

NHMA College Health Scholars Program

Learn more here: bit.ly/chsp2022



10:30 am – 12:30pm **Academic Preparation, Personal Development and Financing – Salons A-C of the Grand Ballroom**

Panel of Faculty and Professionals from Medical, Nursing, Public Health Schools

10:30 AM – 10:35 AM

Moderator:

Jose Pietro Aparicio MD, MPH
Immediate Past President
Latino Caucus for Public Health

10:35 AM – 10:55 AM

Speakers:

Mekbib Gameda – *Becoming competitive applicants/candidates*
Vice President of Diversity and Inclusion
Eastern Virginia Medical School

10:55 AM – 11:15 AM

Mahnoor K. Ahmed, MS – *Public Health perspective, finances*
Director of Student Recruitment and Engagement
Office of Inclusion, Diversity, Anti-Racism, and Equity (IDARE)

11:15 AM – 11:35 AM

Cesar Padilla, MD – *Value of pipeline and mentoring programs*
Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine
Stanford Hospital and Clinics Lucile Packard Children's Hospital

Panel of Health Professional Students

11:35 AM – 11:50 AM

Yaritzky Michelle Astudillo, MD
Pediatric Resident
Maria Fareri Children's Hospital

11:50 AM – 12:05 PM

Jordan Jared Juarez, MS – *Mentorship/opportunities, networking, a day in the life, summer research programs*
Co-Director-Elect
LMSA Northeast
MD/MBA Student
Lewis Katz School of Medicine
Temple University

12:05 PM – 12:30 PM

Open panel Q & A from audience



Speaker Bio's



Dr. Aparicio is a Medical Doctor and Master in International Public Health. His field of expertise is Risk Management & Quality Assurance, Health & technology. He is also a film producer.

He is the former president of the Latino Caucus of the American Public Health Associations. Dr. Aparicio has more than 20 years of experience working in Healthcare at the local and international levels. He also has expertise in Performance Improvement, Patient Safety, and Risk Management programs. He is the co-developer of a New York Department of Public Health State-wide program for "Real-time Monitoring of Antibiotic Use," which has reduced antibiotic costs in hospitals while containing resistance, improving patient safety, strengthening the quality of

service.

He is a former Chairperson of the NGO Health Committee, an ECOSOC and DPI member organization with consultative status to the United Nations, based in New York. Dr. Aparicio has also been a speaker and advocates for eHealth at various international conferences in New York, Switzerland, and Hong Kong.

His primary interest is improving the quality of life of vulnerable and underserved communities at the local and international levels.

Dr. Aparicio completed his medical training as a General Practitioner in Honduras and his Master in International Public Health at the Hebrew University in Jerusalem, Israel.

Dr. Aparicio initiated his medical and public health career in the rural areas of Honduras, and he is currently based in New York City.

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Mekbib Gameda serves as the Vice President of Diversity and Inclusion at Eastern Virginia Medical School (EVMS) leading efforts to advance health equity and diversity and inclusion.

Prior to joining EVMS, Mekbib served as the Assistant Dean for Diversity Affairs and Community Health and founding Director of the Center for the Health of the African Diaspora at New York University School of Medicine.

Mekbib's efforts to advance equity nationally include serving on the steering committee of the Group on Diversity and Inclusion of the Association of American Medical Colleges (AAMC). He is the inaugural chair of the Health Professions Chapter of the National Association of Diversity Officers in Higher Education (NADOHE). He also serves on the State Board of the Virginia Center for Inclusive Communities.



Mahnoor Ahmed serves us as the Director for Student Recruitment and Engagement in the Office of Inclusion, Diversity, Anti-Racism, and Equity (IDARE) at the Johns Hopkins Bloomberg School of Public Health. Mahnoor provides leadership for developing, managing, and supporting initiatives directed at promoting a diverse and inclusive student community while serving as a resource to improve the overall inclusion, diversity, anti-racism and equity (IDARE) climate at the School. Her professional interests and experience include providing mentoring, advising, training, and leadership development, with a focus on issues of identity, belonging and inclusion.

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Dr. Cesar Padilla is a first-generation Mexican American from Northern California. His parents emigrated from the Mexican state of Jalisco, settling in the East Bay Area (Union City) in the 1970s, where they worked in local factories. Cesar would spend every summer of his childhood in Mexico, where his passion and inspiration for becoming a doctor was ignited. Things were much different for Cesar when he returned from his summer trips in Mexico. Growing up surrounded by gang violence in the U.S., Cesar almost dropped out of high school at age 15. To make up for his failed grades, Cesar attended adult (continuation) school at age 16 and managed to graduate high school on time. Dr. Padilla is now double fellowship trained from Harvard Medical School in critical care medicine and obstetric anesthesiology, with additional training in critical care echocardiography. His research interests include critical care in obstetrics and addressing inequities in maternal/obstetric care. Dr. Padilla also serves as the Chief Medical Education Advisor for Alliance in Mentorship/MiMentor, a non-profit organization with a mission of mentoring underrepresented students interested in medicine and is the Co-Chair of the inaugural Council of Anesthesiology for the National Hispanic Medical Association. Dr. Padilla is currently a clinical assistant professor at Stanford and hopes to connect, teach, and inspire the next generation of students pursuing medicine.



Yarityz Astudillo (she/her/ella) is a pediatric resident at Maria Fareri Children's Hospital. As a medical student with an interest in diversity, equity and inclusion, she worked on understanding the effects of microaggressions in the learning environment. Within LMSA, she worked on developing a space in which physicians-in-training can inform their work and efforts in policy, advocacy, and community. She has served as policy co-chair for NHMA's COR and is a member of NHMA's Pediatrics Council. She has been a CHSP mentor since 2019. Currently, she is working on studying implicit bias in pediatrics. She aims to further delineate how to address health inequities and specifically bridge her efforts to pediatric nephrology.



Most of all she aims to continuing serving her village, the Latino community. This year, she is a recipient of NHMA's Resident of the Year.



Jordan Juarez is a 3rd-year MD/MBA candidate at the Lewis Katz School of Medicine at Temple University in Philadelphia, Pennsylvania. Born and raised in San Diego, California, he received a B.S. in Neuroscience and a M.S. in Global Medicine from the University of Southern California (USC) in 2017 and 2018, respectively. Finally, Jordan is a 2020 recipient of the *National Hispanic Health Foundation (NHHF) 2020 Hispanic Health Professional Student*

Scholarship and currently serves as the Co-Director Elect of the [Latino Medical Student Association \(LMSA\) - Northeast](#) (the 501(c)(3) non-profit organization that manages the roughly 40 LMSA medical school chapters from Washington D.C. to Maine).

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12:30 pm – 2:00 pm

Recruiting & Networking

Recruiters from Medical, Dental, Nursing, Public Health, and Science Graduate Programs – Salons A-C of the Grand Ballroom

Recruiters will answer students' questions about application and acceptance to these schools and others like them accredited by the U.S.

Association of American Medical Colleges Summer Health Professions Education Program (SHPEP) - Washington, DC

Brandon Brown, M.S.Ed.

Sr. Outreach Specialist

Services Communications

Tony Mancuso, M.Ed, CSPO

Equity, Diversity, & Inclusion Communications and Outreach Sr. Specialist

Bernard J. Dunn School of Pharmacy - Winchester, Virginia

Katelyn Sanders, MBA, PharmD

Director of Admissions and Alumni Affairs

Johns Hopkins Bloomberg School of Public Health - Baltimore, Maryland

Mahnoor K. Ahmed, MS

Director of Student Recruitment and Engagement

Office of Inclusion, Diversity, Anti-Racism, and Equity (IDARE)

Lauren Black, MSHE

Associate Director of Recruitment and Events

Student Affairs

Admissions Services

Kansas City University – Joplin, MO

Cynthia Torres

Coordinator, Diversity and Inclusion

Alma Lopez

Coordinator of Diversity, Equity and Inclusion

Keck Graduate Institute - Claremont, CA

Lexie Beer, MA

Director of Outreach

Kamika Phillips

Senior Admissions Outreach Representative

Penn State College of Medicine - Hershey, Pennsylvania

David Rábago, MD

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*Professor, Departments of Family and Community Medicine and Public Health Sciences
Vice Chair of Faculty Development, Department of Family and Community Medicine
Program Director: Penn State Primary Care Research Fellowship*

Sarah Inés Ramirez, MD, FAAFP
Assistant Professor
Family and Community Medicine
Family Medicine Obstetrics

Rosalind Franklin University of Medicine and Science - Chicago, Illinois
Luis Pablo Alvarez
Graduate Admissions Recruiter

Rowan University School of Osteopathic Medicine - Stratford, NJ
Nigel James, MBA (He, Him, His)
Assistant Director of Recruitment and Outreach

Brittany Turton
Admissions Recruiter

Shenandoah University School of Pharmacy
Tamara Harris
Admissions Counselor

USUHS F. Edward Hebert School of Medicine - Bethesda, Maryland
Carolyn D. Mack, MBA, DBA
Senior Recruitment and Admissions Analyst
Department of Recruitment and Admissions

Tyrone Willis
Command Master Chief
Diversity and Inclusion Specialist

Althea Green, PhD
Director of Recruitment