foundation



@The_NHHF

NHMA 2021 UPCOMING EVENTS

Webinars

- **COVID-19 Briefing Series #Vaccinate4All Campaign**
 - Session 7: Wednesday, April 28 | 7:00 PM - 8:15 PM Eastern Time
 - Last Wednesday of every month (excluding December 2021)
- **NHMA/NIH All of Us Research Program Fireside Chat Series**
 - Session 5: Women's Health - Thursday, May 27 | 7:00 PM - 8:15 PM Eastern Time
- **NHMA Chapter Events**
 - Monthly Starting April 2021
- **Tomando Acción por Nuestra Salud**
 - April 2021 - Website Launch Fireside Chat
- **CDC- HIV/AIDS Project**
 - June 2021 - HIV Long-Term Survivors Awareness Day
 - September 2021 - National HIV/AIDS Awareness Day

Twitter Chats - 1 PM Eastern Time

- **CDC- HIV/AIDS**
 - April 16 - National Transgender HIV Testing Day
 - June 25 - National HIV Testing Day
 - September 27 - National Gay Men's HIV/AIDS Awareness Day
- **NHMA/NIH All of Us Research Program**
 - April 26 - National DNA Day
- **Tomando Acción por Nuestra Salud**
 - May 2021 - Twitter Chat

#Vaccinate4All

www.NHMAmd.org

#NHMA2021

NHHF 2021 UPCOMING EVENTS

Hispanic Health Professional Student Scholarship Program

- Scholarship applications available May 1, 2021

NHHF 2021 Scholarship Ceremonies

- Los Angeles, CA- Nov. 18, 2021
 - Millennium Biltmore Hotel
- Manhattan, NY - Dec. 3, 2021
 - Grand Central Hyatt Hotel

www.nhmafoundation.org





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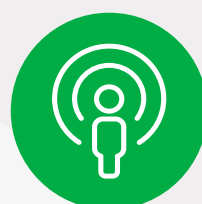
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The American Medical Association and its Center for Health Equity envision a nation capable of building thriving communities where systems are equitable and everyone has the power to achieve optimal health. The times in which we live—and the AMA's timeless mission dedicated to the betterment of public health—demand it.



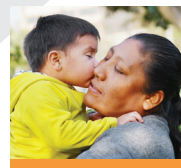
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Amgen's 2021 Health Equity Summit



DISRUPTING



Health Disparities through Partnership

Wednesday, April 28

11:00am-2:30pm ET / 8:00am-11:30am PT

Amgen's 2020 Health Equity Summit illuminated the value of cross-sector/functional partnerships intended to disrupt systemic barriers to good health among vulnerable populations. The 2021 Summit will highlight innovative collaborations that have emerged from this time of adversity and best practices for building strategic partnerships to help make American health care more equitable for all people.

Session topics include:

- ▶ Reflections on Health Equity Progress: Insights from Amgen Leadership & the Patient Community
- ▶ Innovative Partnerships Making an Impact
- ▶ Patient Advocacy Roundtable Discussion

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HIV NEXUS

CDC RESOURCES FOR CLINICIANS

HIV Nexus is a new comprehensive website

from the Centers for Disease Control and Prevention that provides the latest scientific evidence, guidelines, and resources on:

- Screening for HIV.
- Preventing new HIV infections by prescribing PrEP and PEP.
- Providing treatment to people with HIV to help improve health outcomes and stop HIV transmission.

To access CDC tools for your practice and patients, visit: **www.cdc.gov/HIVNexus**





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As you convene your 2021 annual conference, we applaud the important role that physicians and dentists play in helping patients achieve healthier outcomes. We value them as partners in transforming the health of our communities, one person at a time.

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For millions of appropriate patients struggling with lipid management,^{1,3} you can help

BLAZE A TRAIL

TO THEIR LDL-C GOAL

NEXLETOL and NEXLIZET: Oral, once-daily, nonstatin therapies^{2,3}

In clinical trials:

- NEXLETOL delivered an 18% mean reduction in LDL-C (compared to placebo) when added to maximally tolerated statin dose ($P<0.001$)^{2,4}
- NEXLIZET delivered a 38% mean reduction in LDL-C (compared to placebo) when added to maximally tolerated statin dose ($P<0.001$)^{3,1}
- Incidence of most common adverse reactions for both NEXLETOL and NEXLIZET were generally comparable to placebo^{2,4}
- Bempedoic acid, a component of NEXLETOL and NEXLIZET, showed an incidence of skeletal muscle adverse reactions comparable to placebo^{2,3}

For more information about NEXLETOL and NEXLIZET, visit NEXLETOLHCP.com

INDICATION

NEXLETOL and NEXLIZET are indicated as adjuncts to diet and maximally tolerated statin therapy for the treatment of adults with heterozygous familial hypercholesterolemia or established atherosclerotic cardiovascular disease who require additional lowering of LDL-C. *Limitations of Use:* The effect of NEXLETOL and NEXLIZET on cardiovascular morbidity and mortality has not been determined.

IMPORTANT SAFETY INFORMATION

Contraindications: NEXLETOL has no contraindications. NEXLIZET is contraindicated in patients with a known hypersensitivity to ezetimibe tablets. Hypersensitivity reactions including anaphylaxis, angioedema, rash, and urticaria have been reported with ezetimibe.

Warnings and Precautions: *Hyperuricemia:* Bempedoic acid, a component of NEXLETOL and NEXLIZET, may increase blood uric acid levels. Hyperuricemia may occur early in treatment and persist throughout treatment, and may lead to the development of gout, especially in patients with a history of gout.

Tendon Rupture: Bempedoic acid is associated with an increased risk of tendon rupture, most commonly involving the biceps tendon, rotator cuff, or Achilles tendon. Tendon rupture occurred within weeks to months of starting bempedoic acid. Tendon rupture may occur more frequently in patients over 60 years of age, patients taking corticosteroid or fluoroquinolone drugs, patients with renal failure and patients with previous tendon disorders.

Adverse Events: In NEXLETOL clinical trials, the most commonly reported adverse events were upper respiratory tract infection, muscle spasms, hyperuricemia, back pain, abdominal pain or discomfort, bronchitis, pain in extremity, anemia, and elevated liver enzymes. Events reported less frequently, but still more often than in placebo, included benign prostatic hyperplasia and atrial fibrillation.

In the NEXLIZET clinical trial, the most commonly reported adverse events observed with NEXLIZET, but not observed in clinical trials of bempedoic acid or ezetimibe, a component of NEXLIZET, and occurring more frequently than in placebo, were urinary tract infection, nasopharyngitis, and constipation.

Adverse events reported in clinical trials of ezetimibe, and occurring at an incidence greater than in placebo, included upper respiratory tract infection, diarrhea, arthralgia, sinusitis, pain in extremity, fatigue, and influenza. Other adverse events reported in postmarketing use of ezetimibe included hypersensitivity reactions, including anaphylaxis, angioedema, rash, and urticaria; erythema multiforme; myalgia; elevated creatine phosphokinase; myopathy/rhabdomyolysis; elevations in liver transaminases; hepatitis; abdominal pain; thrombocytopenia; pancreatitis; nausea; dizziness; paresthesia; depression; headache; cholelithiasis; cholecystitis.

Laboratory Tests: Treatment with bempedoic acid was associated with persistent changes in laboratory tests within the first four weeks of treatment, including increases in creatinine and blood urea nitrogen, decreases in hemoglobin and leukocytes, increases in platelet counts, increases in liver enzymes (AST and/or ALT), and increases in creatine kinase. Laboratory abnormalities generally did not require medical intervention.

IMPORTANT SAFETY INFORMATION (cont.)

Laboratory test values generally returned to baseline following discontinuation of treatment.

Drug Interactions:

Simvastatin and Pravastatin: Concomitant use with bempedoic acid results in increased concentrations and increased risk of simvastatin or pravastatin-related myopathy. Use of either NEXLETOL or NEXLIZET with greater than 20 mg of simvastatin or 40 mg of pravastatin should be avoided.

Cyclosporine: Caution should be exercised when using NEXLIZET and cyclosporine concomitantly due to increased exposure to both ezetimibe and cyclosporine. Monitor cyclosporine concentrations in patients receiving NEXLIZET and cyclosporine. In patients treated with cyclosporine, the potential effects of the increased exposure to ezetimibe from concomitant use should be carefully weighed against the benefits of alterations in lipid levels provided by NEXLIZET.

Fibrates: Coadministration of NEXLIZET with fibrates other than fenofibrate is not recommended. Fenofibrate and ezetimibe may increase cholesterol excretion into the bile, leading to cholelithiasis. If cholelithiasis is suspected in a patient receiving NEXLIZET and fenofibrate, gallbladder studies are indicated and alternative lipid-lowering therapy should be considered.

Cholestyramine: Concomitant use of NEXLIZET and cholestyramine decreases ezetimibe concentration. This may result in a reduction of efficacy. Administer NEXLIZET either at least 2 hours before, or at least 4 hours after, bile acid sequestrants.

Special Populations: It is not recommended that NEXLETOL or NEXLIZET be taken during breastfeeding. A pregnant patient should consult with their healthcare provider about whether to continue treatment during the pregnancy. The safety and efficacy of NEXLETOL and NEXLIZET have not been established in patients under the age of 18. Patients over 65 accounted for nearly 60% of patients in NEXLETOL clinical trials and 50% of patients in the NEXLIZET clinical trial. No adjustments in dosing are required for age, or for patients with mild or moderate renal impairment or mild hepatic impairment for NEXLETOL or NEXLIZET. No adjustments in dosing are required for patients with moderate hepatic impairment for NEXLETOL. NEXLIZET is not recommended for patients with moderate or severe hepatic impairment.

NEXLETOL and NEXLIZET are available only by prescription.

To report SUSPECTED ADVERSE REACTIONS, contact FDA at 1-800-FDA-1088 or www.fda.gov/medwatch or ESPERION at 833-377-7633 (833 ESPRIMED).

Please see adjacent Brief Summary.

¹LDL-C changes from baseline (LS mean) in CLEAR Harmony: NEXLETOL -17% (n=1,488); placebo: +2% (n=742).²

³LDL-C changes from baseline (LS mean) in 053 Trial: NEXLIZET: -36% (n=86); placebo: +2% (n=41). LDL-C changes from baseline (LS mean) for other drugs in the trial: NEXLETOL -17% (n=88); ezetimibe: -23% (n=86).^{3,4}

CLEAR Harmony (Study 1) was a 52-week, randomized, double-blind, Phase 3 trial in 2,230 patients randomized 2:1 to receive NEXLETOL (n=1,488) or placebo (n=742). CLEAR Harmony included patients aged ≥18 years with fasting LDL-C ≥70 mg/dL, and high-risk patients with ASCVD and/or HeFH. NEXLETOL was added to whatever patient's maximally tolerated statin dose was, either alone or with other lipid-lowering therapies. Primary endpoint was general safety, which included adverse reactions, clinical safety laboratories, physical examinations, vital signs, and electrocardiogram. Secondary endpoint was % change from baseline to Week 12 in LDL-C.^{5,6}

053 Trial (Study 1) was a 12-week, randomized, double-blind, Phase 3 trial in 301 patients randomized 2:2:1 to receive NEXLIZET (n=86), NEXLETOL (n=88), ezetimibe (n=86), or placebo (n=41). 053 Trial included patients aged ≥18 years with fasting LDL-C ≥100 mg/dL, if they had ASCVD and/or HeFH, or ≥130 mg/dL, if they had multiple cardiovascular risk factors. Therapies were added to whatever patient's maximally tolerated statin dose was (including no statin at all), either alone or with other lipid-lowering therapies. Primary endpoint was % change from baseline to Week 12 in LDL-C. Secondary endpoint was % change from baseline to Week 12 in hsCRP, non-HDL-C, total C, apolipoprotein B, HDL-C, and TGs.^{1,4}

LDL-C=low-density lipoprotein cholesterol; LS=least squares; ASCVD=atherosclerotic cardiovascular disease; HeFH=heterozygous familial hypercholesterolemia; hsCRP=high-sensitivity C-reactive protein; non-HDL-C=non-high-density lipoprotein cholesterol; total C=total cholesterol; TGs=triglycerides.

References: 1. Wong ND, Young D, Zhao Y, et al. Prevalence of the American College of Cardiology/American Heart Association statin eligibility groups, statin use, and low-density lipoprotein cholesterol control in US adults using the National Health and Nutrition Examination Survey 2011-2012. *J Clin Lipidol*. 2016;10(5):1109-1118. 2. NEXLETOL. Prescribing information. ESPERION Therapeutics, Inc.; 2020. 3. NEXLIZET. Prescribing information. ESPERION Therapeutics, Inc.; 2020. 4. Data on file. CSR 1002-053. January 2019. 5. Ray KK, Bays HE, Catapano AL, et al. Safety and efficacy of bempedoic acid to reduce LDL cholesterol. *N Engl J Med*. 2019;380(11):1022-1032. 6. Data on file. CSR 1002-040. October 2018.

ESPERION

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NEXLETOL
(bempedoic acid) tablets

NEXLIZET
(bempedoic acid
and ezetimibe) tablets



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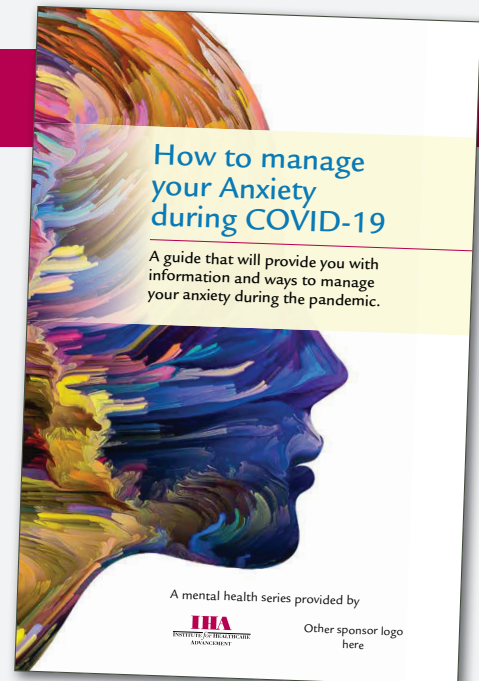
New “How to” Booklet...

This easy-to-read, easy-to-understand, 6 x 9 booklet is written at a 5th grade reading level and is designed to provide credible, compelling, and understandable content to individuals and their families.

Education: COVID-19 and signs of Anxiety

Engagement: Interactive question and answer sections to address Anxiety

Effective Solutions: Step-by-step call to action



"Empower People to Better Health Equity"

Who should use "How to Manage Your Anxiety During COVID-19":

Employers • City, County, State Agencies • Caregivers • Parents • Seniors
Hospitals • Clinics • Community Health Centers • Health Plans
Head Starts and Schools

This booklet addresses topics by answering questions such as:

- What is anxiety, and what is COVID-19.
- Did you know...?
- What do I see or feel?
- What can I do at home to relieve my Anxiety?
- When should I get help?
- When do I call the doctor or nurse?

How to manage your Anxiety during COVID-19	
What's inside?	
■ Part 1: Getting Started	
What is anxiety?	2
Your own reasons for wanting to manage anxiety	4
■ Part 2: Taking care of your mental health during a pandemic	6
A Creating a routine	6
B Handling loneliness	12
C Handling fears about the illness	14
D Managing the news and social media	18
■ Part 3: When to seek help	20
■ Part 4: A personal story	26
Jon's Success Story	26
■ Quick answers to your questions	30

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Printed in USA/February 2020





Planned Parenthood is proud to support the **National Hispanic Medical Association** in its mission to help eliminate health disparities and improve the health of Latino and Hispanic communities.

We trust the COVID-19 vaccines as an important tool to prevent infection and end the pandemic. And as news about COVID-19 vaccinations continues to change, we will update the communities we serve with all the information they need to make a sound decision about what's best for their health and safety.

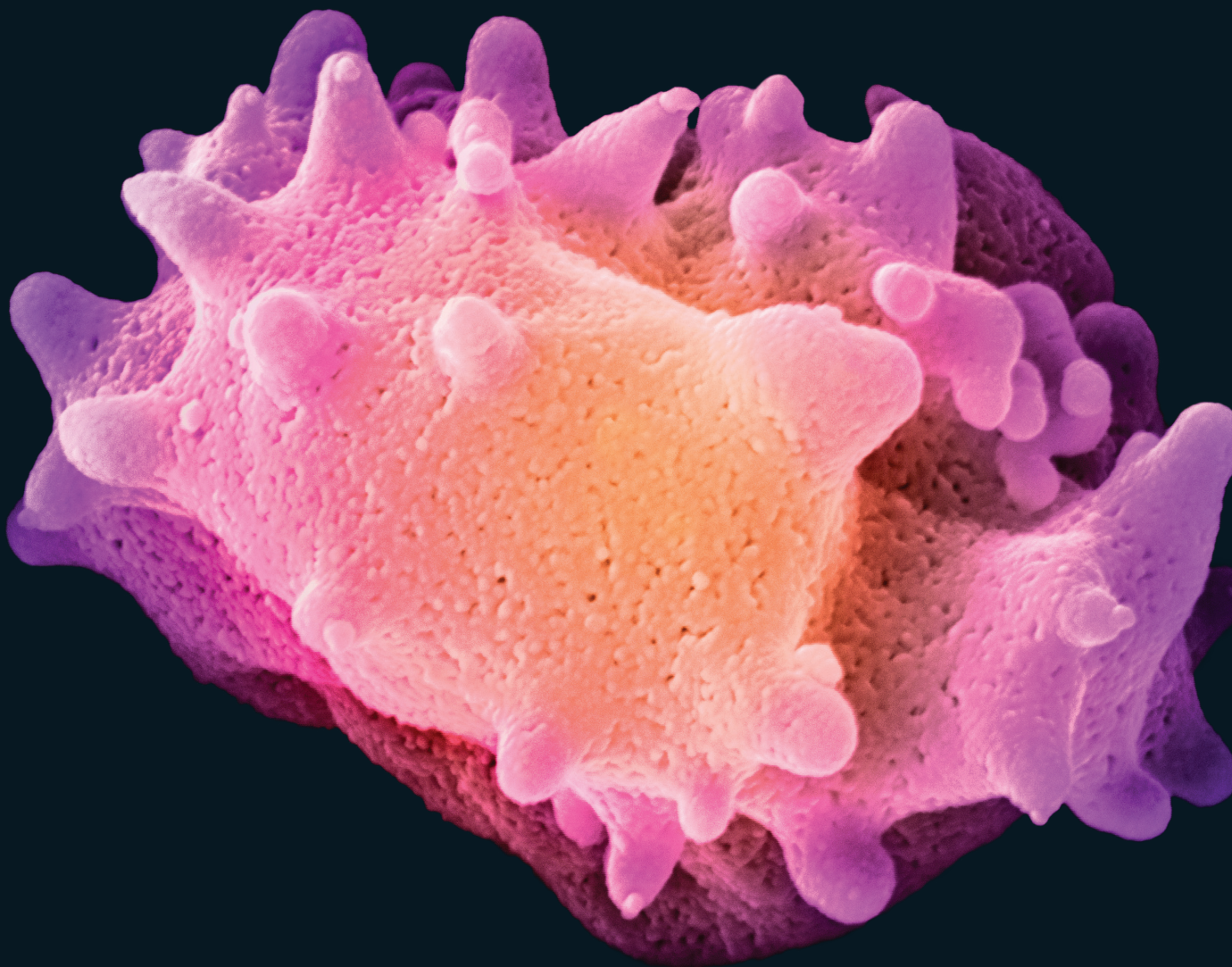




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- Testing supplies
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Patient data automatically transmitted to:

- Patient smartphone
- Hoy Health Database
- Patient Health System

↓

Hoy Health reviews individual data

- Follows-up with patient per health system protocol
- Health system informed and provided billing code

UNIQUE FEATURES

- State of the art data analytics
- Personalized patient follow-up based on real-time results (Including reminders for non-compliance)
- Over 90 data points per patient captured
- Unique and Interconnected Platforms
- Digitally Accessible, Culturally Relevant, Language Specific and HIPAA-Compliant
- Data analytics to create medical consumer personas for each user to engage with their unique needs and improve health outcomes

BENEFITS

- Increased compliance and adherence
- Improved health outcomes
- Additional revenue for healthcare provider






José Aguilar | Chief Strategy Officer | (973) 307 - 7764 | jose.aguilar@hoyhealth.com

COVID VACCINE FACTS

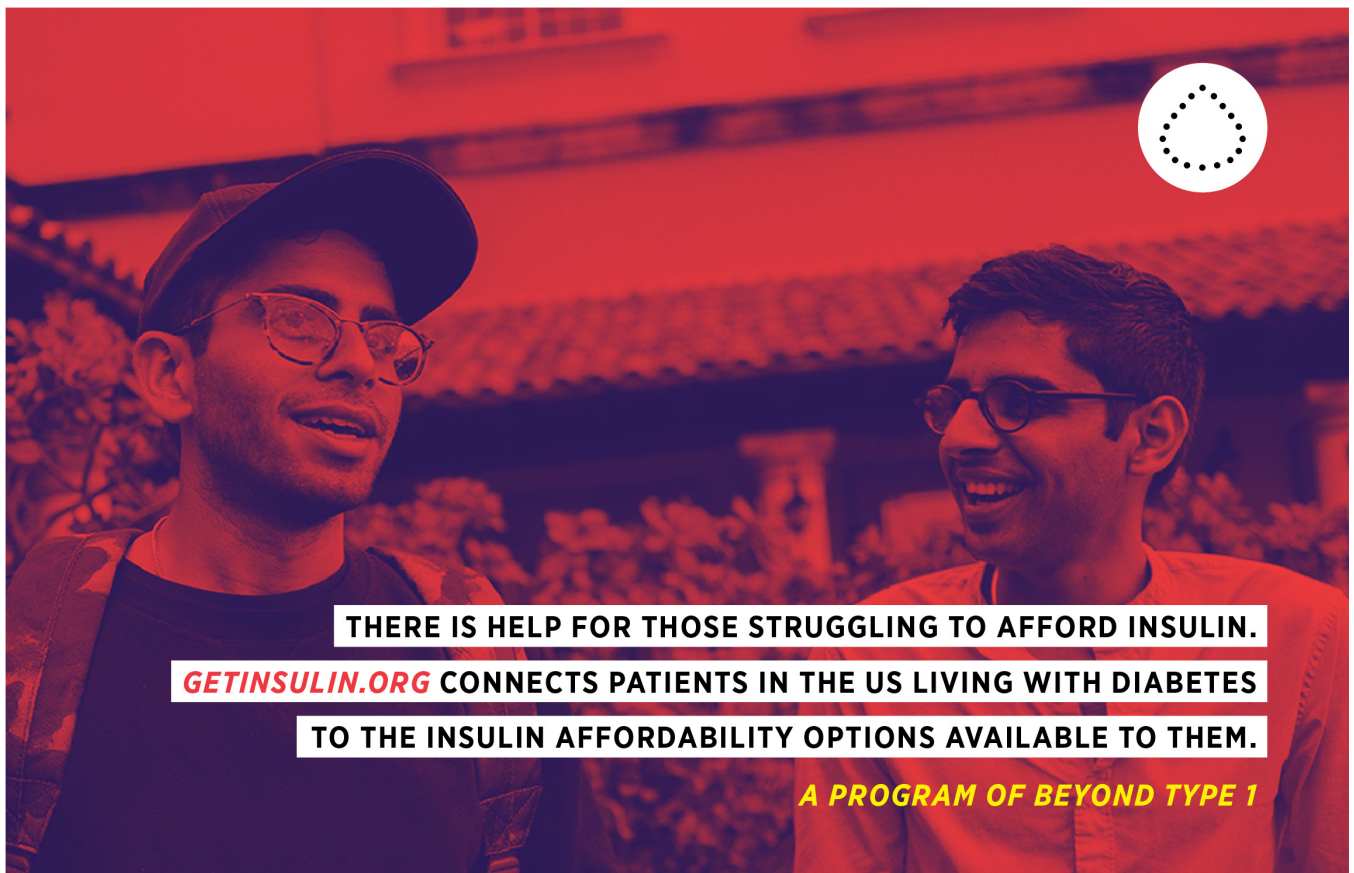
A project of BIO, COVIDVaccineFacts.org is a bilingual resource designed to help people find scientific information about COVID-19 vaccines.

LEARN MORE TODAY!

What are the side effects of COVID-19 vaccines?

Will the vaccines work against new COVID-19 strains?

Will I still need to wear a mask after I get vaccinated?



THERE IS HELP FOR THOSE STRUGGLING TO AFFORD INSULIN.

GETINSULIN.ORG CONNECTS PATIENTS IN THE US LIVING WITH DIABETES TO THE INSULIN AFFORDABILITY OPTIONS AVAILABLE TO THEM.

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“

We need to elevate the voices and support Hispanics/Latinos, who need better access to all end-of-life care options, including hospice, palliative care and medical aid in dying.

- Dolores Huerta, civil rights activist

”

Learn more about end-of-life options at CompassionAndChoices.org/D4D



The National Hispanic and Latino Prevention Technology Transfer Center (PTTC) will focus on

- 1) developing and disseminating tools and strategies needed to improve the quality of substance abuse prevention efforts;
- 2) providing intensive technical assistance and learning resources to prevention professionals in order to improve their understanding of prevention science, how to use epidemiological data to guide prevention planning, and selection and implementation of evidence-based and promising prevention practices; and
- 3) developing tools and resources to engage the next generation of prevention professionals. The intent of these efforts is to increase capacity, skills, and expertise to ensure and/or enhance delivery of effective substance abuse prevention interventions, trainings, and other prevention activities.

For more information, visit: <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/home>



The National Hispanic and Latino ATTC will serve individuals and organizations who provide behavioral health services to Hispanic and Latino populations throughout the U.S. The project provides training and technical assistance to a wide range of public, nonprofit and private organizations in culturally and linguistically appropriate practices and programs effective in serving Latino populations including evidenced based, community defined evidence, and other best or emerging practices. The NHL- ATTC will work to:

- 1) prepare the behavioral health workforce by providing tools and strategies needed to improve the quality of service delivery for Hispanic/Latino communities; and
- 2) provide more intensive technical assistance to improve processes and practices in the delivery of SUD treatment and recovery services for Hispanic/Latino communities.

For more information, visit: <https://attcnetwork.org/centers/national-hispanic-and-latino-attc/home>



The National Latino Behavioral Health Association (NLBHA) was established to fill a need for a unified national voice for Latino populations in the behavioral health arena and to bring attention to the great disparities that exist in areas of access, utilization, practice based research and adequately trained personnel.

For more information, visit: <http://nlbha.org/>

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The NCCC, a part of the AIDS Education and Training Centers, is located at the University of California, San Francisco/Zuckerberg San Francisco General Hospital and is funded by the Health Resources and Services Administration and the Centers for Disease Control and Prevention.



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