



# EXPLORING NHMA: OPPORTUNITIES FOR FUTURE HEALTHCARE LEADERS

# WHO WE ARE

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Established in 1994 in Washington, DC, NHMA is a nonprofit association representing 50,000 licensed Hispanic physicians in the U.S.

## PRESIDENT & CEO



Elena Rios, MD, MSPH, MACP

# VISION

NHMA's vision is to be the national leader in improving the health of Hispanic populations.

## MISSION

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NHMA's mission is to empower Hispanic physicians to lead efforts to improve the health of Hispanic and other underserved populations in collaboration with Hispanic state medical societies, residents, medical students, and other public and private

# HISTORY OF HISPANICS IN MEDICINE

**1960s**

Hispanic pre-health students

◦HCOP grant – NCHO



**1970s**

Stanford and Harvard med students



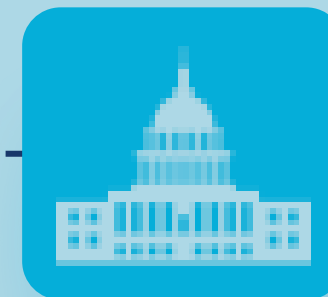
**1980s**

UCLA med students – CMSA



**1990s**

White House/CMSA,  
National Latino Medical Student Network  
Conference



NHMA is established in Washington, DC,  
as a nonprofit association

◦Connected to San Antonio, Chicago,  
Harvard, New Mexico – National Medical  
Student Network,  
US SG Hispanic Summits

# MEMBERSHIP BENEFITS

As a NHMA Health Professional Student Member, you become part of a community of **Hispanic physicians and other healthcare professionals** dedicated to **improving health care for Hispanics, eliminating healthcare disparities, and advancing your careers as leaders for our community** – whether in private practice, academia, administration or in public service.

Some of the benefits you will enjoy as an NHMA Member:

- Professional development through webinars, conferences, and leadership training programs.
- Scholarship, grant, and paid internship openings.
- Local/Regional Chapter representation.
- Opportunities to be nominated for commissions and advisory boards in the Federal government.
- Private sector, and other national health professional associations.
- Networking events and opportunities to connect with like-minded professionals on a shared mission.
- Experience mentorship and support for medical students and early-career professionals.
- Advocacy and policy engagement to help advance Hispanic health issues.
- Access to job boards and exclusive career resources to advance your career.

***Become a part of NHMA Health Professional Student Membership and shape the future of Hispanic healthcare!***

***Sign up here: [bit.ly/nhmamember](https://bit.ly/nhmamember)***

# GETTING INVOLVED

Leadership Development	Bilingual Health Education Campaigns	Advocacy
<p><b>Hispanic Leadership Development Fellowship (HLDF) - 2024-2026</b></p> <ul style="list-style-type: none"> <li>• Current or previous master’s students (graduation date within the past two years)</li> <li>• Requires relocation to Washington, D.C, paid \$52,500 to work full time at an HHS agency</li> </ul>	<p><b>Vaccinate For All</b></p> <ul style="list-style-type: none"> <li>• Cooperative agreement with the CDC to promote routine immunization in Latine Adults</li> <li>• Get involved by joining as a Vaccinate For All Champion at <a href="https://vaccinateforall.org">vaccinateforall.org</a></li> <li>• Earned media placements, bilingual materials, social media, chapter events</li> </ul>	<p><b>Congressional Briefings</b></p> <ul style="list-style-type: none"> <li>• In-person at the Capitol or Hybrid format on zoom with expert speakers and congressional leaders</li> </ul> <p><b>Congressional Hill Visits</b></p> <ul style="list-style-type: none"> <li>• At our annual conferences in Washington, D.C</li> <li>• Matches our members with their state congressional leaders to discuss top priorities</li> </ul>
<p><b>College Health Scholars Program</b></p> <ul style="list-style-type: none"> <li>• Mentoring program that pairs pre-med and pre-public health students with medical students, MPH students, physicians, and public health professionals</li> <li>• Visit: <a href="https://bit.ly/chspmentee">bit.ly/chspmentee</a> or more information</li> </ul>	<p><b>Flu &amp; RSV</b></p> <ul style="list-style-type: none"> <li>• Bilingual resource hub: <a href="https://HispanicHealth.info">HispanicHealth.info</a></li> <li>• Health Fairs, earned media, social media, bilingual print materials/material distribution</li> </ul>	<p><b>Key partners &amp; priorities include:</b></p> <ul style="list-style-type: none"> <li>• Alzheimer’s &amp; Dementia (Alzheimer’s Association)</li> <li>• Cancer (American Cancer Society)</li> <li>• Environment (Climate Action Campaign)</li> <li>• Obesity (Novo Nordisk)</li> <li>• Latino Healthcare workforce (American Medical Association)</li> <li>• Vaccinations</li> <li>• Equity in Clinical Trials/Research</li> <li>• Women’s Health</li> <li>• Tobacco Control (Tobacco Free Kids) &amp; more!</li> </ul>

# The *All of Us* Research Program



**Yuri Velasquez** – *Senior Associate*  
Pyxis Partners, LLC  
January April 17, 2023

# *All of Us* Research Program

## Key Definitions & Acknowledgement

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- **Engagement:** A broad range of relationship-building bidirectional interactions, including information sharing, consultation, collaboration in decision making, and empowered action between the program, people, awardees, and other partners.
- **Outreach:** Unidirectional interaction, such as providing materials and information to an audience.
- **Recruitment:** Facilitating enrollment in the program.
- **Retention:** Ongoing activities with participants after enrollment.

*Source: All of Us* Research Program protocol

**Acknowledgement: Pyxis Partners is funded by the Division of Engagement and Outreach,  
*All of Us* Research Program, National Institutes of Health, Award Number: OD028404**

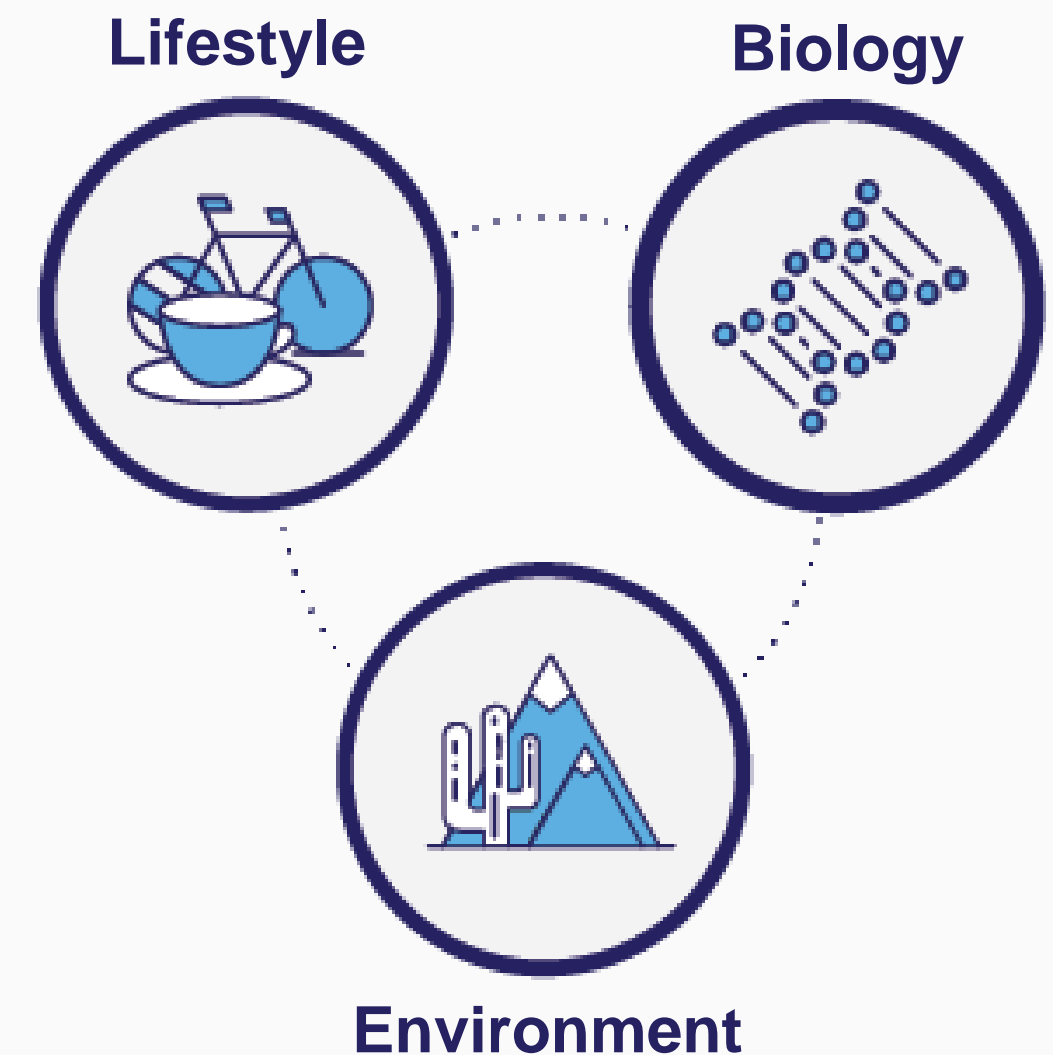
# *All of Us* anthem video





# What is the NIH *All of Us* Research Program?

The *All of Us* Research Program is a historic, longitudinal effort to **gather data from at least one million people** living in the United States **to accelerate research and improve health**. By taking into account individual differences **in lifestyle, socioeconomics, environment, and biology**, we hope that researchers will one day uncover paths toward delivering **precision medicine – or health care that is based on an individual**.



*The All of Us Research Program is part of the broader Precision Medicine Initiative.*

# Why do we even need the *All of Us* Research Program?



## People/Patients

- Patients may not be served well by treatments designed for the “average” patient. We hope in the future that *All of Us* will help advance precision medicine.
- Many people and populations have been left out of biomedical research, and thus, often left out of health care solutions.
- Health problems can take years to unravel and require much trial-and-error.
- Patients may not have access to, or make use of, their own health data.



## Health Care Providers

- Precision medicine research is still in the early days, so providers do not have enough information available to provide precision care for many conditions.
- Developing individualized approaches to care often requires time.
- It can be difficult to coordinate care between many different providers, especially with medical records and key data scattered in different silos.

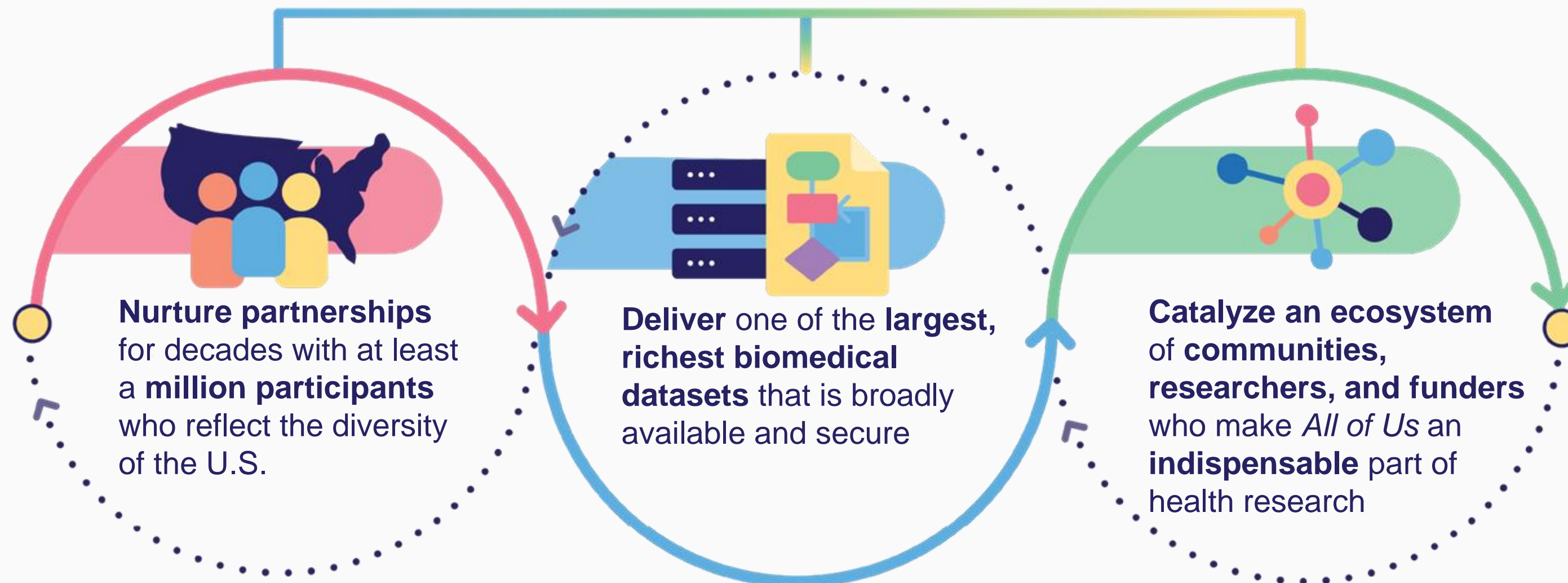


## Biomedical Researchers

- Researchers spend a lot of time and resources creating new IT systems, databases, and analytic tools.
- They also face enormous costs and time just to recruit participants.
- Data collection is often not standardized, and data can be siloed and difficult to integrate.
- A single lab’s resources may not be sufficient to answer the research questions that matter.

# Our Mission

Accelerate health research and medical breakthroughs,  
enabling individualized prevention, treatment, and care for all of us



Made possible by a team that maintains a culture built around the program's core values

# Core values

- Participation is **open** to all.
- Participants reflect the rich **diversity** of the U.S.
- Participants are **partners**.
- Trust will be earned through **transparency**.
- Participants have **access** to their information.
- Data is accessed **broadly** for research purposes.
- **Security and privacy** are of highest importance.
- The program may be a catalyst for **positive change** in research.



# Current protocol



## Enroll, Consent and Authorize EHR

- Recruiting 18+ years old initially; plan to include children later
- Online, interactive consents
- Includes authorization to share Electronic Health Record (EHR) data
- Consent to Get DNA Results



## Answering Surveys

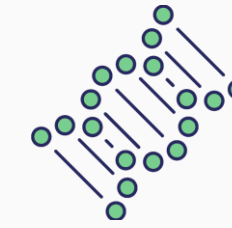
- Current surveys: The Basics, Overall Health, Lifestyle, Health Care Access & Utilization, Personal and Family Health History, Social Determinants of Health
- Additional surveys will be released on an ongoing basis



## Physical Measurements\*

- Blood pressure
- Heart rate
- Height
- Weight
- BMI
- Hip circumference
- Waist circumference

*\*Based on diverse sampling and capacity*



## Provide Biosamples\*

- Blood (or saliva)
- Urine specimen
- Biosamples will be stored at the program's biobank

*\*Based on diverse sampling and capacity*



## Wearables and Digital Apps

- Share data from wearable fitness devices, starting with Fitbit
- More integrations under development

# Genetic Return of Results: What information will *All of Us* share with you?

We expect to share information about:



Your ancestry  
(where your family  
comes from)



Your traits, such as  
why you might love  
or hate cilantro



Whether you may  
have an increased  
risk of developing a  
particular health  
condition



How your body  
might react to  
certain medications



Other  
health-related  
information

We plan to use many different methods to check your DNA for information. You may get some DNA results sooner than others.

It will take some time to get your DNA results. Some participants may not get their DNA information for a few years.

# All of Us community and provider partner network (as of April 2023)



Note: These are not approved lockups and should not be repurposed on assets.

# All of Us consortium members *(beyond community partners, as of April 2023)*

## The Participant Center



## Communications & Engagement



## HPO Network

(Health Care Provider Organizations)

### HPO Lite



## RMCs

### All of Us California

UC San Diego Health

UCI Health

UC DAVIS HEALTH

UCSF ECRMC

Cedars Sinai

Keck School of Medicine of USC

## Illinois Precision Medicine Consortium

Northwestern Medicine

THE UNIVERSITY OF CHICAGO

NorthShore University HealthSystem

RUSH

THE UNIVERSITY OF ILLINOIS COLLEGE OF MEDICINE

UI Health | UIC

COOK COUNTY HEALTH

## All of Us New England

Mass General Brigham

BOSTON MEDICAL CENTER

## University of Arizona and Banner Health

THE UNIVERSITY OF ARIZONA

Banner Health

MARIPOSA COMMUNITY HEALTH-CENTER

## Trans America Consortium

Henry Ford HEALTH SYSTEM Spectrum Health

Essentia Health

BaylorScott&White HEALTH

RELIANT MEDICAL GROUP Part of OptumCare®

HealthPartners Institute

## New York City Consortium

COLUMBIA

Weill Cornell Medicine

NYC HEALTH+HOSPITALS | Harlem

NewYork-Presbyterian

## All of Us Southern Network

UAB MEDICINE

UAB HEERSINK The University of Alabama at Birmingham SELMA • MONTGOMERY • HUNTSVILLE

Cooper Green Mercy TRICARE SERVICES AUTHORITY AFFILIATE OF UAB HEALTH SYSTEM

The UNIVERSITY OF MASSACHUSETTS MEDICAL CENTER

Tulane University

USA HEALTH

University Medical Center College of Community Health Sciences East Health Branch THE UNIVERSITY OF ALABAMA

TUSKEGEE UNIVERSITY

LSU Health NEW ORLEANS

## Nutrition for Precision Health (NPH)

UNC NUTRITION RESEARCH INSTITUTE

Atrium Health

UNC

## All of Us Southeast Enrollment Center

UHealth UNIVERSITY OF MIAMI MILLER SCHOOL of MEDICINE

EMORY UNIVERSITY

MOREHOUSE SCHOOL OF MEDICINE

UNIVERSITY of FLORIDA

THE UNIVERSITY of NORTH CAROLINA

## All of Us Puerto Rico

cossmá ...somos servicio, somos salud

CENTRO COMPRENSIVO DE CÁNCER Universidad de Puerto Rico

## Participant Technology Systems Center (PTSC)

vibrent

## Biobank

MAYO CLINIC

## Data & Research Center (DRC)

COLUMBIA

VANDERBILT UNIVERSITY MEDICAL CENTER

SCHOOL OF PUBLIC HEALTH UNIVERSITY OF MICHIGAN

BROAD INSTITUTE

Northwestern Medicine

verily

UTHealth The University of Texas Health Science Center at Houston

## Genomics Partners

BROAD INSTITUTE

Baylor College of Medicine DEPARTMENT OF MOLECULAR AND HUMAN GENETICS

color

JOHNS HOPKINS MEDICINE

Mass General Brigham

UTHealth The University of Texas Health Science Center at Houston

HUDSONALPHA INSTITUTE FOR BIOTECHNOLOGY

UNIVERSITY of WASHINGTON

Note: These are not approved lockups and should not be repurposed on assets.



**Utilizing our rich database**

# *All of Us* Research Program

## Key Definitions & Acknowledgement

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- ◎ **Researcher Engagement:** Intentional, bidirectional relationship and capacity building with researchers and their communities across all career stages, institution types, and demographics, emphasizing researchers underrepresented in the biomedical workforce (UBW) through ongoing information sharing, collaboration, consultation, empowerment, and support.
- ◎ **Outreach:** Unidirectional interaction, such as providing materials and information to an audience.
- ◎ **Researcher diversity:** Defined across multiple dimensions, including demographics (inclusive of self-reported race/ethnicity, sex, gender, and SGM status, and disability), career stage, and institution type.

*Source: All of Us* Research Program protocol

**Acknowledgement:** This event is funded by the Division of Engagement and Outreach,  
*All of Us* Research Program, National Institutes of Health. Award Number [Pyxis Partners: OD028404]

# *All of Us* is catalyzing innovation in the research enterprise

## For participants

- Empowering people from all walks of life to engage and help shape the future of research.
- Committed to responsibly returning information to participants.
- Developed a network of community partners to serve as “a trusted person I can talk to.”
- Creating a network of non-traditional partners for biomedical research, starting with Federally Qualified Health Centers, to bring in diverse and underrepresented communities.

## For researchers

- Testing digital engagement strategies to recruit and retain diverse participants.
- Opening new pathways to bring in data:
  - Investments in pilots to gather rich, longitudinal electronic health records.
  - Developing APIs and apps to leverage wearable health technologies.
- Empowering and democratizing research to bring “more brainpower per problem.”
  - *All of Us* will be open to all researchers, including citizen scientists.
- Built a network of partners to make it possible for anyone, anywhere in the country to participate in biomedical research.
- Open to scientists from a wide variety of backgrounds.

# By securely capturing a range of different data types



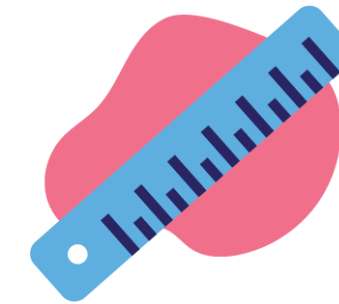
## Surveys

**(from 372,000+ participants)**  
Including lifestyle, access to care, medical history, and **data from nearly 100,000 participants on their experiences during the COVID-19 Pandemic**



## Electronic Health Records

**(from 258,000+ participants)**  
Standardized to OMOP common data model



## Physical Measurements

**(from 306,000+ participants)**  
Blood pressure, heart rate, BMI and more



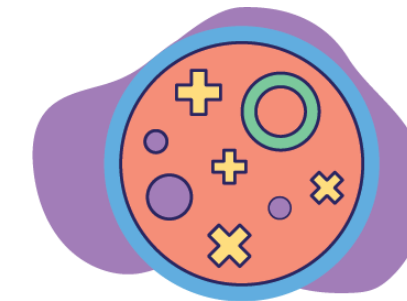
## Wearables

**(from 12,800+ participants)**  
Physical activity and heart rate from participants who have connected their Fitbit devices



## Genomics

**(Nearly 100,000 whole genome sequences)** and 165,200 shorter DNA samples known as genotyping arrays  
**Only available via the Controlled Tier**



## Biosamples

**537,000+**

# All of Us Research Hub

RESEARCHER LOGIN

All of Us Research Hub

NIH National Institutes of Health  
All of Us Research Program

ABOUT

DATA & TOOLS

DISCOVER

SUPPORT



REGISTER



View Data Availability in the

Home > Data Browser

Browse aggregate-level  
protect participant privacy  
summary demographic information

Search Across Data

Keyword Search

Data includes 409,420 participants

EHR Domains

Conditions

25,638  
medical concepts

254,700 participants

View Conditions

Genomics

SNP/Indel Variants

245,400

Participants in Short-Read  
Whole Genome Sequencing  
(WGS) dataset

1,074,881,214  
SNP/Indel Variants

## Welcome to the All of Us Research Hub

The National Institutes of Health's All of Us Research Program is building one of the largest biomedical data resources of its kind. The All of Us Research Hub stores health data from a diverse group of participants from across the United States.

Register for the Researcher Workbench to access data and tools to conduct health research and improve health.

### Data Snapshots

Data Snapshots showcase the breadth and depth of the All of Us Research Program dataset. The snapshots provide participant demographics, geographic distribution, and more. We update the snapshots daily.



756,000+

Participants



418,000+

Electronic Health Records



537,000+

Biosamples Received

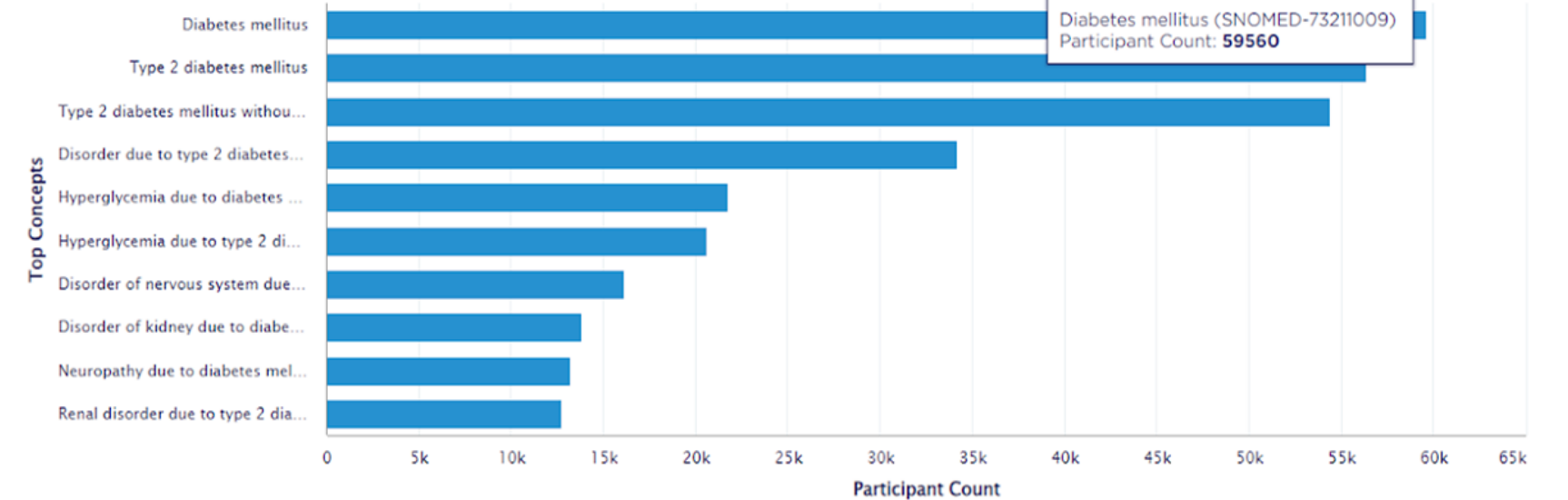
VIEW MORE DATA SNAPSHOTS

diabetes

< Back to main search

DATA DISCLAIMER

### Top 10 Conditions by Descending Participant Counts



Interested in general health information related to "diabetes"?  
Search MedlinePlus

Showing 240 matching medical concepts

Conditions	Participants of 254,700	% of 254,700
1. Diabetes mellitus	59,560	23.38 %
Also Known As		
DM - Diabetes mellitus, Diabetes mellitus (disorder)		

# All of Us Researcher Workbench

**All of Us**  
RESEARCHER WORKBENCH

Welcome to the  
**RESEARCHER WORKBENCH**  
The secure platform to analyze *All of Us* data

**DATA** | **ANALYSIS** | **ABOUT**

**Workspaces** +

- Featured Workspace: Dementia  
OWNER  
Last Changed: 02/11/20, 07:32 PM
- All of Us Survey Codebook and Frequency Distributions  
OWNER  
Last Changed: 02/11/20, 07:51 PM
- Featured Workspace: Depression  
OWNER  
Last Changed: 02/11/20, 07:50 PM
- Featured Workspace - Type 2 Diabetes  
OWNER  
Last Changed: 02/11/20, 07:50 PM

**Recently Accessed Items**

- Case 1 Notebook  
Last Modified: Mar 06 2020  
Notebook
- Dementia Analysis from Cohort Builder  
Last Modified: Feb 04 2020  
Notebook
- Ischemic Heart Disease Analysis  
Last Modified: Feb 04 2020  
Notebook
- Dementia Analysis  
Last Modified: Feb 04 2020  
Notebook
- Type 2 Diabetes Analysis  
Last Modified: Feb 04 2020  
Notebook
- Ischemic Heart Disease Analysis  
Last Modified: Jan 31 2020  
Notebook

**Quick Tour and Videos**

- Workbench Quick Tour
- Cohorts Overview (3:01)
- Notebooks Overview (3:07)

**Cohorts** +  
A cohort is a group of participants based on specific criteria.

All of Us Participants → Your Cohort  
Participant ID 1  
Participant ID 2  
Participant ID 3

**Datasets** +  
A dataset is a table containing data about a Cohort that can be exported for analysis.

Your Cohort + Medication + Labs = Data About Your Cohort  
Participant ID 1  
Participant ID 2  
Participant ID 3

**Concept Sets**  
Concept sets are a set of medical concepts (eg: blood pressure) that are of interest for a research study.

All Concepts → Your Concept Set  
Medication  
Labs

# All of Us Research: How it Works



# How will *All of Us* lead to discoveries?

## Participants Share Data

Participants share health data online. This data includes health surveys and electronic health records. Participants also may be asked to share physical measurements, and blood and urine samples. We also want to know if you will want information about your DNA.



## Data are Protected

Personal information, like your name, address, and other things that easily identify participants will be removed from all data. Samples—also without any names on them—are stored in a secure biobank.

## Researchers Study Data

Researchers use the data to conduct studies. By finding patterns in the data, they may learn more about what affects people's health.

## Participants Get Information

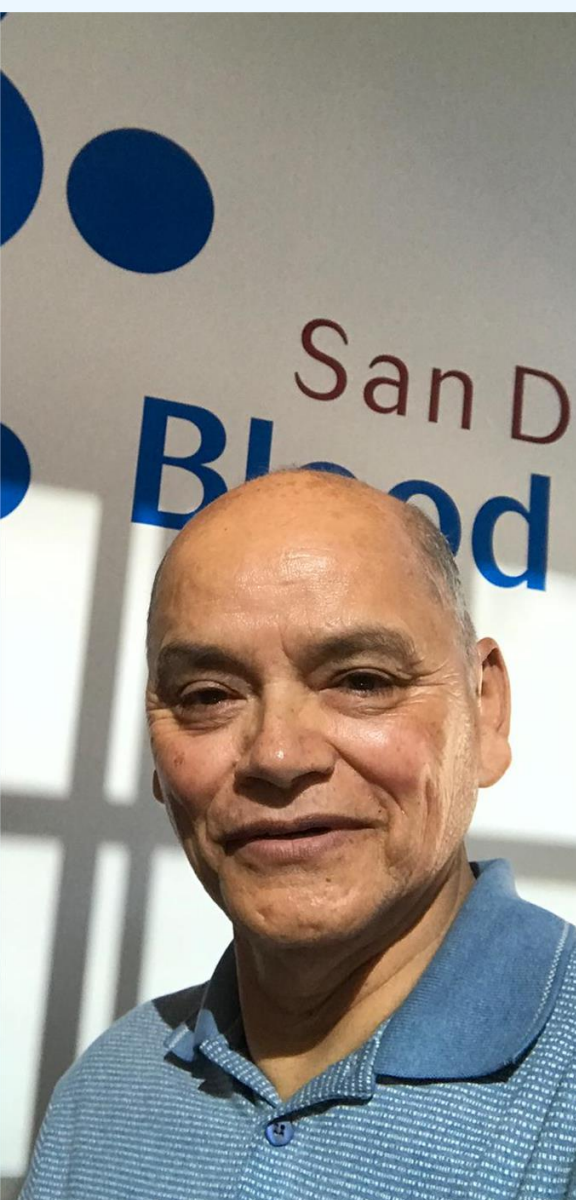
Participants will get information back about the data they provide, which may help them learn more about their health.

## Researchers Share Discoveries

Research may help in many ways. It may help find the best ways for people to stay healthy. It may also help create better tests that will work best for different people.



**All  
of Us**  
RESEARCH PROGRAM



# Thank you!

Social media:  
[@AllofUsResearch](#)  
[@AllofUsCEO](#)  
[#JoinAllofUs](#)



Websites:  
[AllofUs.NIH.gov](#)  
[JoinAllofUs.org](#)  
[ResearchAllofUs.org](#)



## Thank you to our generous participants!

# *All of Us* Research Scholar Program (RSP) & *All of Us* Researchers Convention

January 24, 2024

**All of Us**  
RESEARCH PROGRAM

Research  
Scholar  
Program



**Researchers  
Convention**



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*Source: All of Us Research Program protocol*

Acknowledgement: This event is funded by the Division of Engagement and Outreach, *All of Us* Research Program, National Institutes of Health. Award Number [Pyxis Partners: OD028404]

# Researchers Convention Overview



# All of Us Researchers Convention

The *All of Us* Researchers Convention will be held April 3-4, 2024. The free, virtual event is open to researchers across all disciplines and career stages. The Researchers Convention provides an opportunity for researchers who use *All of Us* data to showcase their work to others who share their interests in precision medicine.

[ResearchAllOfUs.org/Convention](https://ResearchAllOfUs.org/Convention)



# About the *All of Us* Researchers Convention

## Overview

The *All of Us* Researchers Convention provides an opportunity for a broad spectrum of researchers using the *All of Us* Research Program data and tools offered through the Research Hub to showcase their work, raise awareness among researchers and promote registration to the Researcher Workbench, as well as highlight research that the *All of Us* Research Program participants enable through data sharing.

## Goal of the Researchers Convention

Increase awareness of the Research Hub and the number of registered researchers in the Workbench, with an emphasis on researchers underrepresented in the biomedical workforce.

# The Evolution of the *All of Us* Researchers Convention

Features	2022 Researchers Convention	2023 Researchers Convention	2024 Researchers Convention
Dates	March 31-April 1, 2022 Minority Student Research Symposium Science Day	March 29-31, 2023 <i>Theme: Our Communities, Our Research, Our Stories</i>	April 3-4, 2024 <i>Theme: Promise to Progress</i>
Presentations	6 MSRS Student Sessions 4 Researcher Sessions	4 Student Sessions 4 Researcher Sessions	4 Student Sessions 4 Researcher Sessions
Keynote	Mentorship Fireside Chat	Mentorship Our Stories	Mentorship TBD
Other Sessions	3 Plenary Sessions, an Awards Ceremony, Exhibit Booths	3 Plenary Sessions, an Awards Ceremony, Networking Center	4 Plenary Sessions, an Awards Ceremony, Networking Center
Awards	People's Choice Awards	People's Choice Awards Community Award	People's Choice Awards Community Award
Committee	Planning Committee Advisory Committee	Planning Committee Advisory Committee	Advisory Committee

# Researchers Convention Session Structure

## Student Presentations

Used the Data Browser or the Researcher Workbench

- Research Scholar Program
  - Winners based on poster and oral presentation combined scores
- Student Open Call for Abstract Submission
  - Submitted abstract - reviewed by planning committee
- *All of Us* People's Choice Awards
  - Voting on by convention attendees based on the virtually displayed posters
  - Up to 6 winners



## Researcher Presentations

Registered Workbench users

- Submitted abstracts - selected by advisory committee
- *All of Us* Community Award
  - Voted on by program participants
  - Recognizes one researcher or a research team





# Research Scholars Program Overview

# *All of Us* Research Scholar Program

The annual *All of Us* Research Scholar Program (RSP) offers student researchers the opportunity to work with mentors on a research project that uses the *All of Us* Data Browser or Researcher Workbench. The program supports students from diverse backgrounds, including those from groups that have been shown to be underrepresented in the biomedical research workforce. The eight-month program provides students with professional development opportunities, hands-on experience conducting health research, and the opportunity to participate in the *All of Us* Researchers Convention.

# *All of Us* Research Scholar Program

## Goal

To support the next generation of *All of Us* researchers

## Overview

During this eight-month program, students conduct research with *All of Us* data with the support of a mentor. They share their findings in a poster presentation at the end of the program. Students may also be asked to present their research project at the *All of Us* Researchers Convention.

# RSP 2023-2024 Overview

## Goal

- 50 scholars, 25 mentors
- High school, undergraduate, graduate, professional, and medical school students all eligible to apply
- Conduct Data Browser or Workbench research projects

## RSP Affiliates

- Hispanic Association of Colleges and Universities (HACU)
  - Providing stipend for 6 students and 3 mentors
    - In addition to the 50 scholars and 25 mentors

## Research Curriculum

Learn skills on:

- Research design
- Research Ethics
- Communicating research results

## Professional Development

Learn skills on:

- Leadership
- Presenting
- Resume/CV development
- Mental health awareness

# Research Scholar Program Components

## Racial Equity Consciousness Training

A series of modules with an opportunity to expand understanding and strengthen skills for engaging in conversations about racial equity.

## Alumni Network

Join a network of previous scholars and mentors. Stay connected with *All of Us* programmatic updates. Learn about other research and networking opportunities

# Contact Us for More Information

Applications for the 2023-2024 cohort are closed.  
Recruitment will begin again in August 2024.

Website: <http://researchallofus.org/RSP>

Email: [ResearchScholars@pyxispartners.co](mailto:ResearchScholars@pyxispartners.co)



**Post-Survey**



**Upcoming *All of Us*  
Researcher Engagement  
Webinar/Workbench Demo**



**Q AND A**





# THANK YOU

FOLLOW US



@nhmamd



@NHMAmd



NHMAvideos



NHMAmd.org



National Hispanic  
Medical Association