

Pamela Montano Arteaga, MD is Clinical Assistant Professor of Psychiatry at New York University Medical School. She is the director of the Latino Bicultural Clinic at Gouverneur Health/NYC Health + Hospitals and the Chair of the Structural Cultural Competency Committee at the same department. She completed her Psychiatric Residency at Northwell Hofstra School of Medicine at Zucker Hillside Hospital. After residency, she completed a fellowship in Public Psychiatry at Columbia University and served as the program director and psychiatrist for a first episode program at Rockland Psychiatric Center/New York State Psychiatric Institute.

Dr. Montano Arteaga was born and raised in Colombia and completed her medical school training at Universidad del Valle in Cali, Colombia. During her trainee years, she was selected for the competitive American Psychiatric Association (APA) Minority Fellowship program (2014-2016). She had participated in different workgroups for the APA collaborating in different initiatives: providers toolkit for working with undocumented immigrant populations, Covid-19 and the mental health impact in Minority populations. In 2021, she started working as a member of the Resources Workgroup with the goal to improve the diversity and number of educational resources shared at the APA Structural Anti-Racism Hub.

Dr. Montano Arteaga was one of the recipients of the 2018 Young Physicians of the Year Award given by the National Hispanic Medical Association (NHMA). She also serves as consultant for OBGYN Integrated Care and worked for the Empower Program for victims of Human Trafficking and Sexual Trauma. She has served as consultant for the United Nations Commission on the Status of Women. She is a board member of the American Society of Hispanic Psychiatry (ASHP) and was elected as Secretary for 2020-2022 at the same organization. She is the Co-Chair of a new Advocacy committed of the Society for the Study of Culture and Advocacy.

Dr. Montano Arteaga is a consultant member for the APA Council Minority Mental Health and Health Disparities for 2019-2021 and the current Chair of the Infrastructure and Advocacy of the APA Hispanic Caucus. One of her main areas of interests has been advocacy for improving the health care access and quality of care for the Latinx population and other minority groups. Dr. Montano Arteaga is an advisor for WARMI, an international collaborative network of professionals focusing on improving the mental health of Women in Latin America. Recently, she contributed to the organization of Anti-Racism Process Workgroup in her department of Behavioral Health at Gouverneur and she is a member of the new Committee for Diversity, Inclusion and Equity at Gotham Health/NYC Health + Hospitals.

She is currently the national chairwoman for the Council of Young Physicians of the NHMA.

Areas of Interest

Structural cultural competency, immigrant mental health, advocacy for access and quality of health care for Latinx/Hispanic population and other minority groups, women's mental health (perinatal and postpartum depression, sexual trauma, gender issues), complex trauma and its interaction with social determinants of mental health, medical and interdisciplinary education, mental health services research with focus on health disparities, integrated behavioral health; community organization and public health in general.

Hobbies: Karaoke, swimming, gastronomy, travelling