



National Hispanic Medical Association

Pennsylvania Chapter

**Empowering Leaders. Elevating Health.
Transforming Communities.**

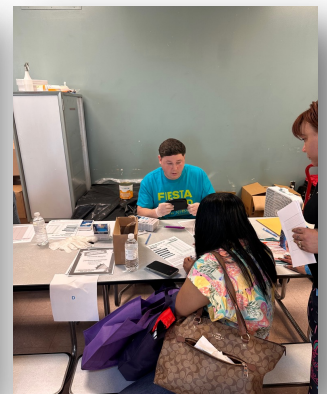
MEET NHMA PA

Founded in 1994, the National Hispanic Medical Association (NHMA) represents more than 50,000 Hispanic healthcare providers nationwide, united in the mission to advance health equity through leadership, policy, and community partnerships.

In 2024, the **Pennsylvania Chapter (NHMA PA)** was launched by Dr. Sarah Inés Ramírez to bring together Hispanic/Latino healthcare professionals across the state—including physicians, nurses, community health workers, interpreters, researchers, policymakers, and students—to tackle the urgent health disparities affecting Latino communities in Pennsylvania.



Opening ceremony of FDLS in Reading, PA.



FDLS volunteers at the blood pressure and glucose monitoring stations.

NHMA PA leads with action. Its flagship program, *Fiesta de la Salud (FDLS)*, is a culturally responsive mobile health fair that removes barriers to care by providing free screenings, bilingual education, and essential medical equipment directly in the community. In just two events since Fall 2024, FDLS has reached nearly **1,600 participants**, identified almost **300 new cases of elevated blood pressure** and **250 cases of hyperglycemia** (all connected to follow-up care and provided with monitoring devices), and delivered on-site mammography, dental exams, and more—all while mobilizing **105 volunteers**. Early data reveal the stark realities of social determinants of health among attendees: food insecurity, limited education, poverty, and restricted healthcare access. FDLS meets these needs head-on, proving that culturally tailored, community-centered interventions work. *drive meaningful change.*”

<https://www.nhmamd.org>



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Beyond direct care, **NHMA PA empowers its members as change agents**—offering leadership training, advocacy opportunities, and pathways to influence policy. Members are shaping immunization strategies, leading public health campaigns, and addressing maternal mortality at local and national levels.

As Founder and President, Dr. Ramírez affirms: *“Our members are uniquely positioned to drive meaningful change.”*

Dear Partner,

I am honored to invite you to join us in shaping a future where **belonging, access, and community flourish**.

As the Founder and President of **NHMA PA**, I know firsthand the power of partnerships in transforming health outcomes. By sponsoring our **First Annual Gala**, you are not only supporting an unforgettable evening of celebration—you are investing in the **health, resilience, and well-being of communities across Pennsylvania**.

Your sponsorship amplifies our mission, honors the strength of unity, and ensures that together, we continue to **break barriers, build trust, and create lasting impact in healthcare**. Through initiatives like *Fiesta de la Salud*, we are already reaching thousands of families with free screenings, bilingual education, and critical resources—and with your support, we can do even more.

This Gala is more than a celebration—it is a movement. I invite you to stand with us as a champion for equity, innovation, and community health.

With gratitude,
Sarah Inés Ramírez, MD, FAAFP
Founder & President
NHMA Pennsylvania Chapter

<https://www.nhmamd.org>

NHMA PA GALA

**Raising a Glass to
Health, Hope, and
Community!**

The Vineyard at Hershey

598 Schoolhouse Road
Middletown, PA 17057

SATURDAY

October 18, 2025 | 6:30pm – 10pm

Join us in shaping a future where belonging, access, and community flourish. By becoming a sponsor of the First Annual Gala of the Pennsylvania Chapter of the National Hispanic Medical Association, you are not only supporting an unforgettable evening of celebration—you are investing in the health, resilience, and well-being of communities across Pennsylvania. Your partnership amplifies our mission, honors the power of unity, and ensures that together, we continue to break barriers, build trust, and create lasting impact in healthcare.

**Teal
Visionary**

\$15,000

- One table of 10
- Recognition as a Presenting Sponsor
- Mentioned by the Master of Ceremonies during the event
- Two-page spread in the event program booklet
- Message from NHMA PA President in event program booklet
- Recognition on NHMA social media outlets
- Logo showcased on event space screens
- Logo on Step-N-Repeat at photo areas
- 30-second commercial to be played at the event
- Stipend for two NHMA PA members to present their research at the 2025 NHMA Annual Conference, and your logo showcased on their presentations.

To make a sponsorship
commitment, email
Sarah Inés Ramírez at
sramirez@nhmamd.org



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Navy Legacy

\$10,000

- One table of 10
- Mentioned by the Master of Ceremonies during the event
- One-page ad in the event program booklet
- Recognition on NHMA social media outlets
- Logo showcased on event space screens
- Logo on Step-N-Repeat at photo areas
- 15-second commercial to be played at the event
- Stipend for one NHMA PA member to present their research at the 2025 NHMA Annual Conference, and your logo showcased on their presentation.

Lime Growth

\$5,000

- One table of 10
- Mentioned by the Master of Ceremonies during the event
- Quarter-page ad in the event program booklet
- Logo showcased on event space screens
- Logo on Step-N-Repeat at photo areas

Vineyard Friend

\$2,500

- One table of 10
- Mentioned by the Master of Ceremonies during the event
- Logo showcased on event space screens\
- Logo on Step-N-Repeat at photo areas

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Journal of the JNHMA National Hispanic Medical Association

COMMENTARY



Vol. 3, Issue 1, 2025

Journal of the National Hispanic Medical Association

Living in More Than Interesting Times

Nereida Correa

We are witnessing changes in organizations that gave direction and guidelines in the practice of medicine,

RESEARCH ARTICLES



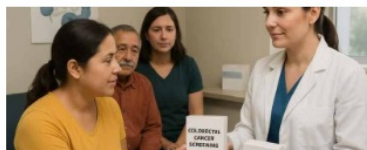
The Impact of Accessibility to Images of Disease Prevention on Skin of Color in Facilitating Content Delivery by Faculty in the First- and Second-Year Curriculum

Ruby Lopez-Flores, Alejandra Sataray-Rodriguez, Rionna Octaviano, Kayla Aikins, Lingchen Wang, Karen Thiele

This study evaluated the integration and effectiveness of skin of color resources in medical education in order to improve diagnostic accuracy and equitable patient care.

[Abstract](#)

RESEARCH ARTICLES



Return Rates of Non-invasive Forms of Colorectal Cancer Screening in a Central California Community Health Center.

Marsha R Cheng, Emily B Warren, Irving Ayala-Rodriguez

This article examines the difference in return rates using different modalities of non-invasive CRC screening in a community health center.

[Abstract](#)

RESEARCH ARTICLES



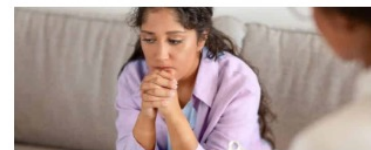
Socioeconomic Disparities During In-Patient Pain Management After Total Knee Replacement

Doriann M Alcaide, LaKeisha Boyd, Sylk Sotto-Santiago

This study analyzes socioeconomic disparities in postoperative pain management after total knee replacement.

[Abstract](#)

RESEARCH ARTICLES



Utilization of Treatment for Co-Occurring Disorders: Do Racial and Ethnic Disparities Exist?

Maya Rabinowitz, Sapna J. Mendon-Plasek, Colleen McCullough, Katherine E. Watkins

This study examines whether such disparities exist between Hispanics and non-Hispanics receiving primary care in New Mexico for opioid use disorder co-occurring with other mental health disorders.

[Abstract](#)

RESEARCH ARTICLES



How to Increase Hispanics in Medicine through the Four Ps: Increase the Pool, Create Effective Pathways, Support Professional Development, and Change the Politics

RESEARCH ARTICLES

Examining Health Information Sources and Access among Hispanics in the US Midwest during the Last Pandemic Era

Armando De Alba, Lani Zimmerman

This article examines how television and social media were the primary sources of health information for Hispanics in the Midwest during Covid.

[Abstract](#)