



# How to PrEP for It: HIV Prevention, Syndemics, and Current Updates on Ending the Epidemic Webinar

The goal of this webinar is to provide physicians with key resources available for HIV prevention, building knowledge of HIV prevention, diagnoses, and treatment, and sharing how providers can play a key role in building patient trust and ending the HIV epidemic.



**THURSDAY, JUNE 15TH**  
3:00 – 4:00 PM ET

NHMA FOR  
**#PACT4HIV**

Ending  
the  
HIV  
Epidemic  
IN THE U.S.

Register now at [bit.ly/HowToPrEPForIt](https://bit.ly/HowToPrEPForIt)



**Petra Fimbres**  
(Moderator)

Phoenix Chapter Co-Chair,  
National Hispanic Medical Association



**Jose Rodriguez-Garcia,**  
MD, AAHIVM

Medical Director, Spectrum Medical



**CDR Michelle Sandoval-  
Rosario, DrPH, MPH, CPH**

Program Director for Region 9, Prevention  
Through Active Community Engagement



**Melanie Taylor, MD, MPH,  
CAPT, USPH**

Medical Epidemiologist, Division of HIV  
Prevention, National Center for HIV/AIDS

# Welcome



**Petra Fimbres**  
**Moderator**  
*Co-Chair*  
*NHMA Phoenix*  
*Chapter*



**Hector Araujo**  
**Co-Moderator**  
*Men's Board*  
*Co-Chair*  
*LatinaStrong*

## Housekeeping

- Today's session will feature PowerPoint presentations followed by live audience Q & A.
- All participant microphones will be muted, but please feel free to use the raised hand feature to be unmuted to ask a question or type your question into the Q & A box for the panelists to address after all presentations.
- Recording and slides will be housed on [NHMAmd.org](http://NHMAmd.org) and sent out after the event.

# Agenda



**CDR Michelle Sandoval-Rosario**  
**DrPH, MPH, CPH**  
**PACE Program**

Speaker



**Melanie Taylor**  
**MD, MPH, CAPT, USPH**  
**Arizona Department of Health**  
**Services**

Speaker



**Jose Rodriguez**  
**MD, AAHIVS**  
**Spectrum Medical**

Speaker

# Ending the HIV Epidemic in the U.S.

June 15, 2023

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**CDR Michelle Sandoval-Rosario, DrPH, MPH**

**Director, Region 9, Prevention Through Active Community Engagement Program**

**Deputy Director, HIV.gov**

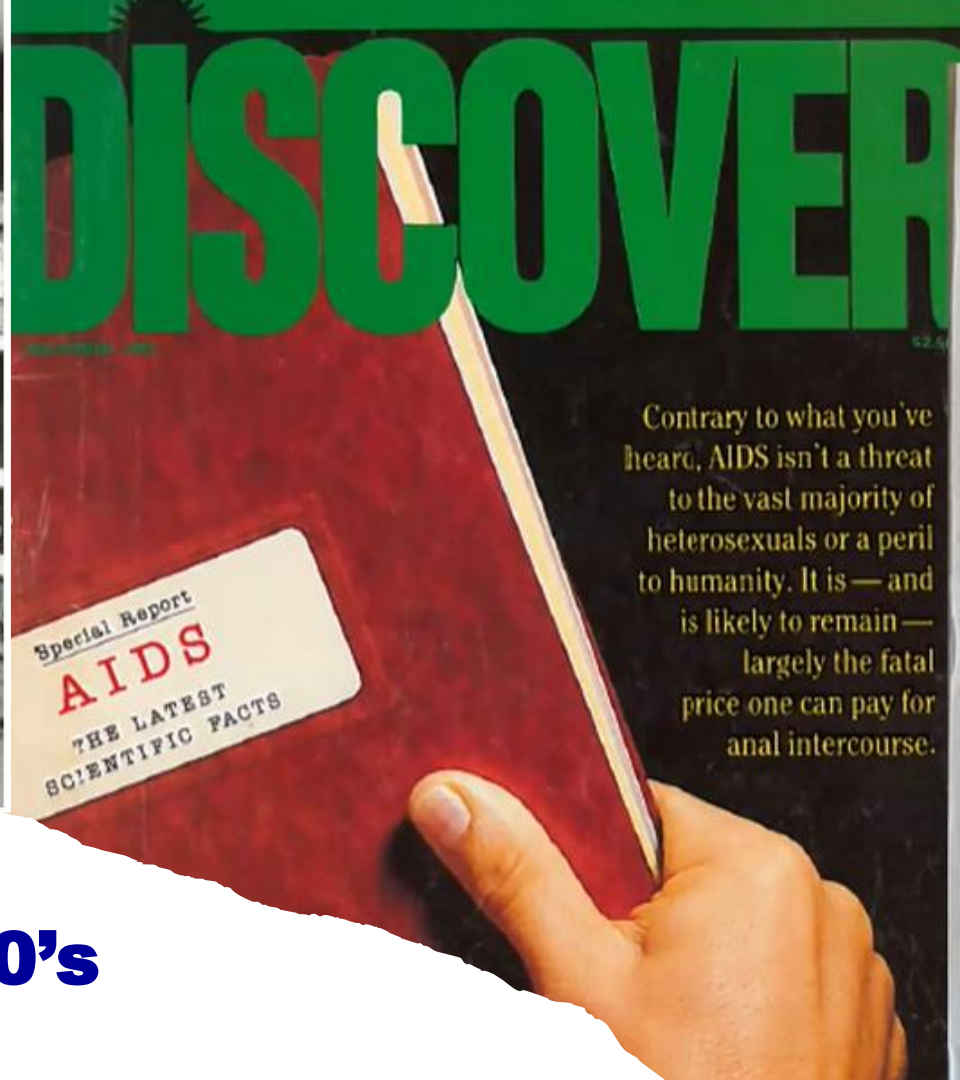
**Office of Infectious Disease and HIV/AIDS Policy**



**OASH**

Office of the  
Assistant Secretary  
for Health





Contrary to what you've heard, AIDS isn't a threat to the vast majority of heterosexuals or a peril to humanity. It is — and is likely to remain — largely the fatal price one can pay for anal intercourse.

## Perceptions in the 1980's

## HIV Today

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## HIV in the United States, 2021

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**1.2 million**

people with HIV

Nearly 14% (**1 in 7**) have not been diagnosed  
(or more than 165,000 people).

**Only 56%**

of people with HIV are virally suppressed  
despite the availability of highly effective care and  
treatment that can suppress the viral load to protect  
the health of people with HIV as well as prevent  
transmission.

**~32,100**

new infections occur annually in 2021

Number is steady in recent years, despite the availability  
of many highly effective prevention tools, including  
PrEP.

Without intervention another

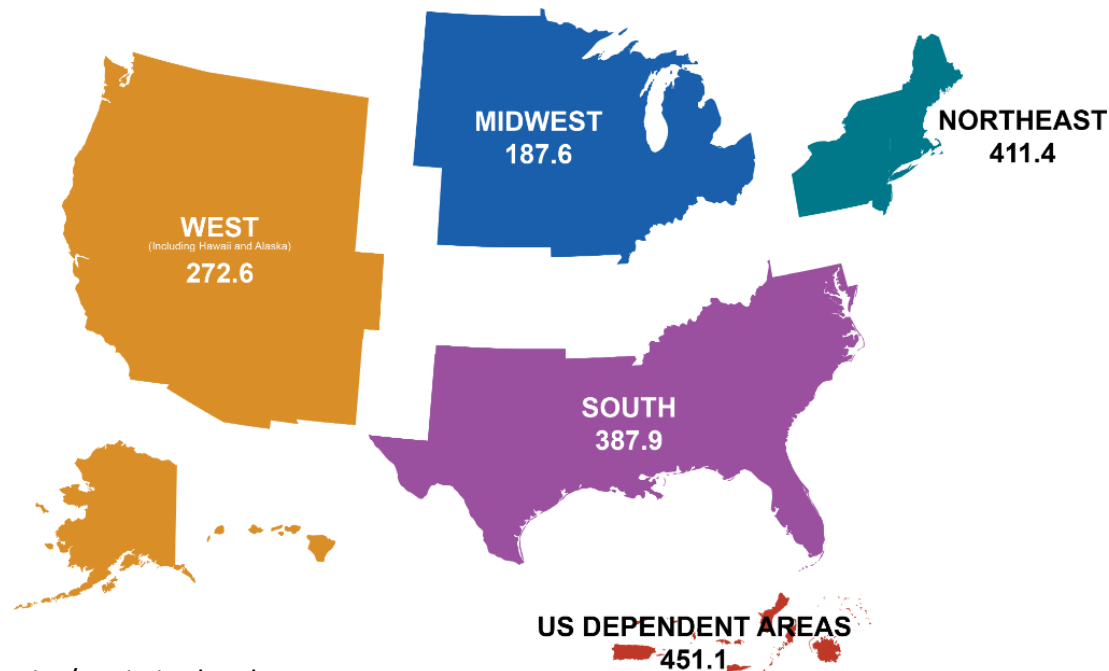
**400,000**

Americans will be newly diagnosed over 10  
years despite the available tools to prevent  
infection.



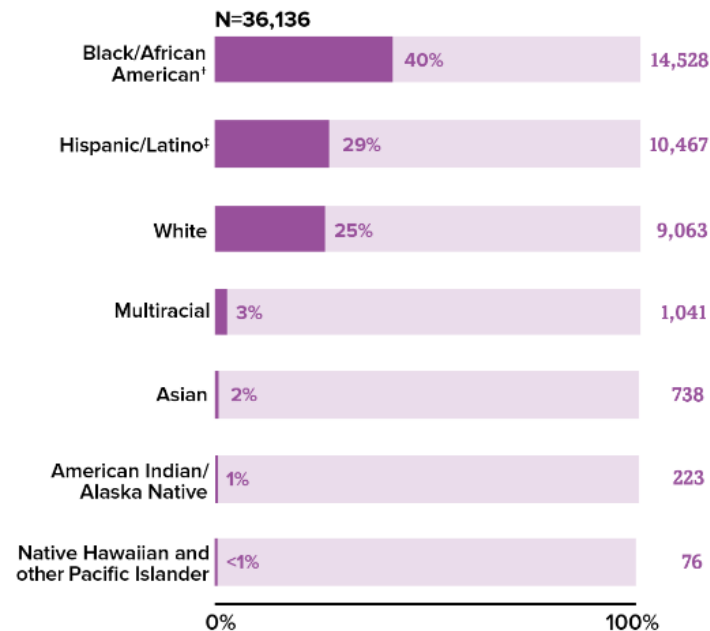
## The South Experiences the Greatest Burden of HIV, 2021

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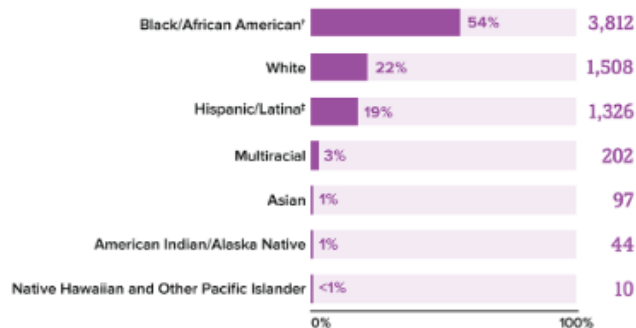
## Blacks/African Americans are Disproportionally Impacted by HIV, 2021

Racial and ethnic differences in HIV diagnoses persist.



## In 2021, Over 50% of HIV Diagnoses Were Among Black Women

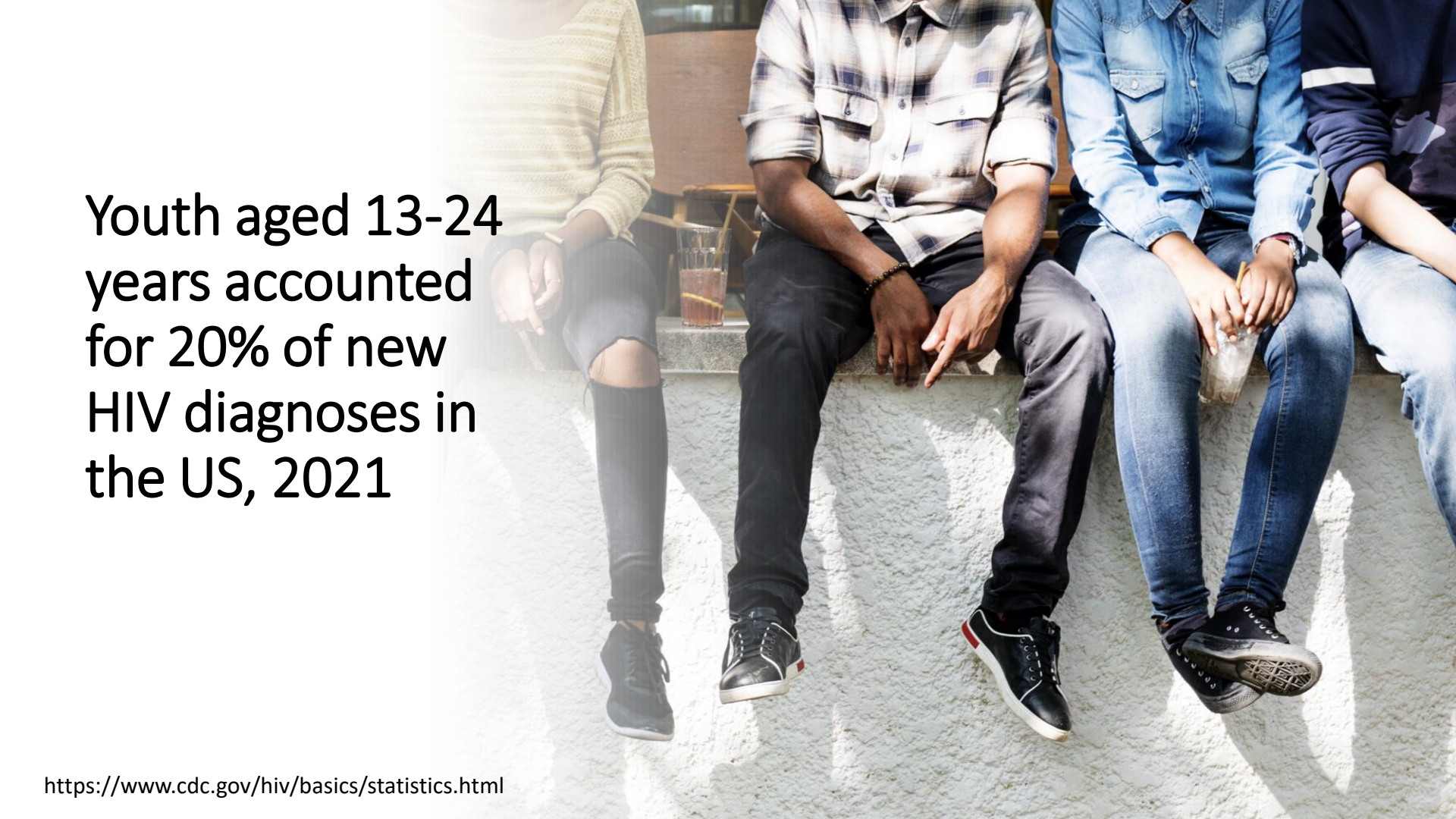
Black/African American women continue to be disproportionately affected by HIV.



\* Based on sex assigned at birth and includes transgender people. For more information about transgender people, visit CDC's [HIV and Transgender People](#) web content.

† *Black* refers to people having origins in any of the Black racial groups of Africa. *African American* is a term often used for people of African descent with ancestry in North America.

‡ Hispanic/Latina women can be of any race.

A photograph of four young people sitting on a concrete ledge outdoors. From left to right: a woman in a white patterned sweater and black leggings with a tear; a man in a plaid shirt and dark pants; a man in a blue denim shirt and jeans holding a drink; and a person in a dark hoodie and jeans. The scene is brightly lit, casting shadows on the ledge.

Youth aged 13-24  
years accounted  
for 20% of new  
HIV diagnoses in  
the US, 2021

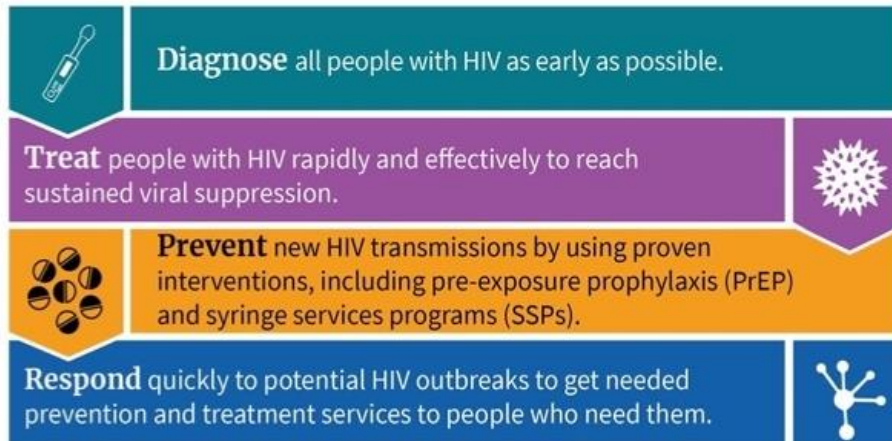
## Missed Opportunities

- Nearly **14%** of people living with HIV don't know it
- **80%** of new HIV infections are transmitted from people **who don't know they have HIV or are not retained in treatment**
- Only **25%** of people who could benefit from **HIV Pre-exposure prophylaxis (PrEP) are receiving it**
- African Americans and Latinx people are more **likely to acquire HIV and less likely to receive PrEP, than Whites**
- **Black women are 11 times** more likely to be infected compared to **white women**
- **Gay and bisexual men** account for **66%** of new HIV infections despite accounting for only **2%** of the US population
- Youth aged **13–24 years** account for **20%** of total new infections in 2021

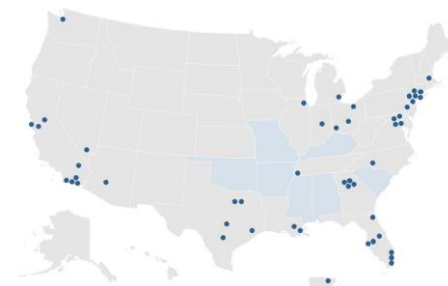
**7 in 10** people with HIV saw a healthcare provider in the 12 months prior to diagnosis and failed to be diagnosed

# The Ending the HIV Epidemic in the U.S. Initiative

## Key Strategies



## Geographic Focus

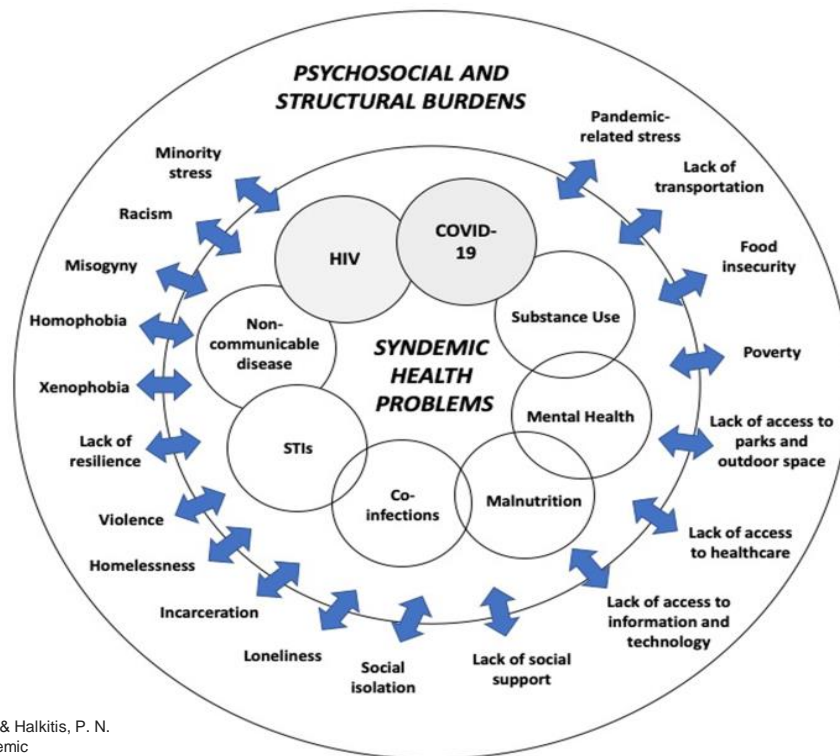


- 48 counties, DC, and San Juan accounted for 50% of HIV diagnoses in 2016 and 2017
- 7 states with substantial HIV diagnoses in rural areas

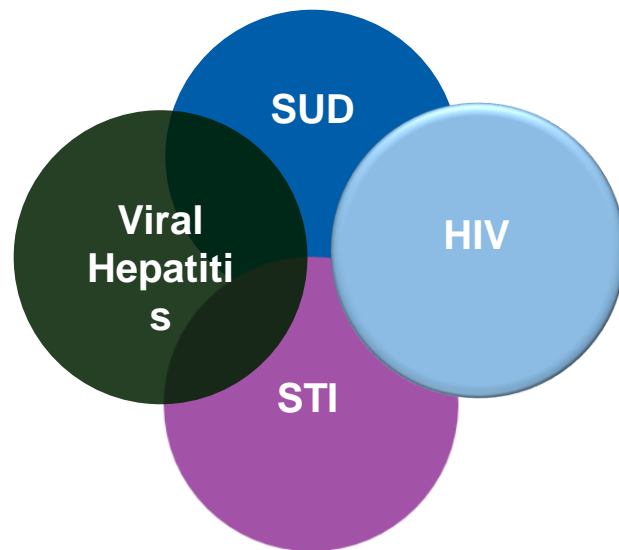
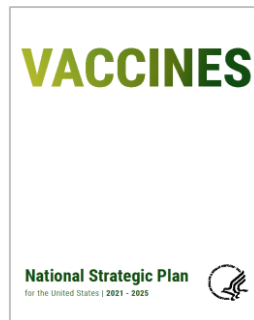
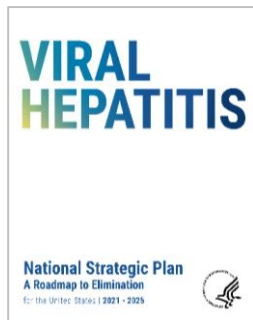
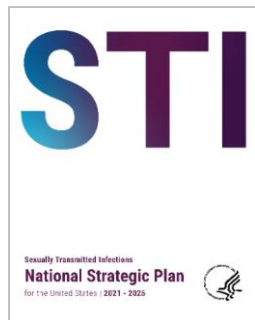
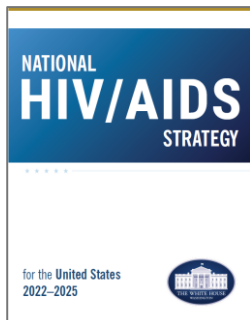
**GOAL:**

**75%**  
reduction in new HIV infections by 2025 and at least **90%** reduction by 2030.

## Addressing Syndemic to End HIV



# Engaging the Syndemic Across National Strategic Plans



Stigma, discrimination, and social determinants of health are integral to addressing the syndemic

### HHS 5-POINT STRATEGY TO COMBAT THE OPIOIDS CRISIS

<p><b>1</b></p> <p><b>Better</b> addiction prevention, treatment, and recovery services</p>	<p><b>2</b></p> <p><b>Better</b> data</p>	<p><b>3</b></p> <p><b>Better</b> pain management</p>	<p><b>4</b></p> <p><b>Better</b> targeting of overdose reversing drugs</p>	<p><b>5</b></p> <p><b>Better</b> research</p>
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## Federal Response to mpox- 1 year later

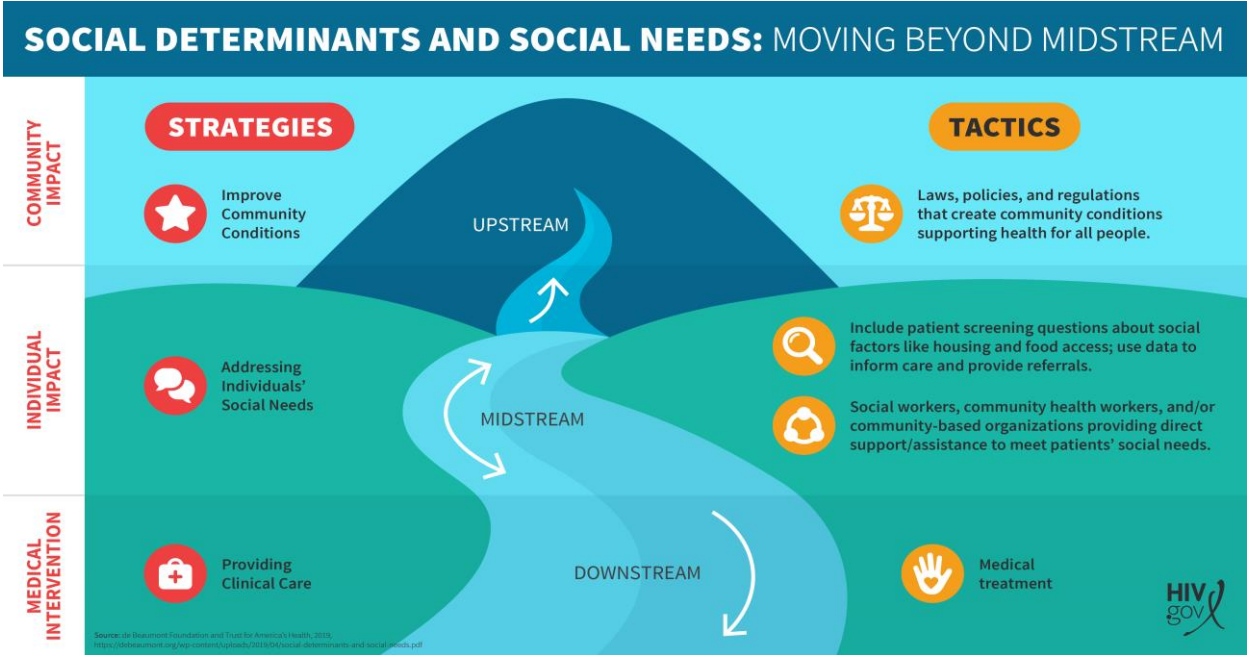
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- HHS launched an urgent, whole of government-community-centered response to address the outbreak, which resulted in the deployment of tests, vaccines, and treatments nationwide.
- Collectively, the Administration's efforts aim to expand vaccination for individuals at risk and make testing more convenient for healthcare providers and patients across the country.

### Preparing for the summer months and potential surge

- ["Get Healthy and Ready for Summer 2023"](#) - by including mpox vaccination as part of a package of sexual health services that includes HIV and STI testing, treatment, and prevention.
- [Federal Resources About mpox](#) Find federal resources on mpox and HIV targeting consumers, clinicians, grantees, and other audiences – [HIV.gov](#)

# Advancing Equity and Support for Underserved Communities to Address Syndemics



## Whole-of-Society Initiative

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# Join US: 77<sup>th</sup> Presidential Advisory Council on HIV/AIDS (PACHA) Meeting in Phoenix, Arizona

JOIN THE  
**77<sup>TH</sup> PACHA Meeting**  
in Phoenix, AZ

June 28 & 29  
9:00AM MST

➤ **Kimpton Hotel**  
2 East Jefferson Street  
Phoenix, AZ 85004



#PACHA

TUNE IN AT [WWW.HHS.GOV/LIVE](http://WWW.HHS.GOV/LIVE)





**OASH** | Office of the  
Assistant Secretary  
for Health

# Thank you!

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Contacts:

CDR Michelle Sandoval-Rosario: [Michelle.Sandoval-Rosario@hhs.gov](mailto:Michelle.Sandoval-Rosario@hhs.gov)

LT Alberto Pina: [Alberto.Pina@hhs.gov](mailto:Alberto.Pina@hhs.gov)

# Expanding HIV Pre-Exposure Prophylaxis (PrEP) Services and Mpox Prevention in Maricopa County

**Melanie Taylor, MD, MPH**  
**Arizona Department of Health Services**  
**U.S. Centers for Disease Control and Prevention**  
**June 15, 2023**



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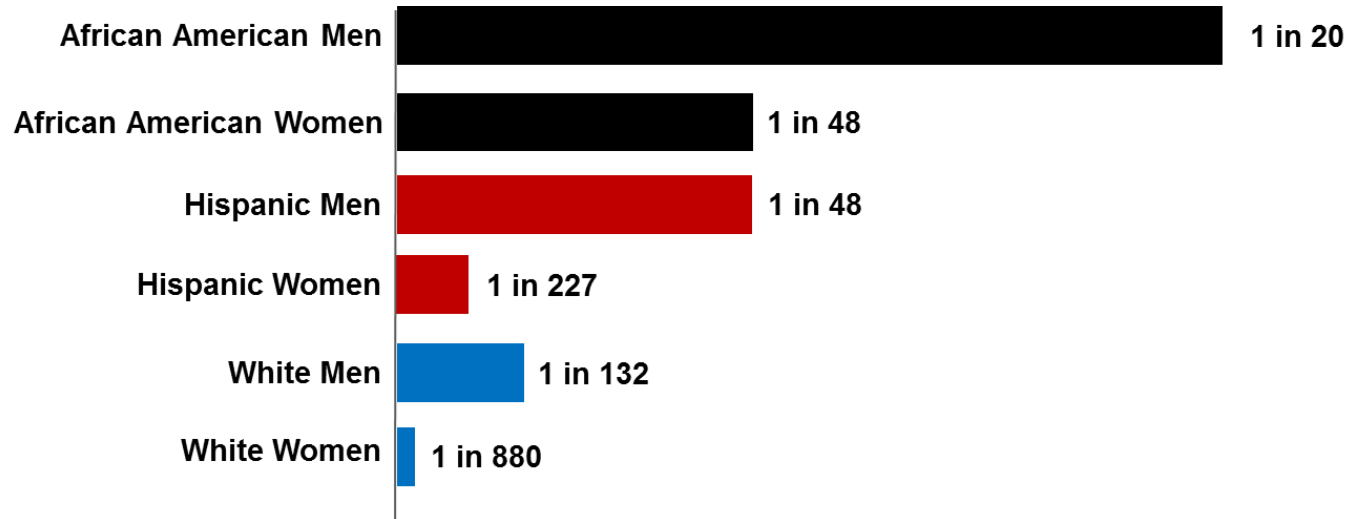
# EPIDEMIOLOGICAL DATA



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# Lifetime Risk of HIV Diagnosis by Race/Ethnicity and Sex



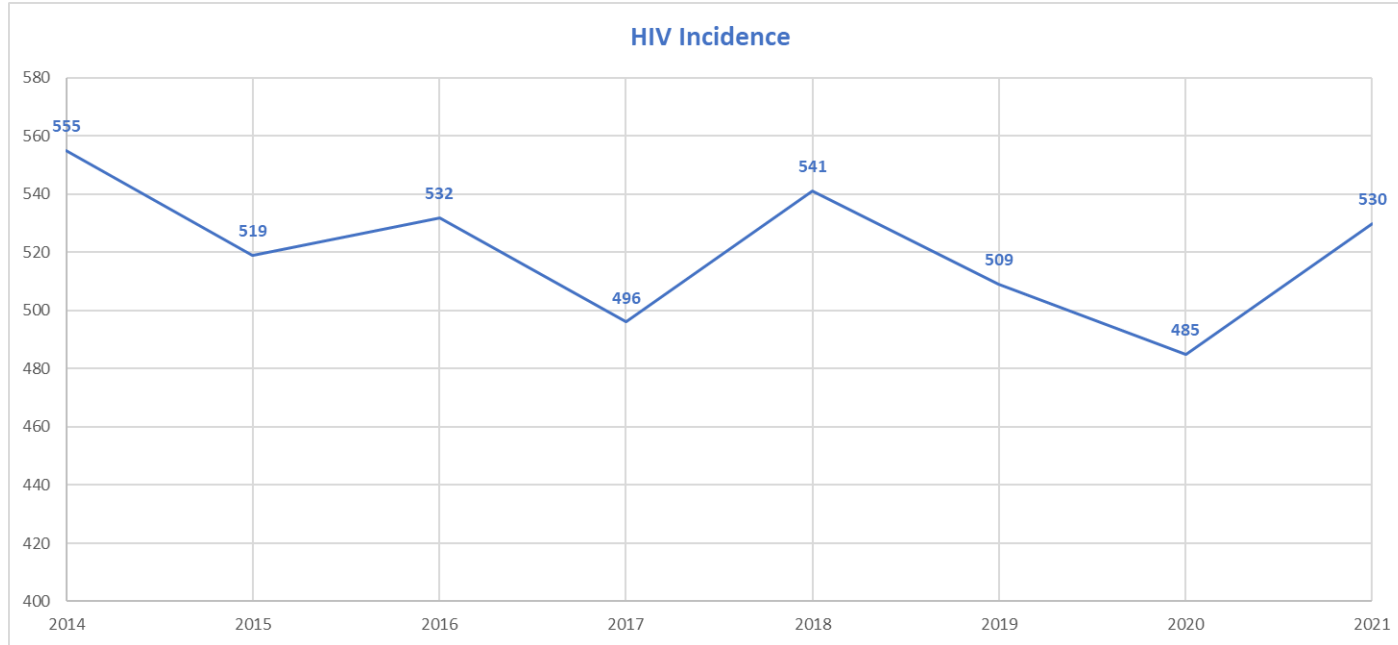
- Lifetime risk for men who have sex with men (MSMs):
  - 1 in 2 black MSM; 1 in 4 Hispanic MSM; 1 in 11 white MSM

<http://www.cdc.gov/nchhstp/newsroom/2016/croi-2016.html#Graphics> accessed Sept. 2016





# Number of Persons Newly Diagnosed with HIV/AIDS, Maricopa County, 2014-2021\*

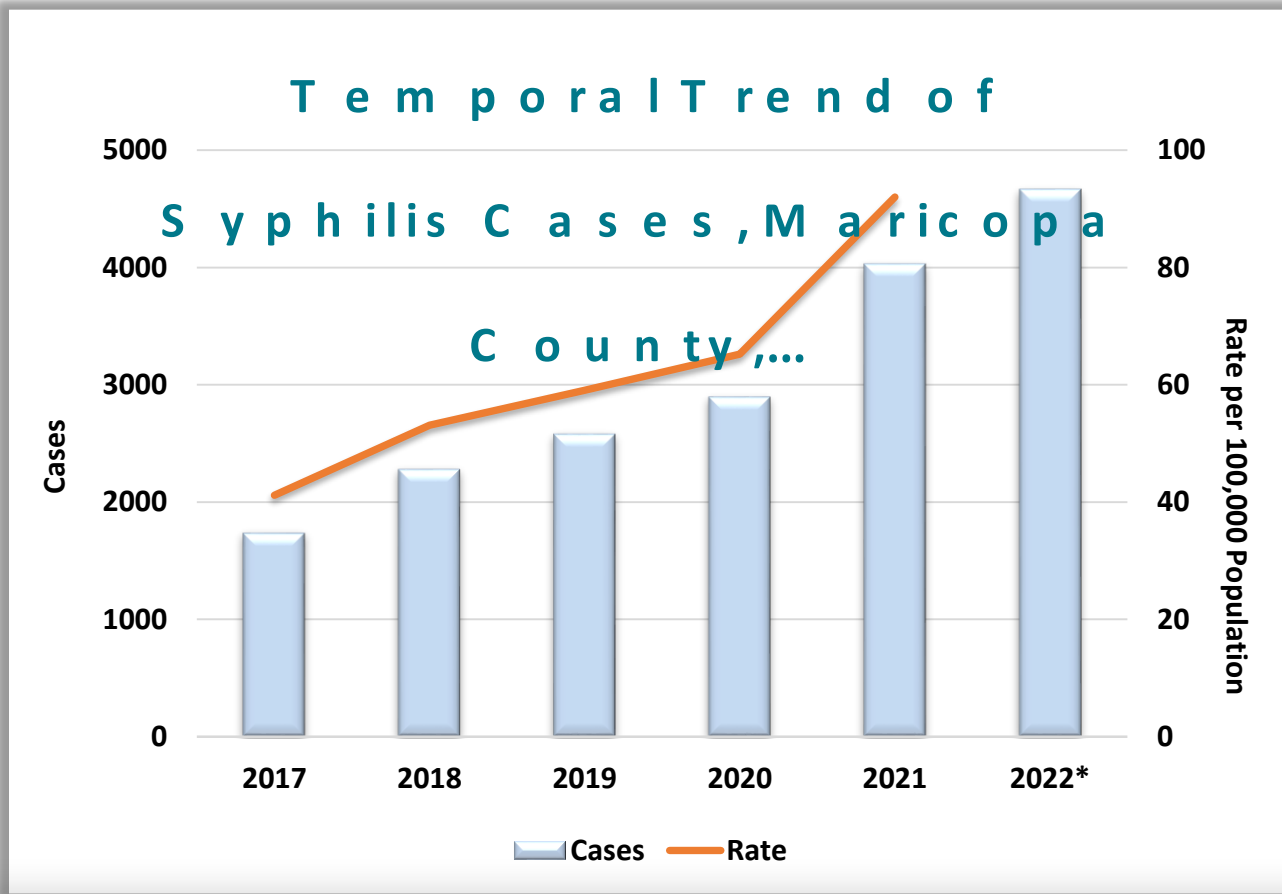


\*The decrease in incident HIV cases in 2020 may be due to the COVID-19 pandemic.



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Stages included - primary, secondary, early latent, late latent, and unknown duration. 2022 data preliminary

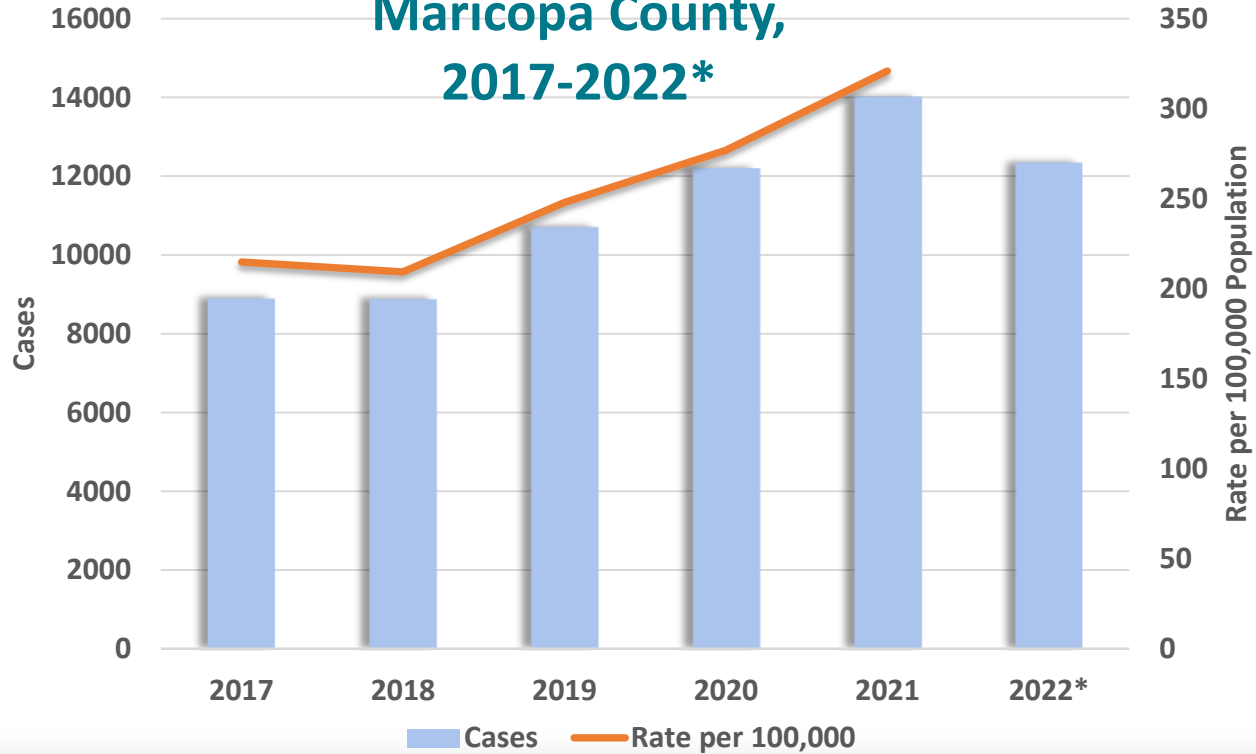
Source: Arizona Department of Health Services (ADHS) Patient Reporting Surveillance Investigation System (PRISM)



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## Temporal Trend of Gonorrhea Cases, Maricopa County, 2017-2022\*



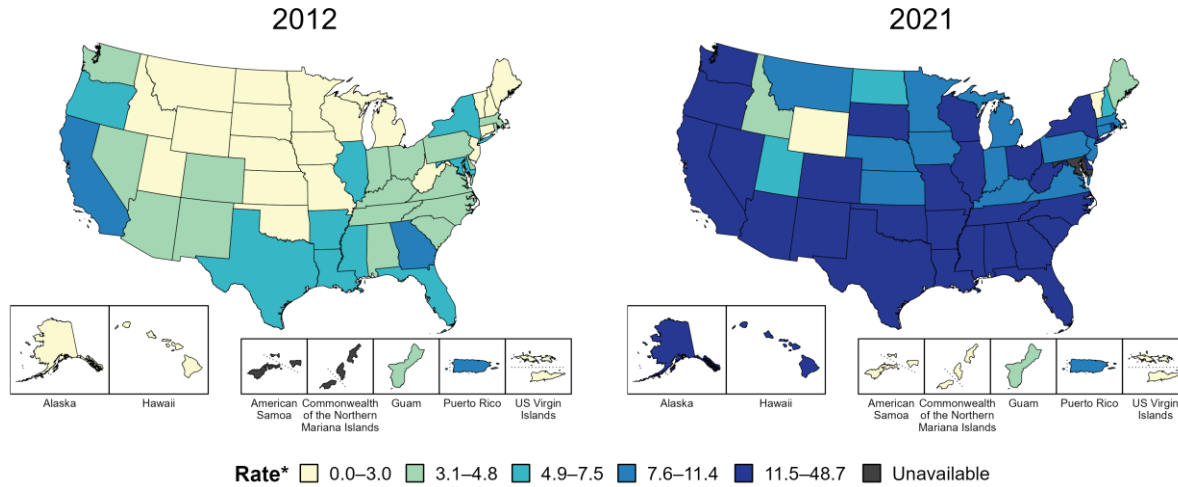
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2022 data preliminary

Source: Arizona Department of Health Services (ADHS) Patient Reporting Surveillance Investigation System (PRISM)

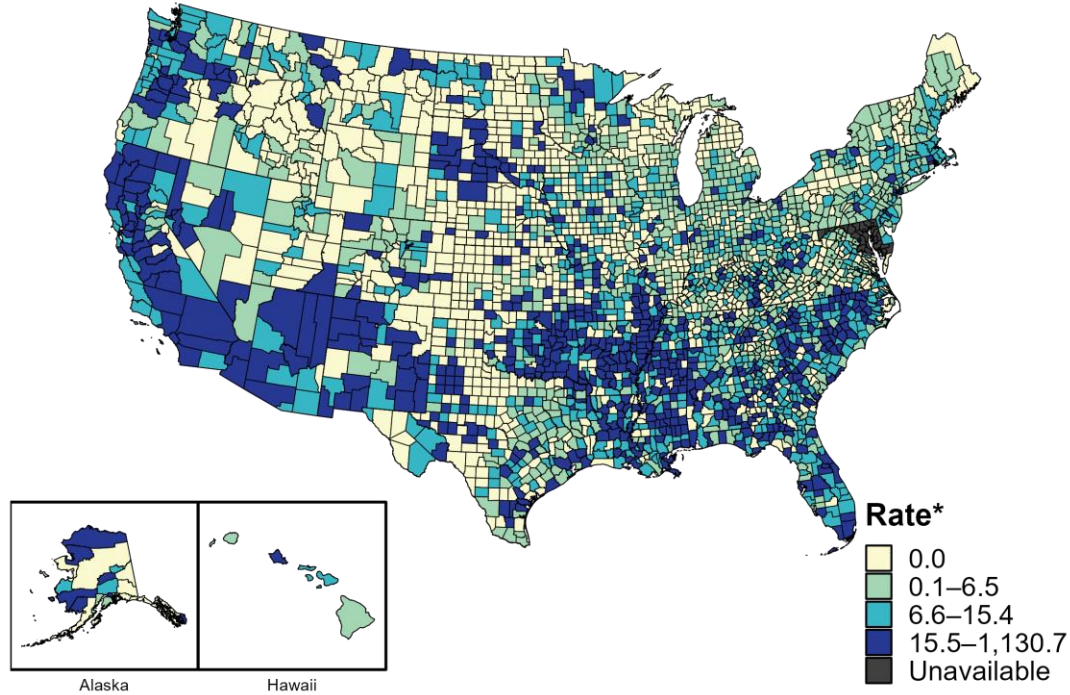
# Primary and Secondary Syphilis — Rates of Reported Cases by State, United States and Territories, 2012 and 2021



- \* Per 100,000
- <https://www.cdc.gov/std/statistics/2021/figures.htm>



# Primary and Secondary Syphilis — Rates of Reported Cases by County, United States, 2021



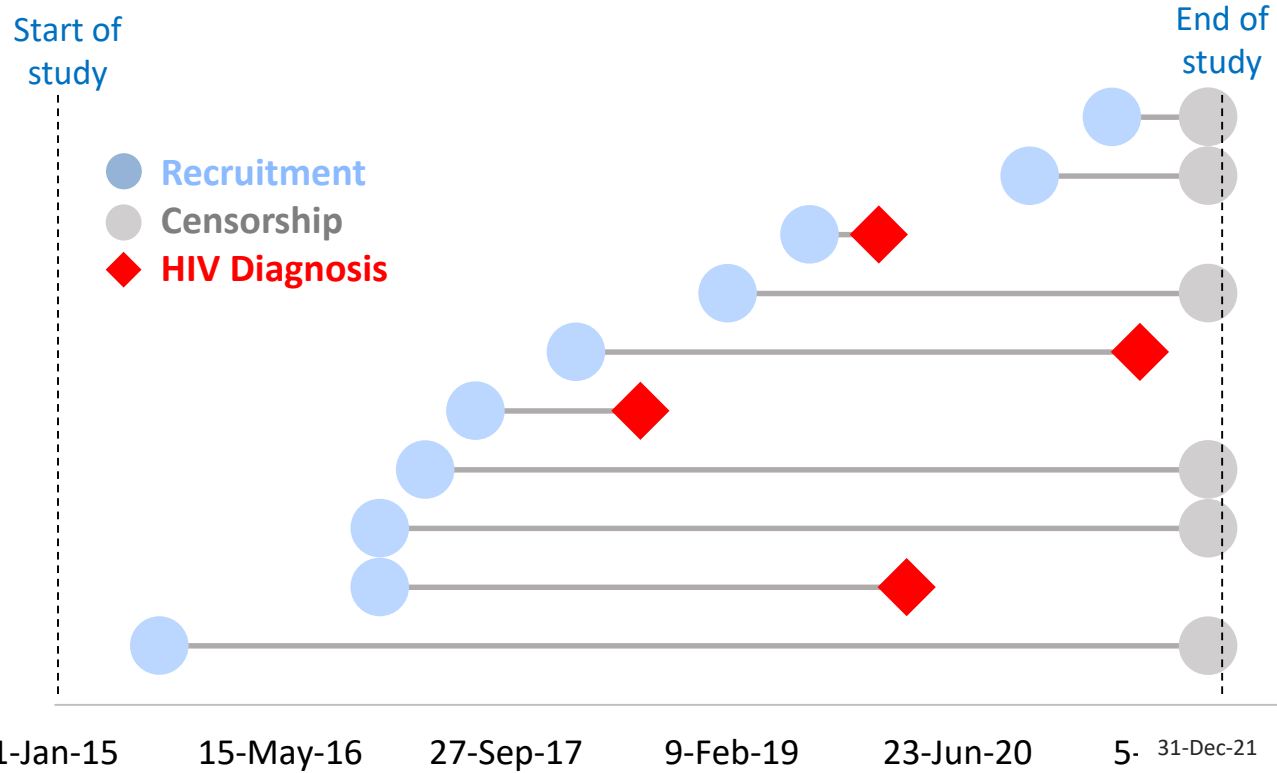
- \* Per 100,000
- <https://www.cdc.gov/std/statistics/2021/figures.htm>



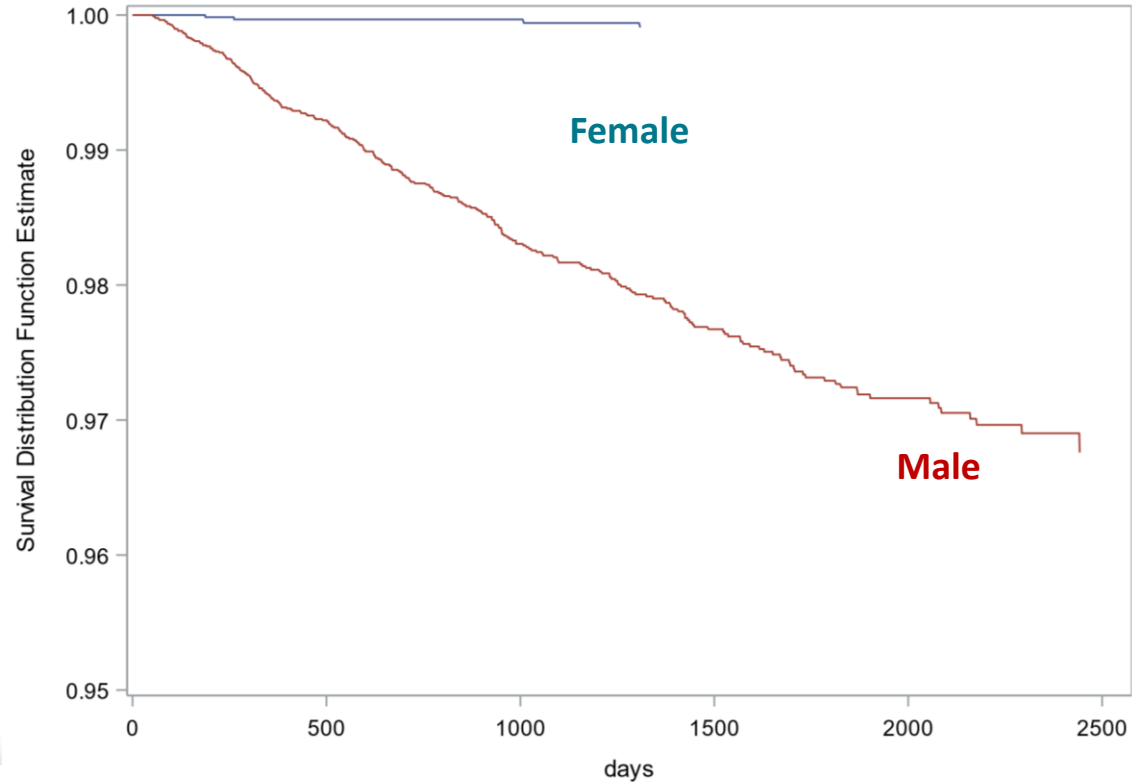
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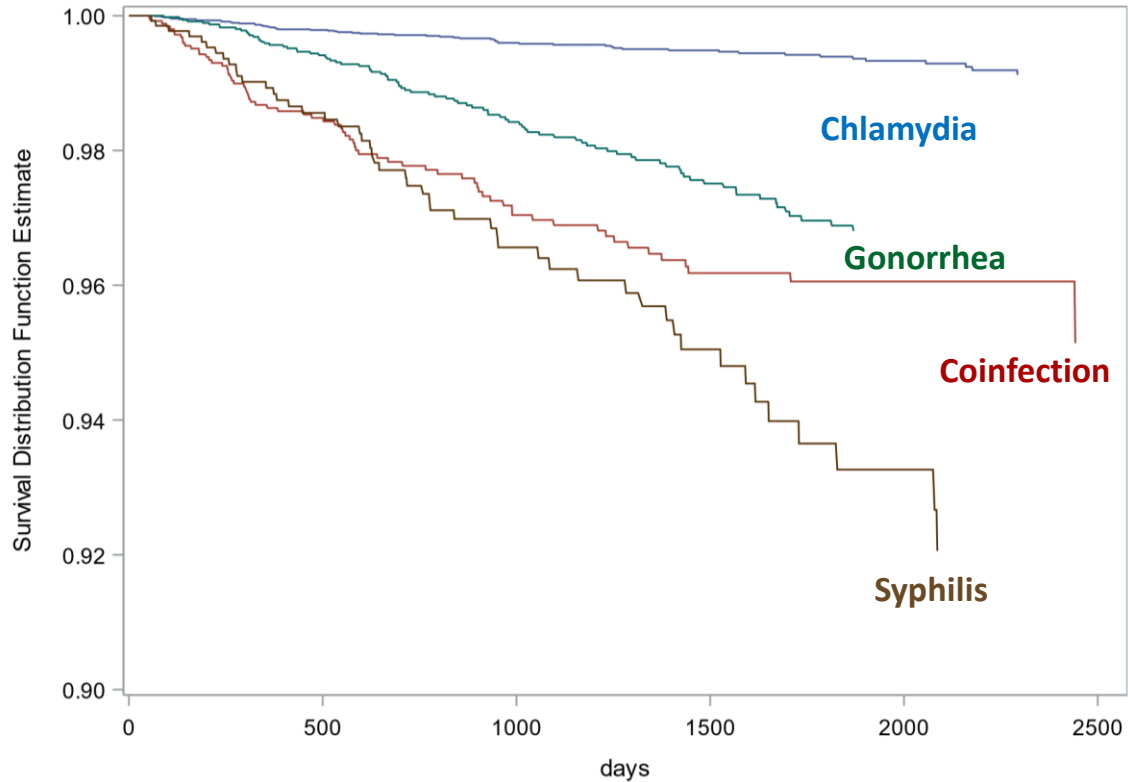
# Maricopa County analysis of HIV incidence among patients with STIs diagnosed at the STD Clinic: Preliminary analysis and findings



# Time to HIV diagnosis, by Sex



# Time to HIV diagnosis, by STD







# PREVENTING HIV WITH PREP



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# What is PrEP?

- A method of reducing acquisition of HIV to be used with other prevention practices
- Once-daily oral dosing of a combination pill
  - **Tenofovir disoproxil fumarate + emtricitabine (Truvada)**
    - Effective in men and women
  - **Tenofovir alafenamide + emtricitabine (Descovy)**
    - For use in cis-gender men or transgendered women only
- Cabotegravir given IM monthly x 2 doses then every two months
- USPSTF rating of “A” (June 2019)
  - *“When taking PrEP daily or consistently (at least 4 times per week), the risk of acquiring HIV is reduced by about 99%\*\*.”*



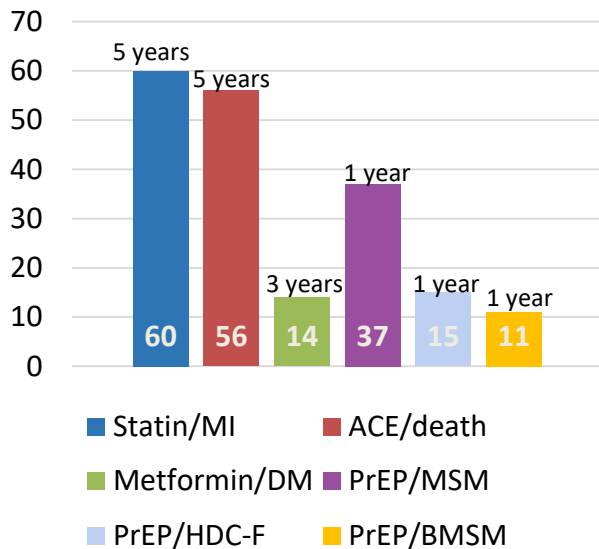
# Increase Awareness of PrEP as an Option

- **NEW RECOMMENDATION:** *“All sexually active adult and adolescent patients should receive information about PrEP.”*
- Encourage providers to offer PrEP as a core primary care service
  - Reduce missed opportunities for PrEP provision and HIV prevention
- Increase knowledge of PrEP among potential users
  - Allow consideration of immediate or future use and PrEP requests
- Increase knowledge of PrEP in the community
  - Recommend PrEP to others or support use by family or friends



# Is it Worth It?

## Number Needed to Treat



## Missed Opportunities

- In NYC, among HIV seroconverters 2012-2017
  - **42%** had a prior negative HIV test visit without provision of PrEP
- In SC, among HIV seroconverters 2013-2016
  - **25%** had a diagnosis of gonorrhea or syphilis at a prior healthcare visit without provision of PrEP
- In the VA, among patients with indications for PrEP,
  - **35%** experienced delays receiving PrEP ranging from six weeks to 16 months.
- In AL, among adolescents at a primary care center
  - **44%** had a PrEP indication. None were offered/prescribed PrEP



# Make it Simple


- **Inform all sexually active patients about PrEP availability**
- **Use Electronic Medical Records**
  - Implement routine HIV testing
  - Offer PrEP to all diagnosed with syphilis or gonorrhea
- **Take a team approach**
- **Add select questions to paper or digital health history form**

**What if there were a pill that could help prevent HIV?**

**There is.**

**Ask your doctor if PrEP is right for you.**

Pre-exposure prophylaxis: A daily pill to reduce risk of HIV infection

[www.cdc.gov/hiv/basics/prep.html](http://www.cdc.gov/hiv/basics/prep.html) 



# Ask simple questions of *every* patient

1. Are you sexually active?
2. If yes, Do you have sex with men, women or both?
3. Do you have a partner with HIV?
4. Have you recently had sex with one or more partners without using a condom?
5. Have you had a bacterial sexually transmitted infection in the past six months?
6. Do you use or have you recently used injection drugs?



## Testing Procedure for Determining HIV Status

- Starting/restarting PrEP for persons with no recent antiretroviral use
  - Lowered HIV-1 RNA threshold for retesting for possible false positive result
- Restarting/continuing PrEP for persons with recent antiretroviral use
  - New algorithm using qualitative or quantitative HIV-1 RNA assays



## PrEP Champion

# Workshops and Trainings on PrEP

- **Academic Detailing in Arizona:**  
*Peer Support and Technical Assistance To Implement PrEP in Your Clinic*  
For more information, email [rocko.cook@azdhs.gov](mailto:rocko.cook@azdhs.gov)
- **Arizona AIDS Education and Training Center (AETC):**  
For more information, visit <https://aidsetc.org/aetc-program/paetc-arizona>
- **Pacific AIDS Education and Training Center (PAETC):**  
For more information, visit <https://paetc.org>
- **AIDS Education Training Centers, National Resource Center:** <http://www.aids-ed.org>





# Connecting to PrEP Services in Arizona

## Central Navigation Agencies (information and referrals statewide):

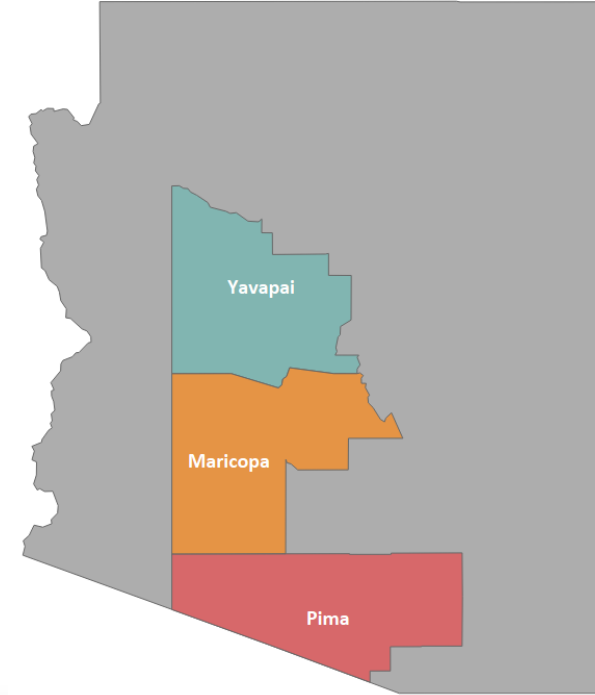
**Maricopa County Department of Public Health** [www.stdAZ.org](http://www.stdAZ.org)  
(602) 372-7737 or (602) 372-4425

**Area Agency on Aging – Care Directions**  
(602) 241-6100  
[preppep@aaaphx.org](mailto:preppep@aaaphx.org)

## For a Full Directory Visit:

<https://HIVaz.org> (English)

<https://VIH.org> (Spanish)



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[www.PrEPlocator.org](http://www.PrEPlocator.org)

## PrEP Providers in Maricopa County

<b>Planned Parenthood AZ Inc.</b> 4751 N 15 <sup>th</sup> St Phoenix, Arizona 85014 (602)277-7526	<b>One Medical</b> 2201 E Camelback Rd Phoenix, Arizona 85016 (888) 663-6331	<b>Native Health</b> 4041 N Central Ave Phoenix, Arizona 85012 (602) 279-5262
<b>Indian Health Service</b> 4212 N 16 <sup>th</sup> St Phoenix, Arizona 85016 (602) 263-1200	<b>Family Practice Specialists</b> 4600 E Shea Blvd Phoenix, Arizona 85025 (602)955-8700	<b>Camelback Mountain Medical Associates</b> 120 E Monterey Way Phoenix, Arizona 85012
<b>Phoenix Children's Hospital</b> 1919 E Thomas Rd Phoenix, Arizona 85016 (602) 933-0955	<b>Spectrum Medical Group</b> 52 E Monterey Way Phoenix, Arizona 85012 (602) 604-9500	<b>FIT Health Care</b> 300 W Clarendon Ave Phoenix, Arizona 85013 (602) 279-5049
<b>Arizona Pulmonary Spec.</b> 3330 N 2 <sup>nd</sup> St Phoenix, Arizona 85012 (602) 274-7195	<b>Your Health and Wellness</b> 3326 N 3 <sup>rd</sup> Ave Phoenix, Arizona 85013 (602) 625-7944	<b>First Family Medical Group</b> 1444 W Bethany Home Rd Phoenix, Arizona 85013
<b>Pueblo Family Physicians</b> 4350 N 19 <sup>th</sup> Ave Phoenix, Arizona 85015 (602 ) 264-9191	<b>CAN Community Health</b> 4350 N 19 <sup>th</sup> Ave Phoenix, Arizona 85015 (602) 661-0666	<b>Southwest Center for HIV/AIDS</b> 1101 N Central Ave Phoenix, Arizona 85004 (602) 307-5330
<b>Valleywise Health</b> 1101 N Central Ave Phoenix, Arizona 85004 (602) 433-6550	<b>Chicanos por La Causa</b> 6850 W. Indian School Rd. Phoenix, AZ 85033 (623) 247-0464	<b>Be Well Family Care</b> 1492 S. Mill Ave., Ste. 212 Tempe, Arizona 85281



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# Providers in Arizona can Receive Free HIV Test Kits

- **Type of Tests: Point-of-Care (POC) Rapid Tests**
  - HIV Antigen/Antibody (Ag/Ab Combo) Test (Results within 20 minutes)
  - HIV Antibody (Ab Test) (Results within 1 minute)
- **POC devices proven to be easy to transport, operate, and maintain.** (Arora, D. R., Maheshwari, M., & Arora, B.,2013)
- **Leads to timely linkage and referral to prevention/ care services.**
- **There are requirements and limitations for this program- to discuss and for more information, contact:**  
[Deborah.Reardon@azdhs.gov](mailto:Deborah.Reardon@azdhs.gov)





# PREVENTING MPOX THROUGH VACCINATION



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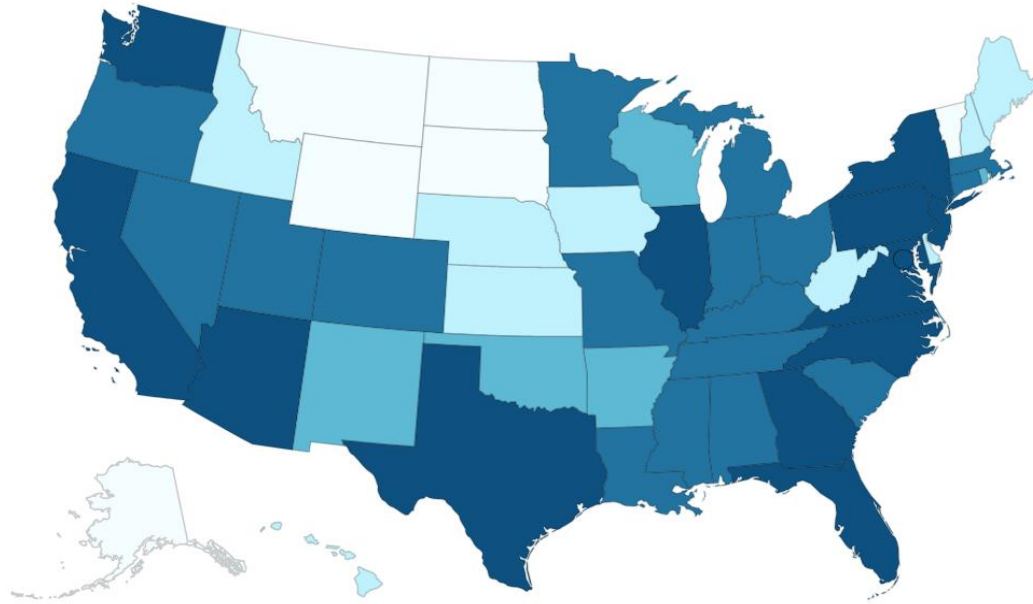
# Mpox 2022-2023

- Mpox is an orthopox virus endemic to central and west Africa first identified in 1958. An animal reservoir is suspected but not identified
- Prior to 2022 most cases in humans were associated with animal exposure although since 2017 outbreak investigations proposed sexual transmission.
- In May of 2022, a world-wide outbreak of mpox clade IIb occurred mostly in gay, bisexual and other men who have sex with men.
- The US outbreak peaked in early August of 2022. Total US cases as of June 2023 are just over 30,000 and there have been 42 deaths mostly in immunosuppressed persons/persons with uncontrolled or undiagnosed HIV-infection.



# Mpox Surveillance as of June 7, 2023

30,468 cases, 42 deaths



Territories

PR



1 to 10

51 to 100

>500

11 to 50

101 to 500



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<https://www.cdc.gov/poxvirus/mpox/response/2022/index.html>

# MPOX in 2022 & 2023

- Mpx can be considered a sexually transmitted infection and an opportunistic infection.
  - Transmission through non-sexual skin to skin contact through contaminated instruments has been reported.
- In May 2023 a cluster of new infections (about 30 at this time) was reported in Chicago. Many infections were in previously fully vaccinated persons. Most cases were very mild.
- In May 2023 an infection was diagnosed in Phoenix in a fully vaccinated person after about 3 months with no new diagnoses in the state.



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# ARIZONA Mpox DATA SUMMARY

Updated weekly on Monday

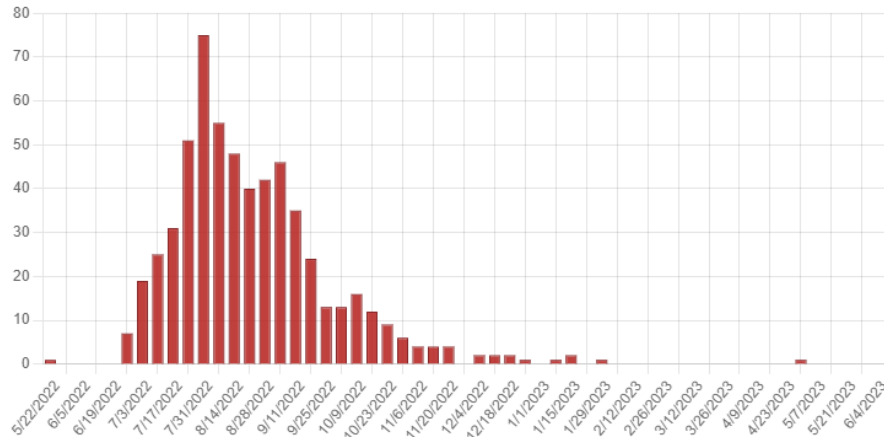
Last updated 5/30/2023

Cases
<b>592</b>

Hospitalizations
<b>14</b>

Deaths
<b>0</b>

Cases by Week of Disease Onset\*



\*Illness in the past week may not be reported

County	Percentage	Total
MARICOPA	88.5%	524
PIMA	7.8%	46
PINAL	1.9%	11
GILA	1.4%	8
COCONINO	0.5%	3
Grand Total	100.0%	592



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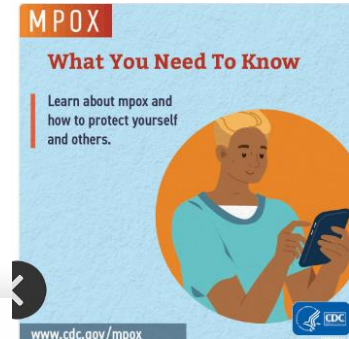
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<https://www.azdhs.gov/preparedness/epidemiology-disease-control/mpox/dashboard/>



# Vaccination To Prevent Mpox

- Vaccination is an important tool in stopping the spread of mpox.
- JYNNEOS is a 2-dose vaccine developed to protect against mpox and smallpox infections. People need to get both doses of the vaccine for the best protection against mpox. The second dose should be given 4 weeks after the first dose.
- People who are vaccinated should continue to avoid close, skin-to-skin contact with someone who has mpox.
- <https://www.cdc.gov/poxvirus/mpox/vaccines/index.html>



# Not Enough At-Risk Persons Vaccinated

- Mpox vaccine coverage is the estimated proportion of people who have received JYNNEOS vaccination divided by the population recommended to receive the vaccine. This metric helps assess how well the population at risk is protected from mpox.



- At Least One Dose Coverage ● Fully Vaccinated (Second Dose) Coverage

- For more information:

<https://www.cdc.gov/poxvirus/mpox/cases-data/mpx-jynneos-vaccine-coverage.html>



# Vaccination To Prevent Mpox

- Given adequate vaccine supply *subcutaneous* administration is preferred.
- Patients should be cautioned that infection after full vaccination IS possible.
- Clinical observation suggests infection is vaccinated persons may be milder.
- Vaccine is available at no cost to patients @ Maricopa County Health Department 1645 East Roosevelt Street, Phoenix, 85006. Contact [isabel.evans@azdhs.gov](mailto:isabel.evans@azdhs.gov) for assistance if needed.



[Vaccines](#) | [Mpox](#) | [Poxvirus](#) | [CDC](#)



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# Vaccination To Prevent Mpox

- Persons who have had only one dose and are outside the 4-week window should be given a second dose as soon as possible. Currently a new vaccine series is NOT recommended.
- Current guidance is that persons who have had a confirmed diagnoses of mpox infection do not need vaccination.
- Mpox vaccination should be part of comprehensive sexual healthcare
  - HIV screening, PrEP, PEP
  - Multisite STI screening (syphilis, gonorrhea, chlamydia)
  - HCV and HBV screening, immunization and treatment
  - Other indicated immunizations
  - (DoxyPEP and PrEP/ Awaiting CDC guidance)



# Questions?



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# THANK YOU

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# JYNNEOS Vaccine Effectiveness

- JYNNEOS vaccine is effective at reducing the risk of mpox, with two doses providing the best protection.
- Vaccine effectiveness (VE) measures how well vaccination works under real-world conditions to protect people against infection, symptomatic illness, hospitalization, and death. For instance, 70% VE means that the number of vaccinated people who are ill is 70% lower than the number of unvaccinated people who are ill.
- Multiple studies are needed to generate reliable, real-world VE estimates. These studies show JYNNEOS can reduce the risk of mpox illness, with two doses providing the best protection. No vaccine is 100% effective. People who have been vaccinated can still get mpox, but vaccination may make illness less severe.
- For more information:  
<https://www.cdc.gov/poxvirus/mpox/cases-data/JYNNEOS-vaccine-effectiveness.html>



# Applying Guidelines and Resources to Clinical Practice

Jose Rodriguez-Garcia, MD

Medical Director – Spectrum Medical Care Center

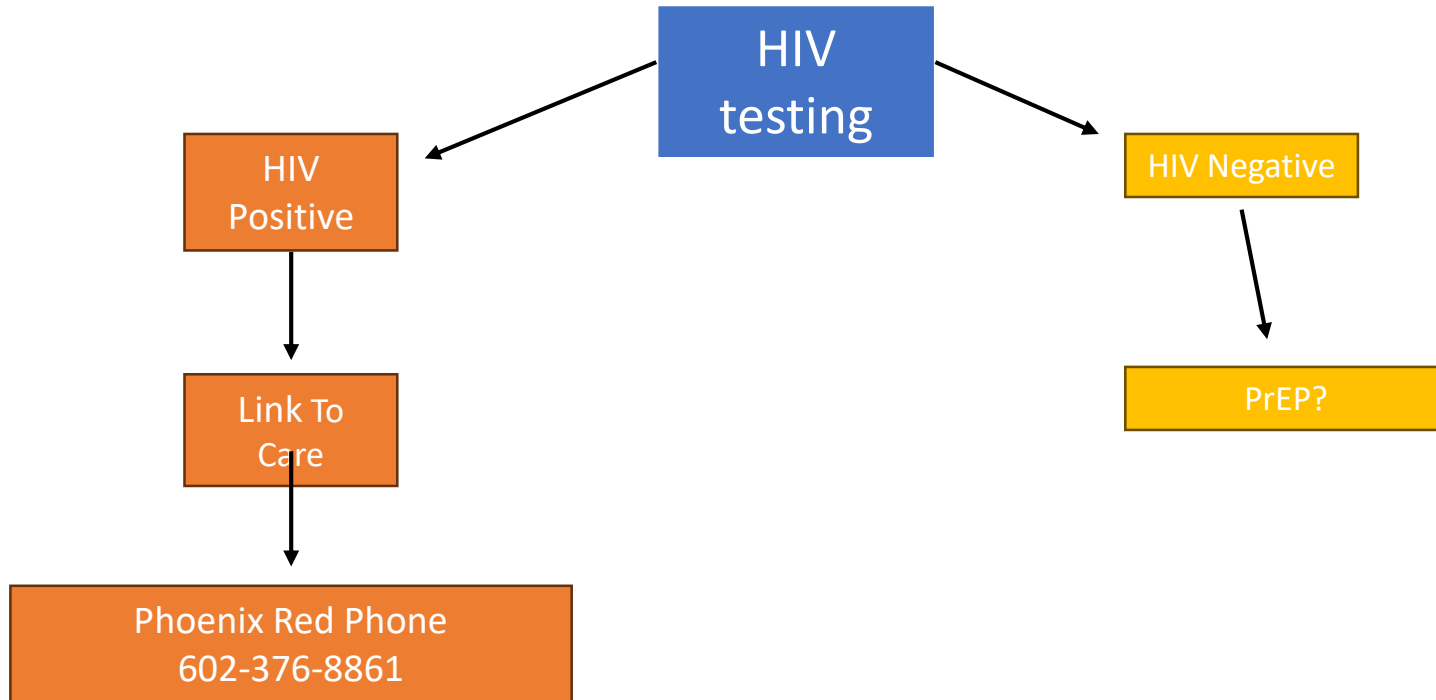
Phoenix, Az



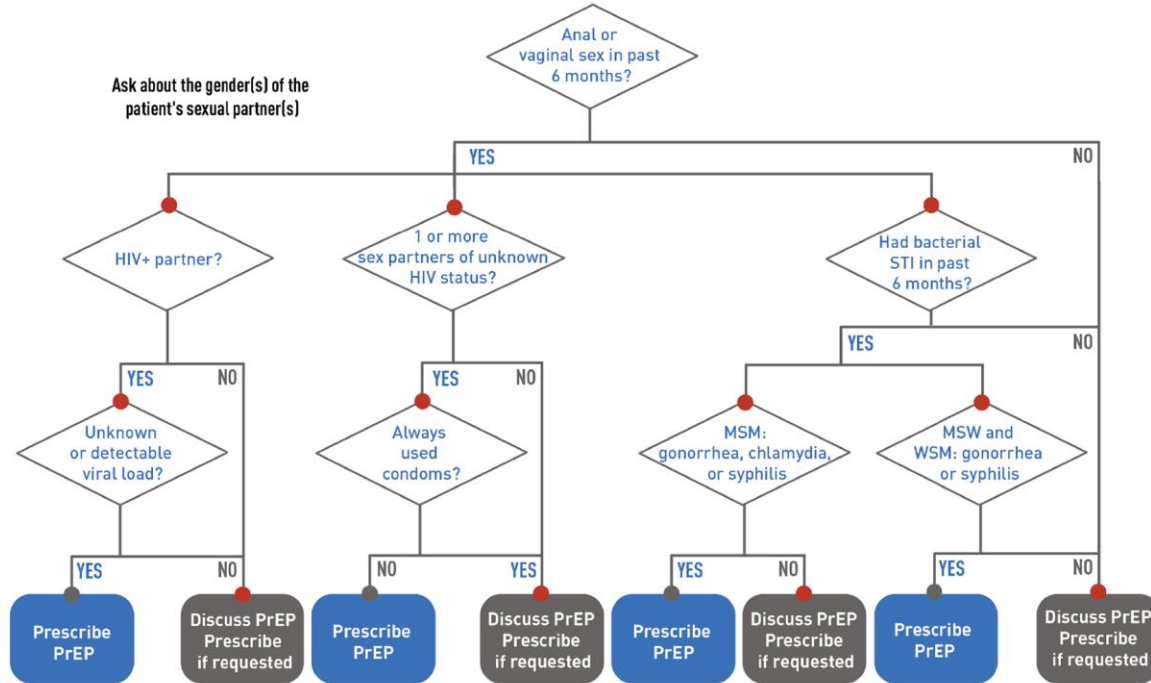
# Opt-Out HIV testing

- The Centers for Disease Control and Prevention (CDC) recommends all patients **between the ages of 13 and 64** get tested for HIV at least once as part of routine health care
- Use an opt-out approach to remove the stigma associated with HIV testing and foster earlier diagnosis and treatment





## Assessing Sexually Active Patients



MSM: gay, bisexual, and other men who have sex with men

MSW: men who have sex with women

STI: sexually transmitted infection

WSM: women who have sex with men

# 5 P's Sexual History

1. Partners
2. Practices
3. Protection from STIs
4. Past History of STIs
5. Pregnancy Intention



Partners



Practices



Past History  
of STDs



Protection  
from STDs



Pregnancy  
Plans

# PrEP Resources

- County Public Health Department
- [hivaz.org](http://hivaz.org)
- [pleaseprepme.org](http://pleaseprepme.org)
- Care Directions (602)241-6100
- CPLC LUCES (Latinos Unidos Contra el Sida/ Latinos United Against AIDS)



# Mpox Vaccine

- People who have been identified by public health officials as a contact of someone with mpox
- People who in the past 12 months have had:
  - A new diagnosis of one or more reportable sexually transmitted diseases (i.e., acute HIV, chlamydia, gonorrhea, or syphilis)
  - More than one sex partner
- People who have had any of the following in the past 6 months:
  - Sex at a commercial sex venue
  - Sex in association with a large public event in a geographic area where mpox transmission is occurring
- Sexual partners of people with the above risks
- People who anticipate experiencing the above risks
- Health care providers who work in settings where exposure to mpox infection is anticipated on a daily basis, such as:
  - Lab workers who routinely work with mpox specimens
  - Health care providers who work in sexual health/STI clinics
  - Health care providers who work in settings primarily serving LGBTQIA+ communities

# Contact Information

- [Jose.rodriuezgarcia@spectrummedicalcareaz.com](mailto:Jose.rodriuezgarcia@spectrummedicalcareaz.com)

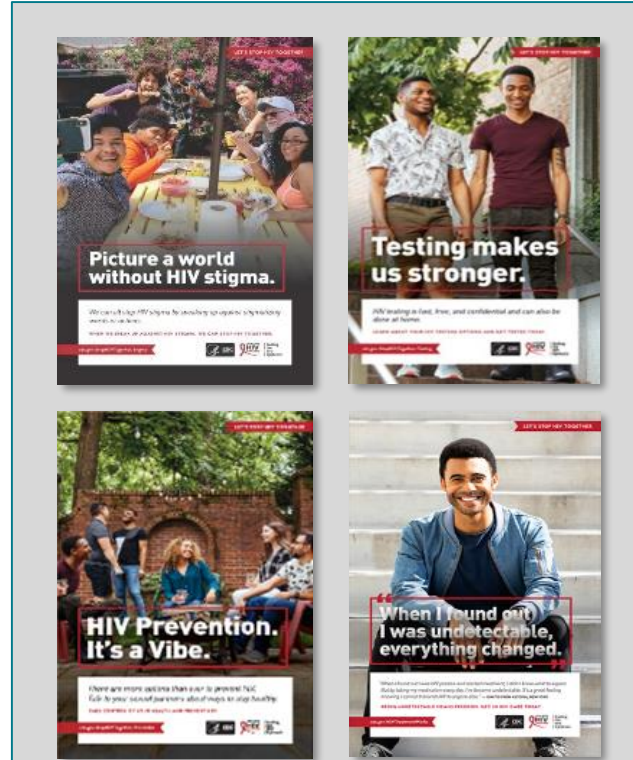
# Q&A Discussion



# The CDC HIV Campaign: *Let's Stop HIV Together*™

## Content Areas:

- Stigma/Patient-Centered Care
- Testing
- Prevention
- Treatment and Care



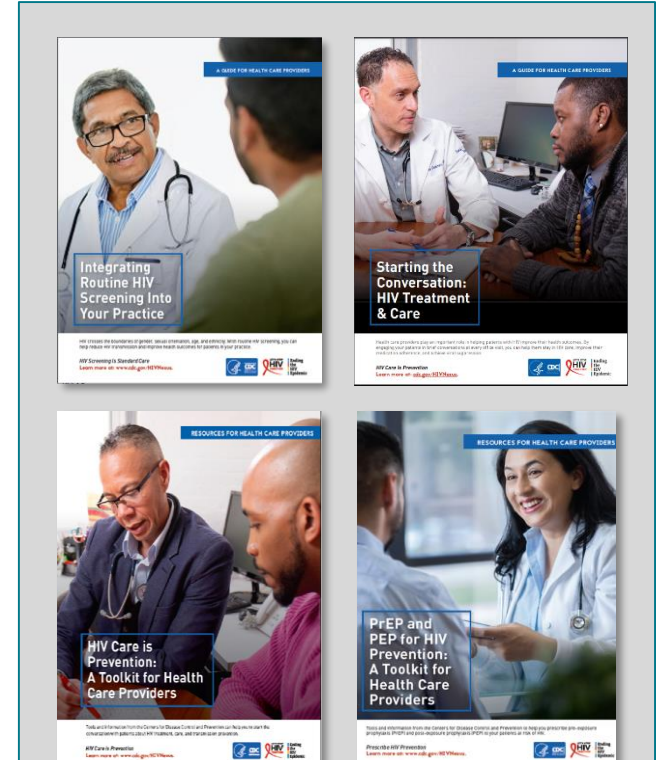
**Picture a world without HIV stigma.**  
Let's face it: Living with HIV stigma is something you probably only realize you're doing when it's not there.

**Testing makes us stronger.**  
HIV testing is fast, free, and confidential and can allow the best care for you.

**HIV Prevention. It's a Vibe.**  
There are more options than ever to prevent HIV. Get to your local partner site today to stay healthy.

**When I found out I was undetectable, everything changed.**  
When I found out my HIV status and that I was undetectable, I felt like I was starting over. It's not just about the virus being undetectable, it's about the stigma being undetectable, too.

**Consumers**



**A GUIDE FOR HEALTH CARE PROVIDERS**

**Integrating Routine HIV Screening Into Your Practice**  
We created the foundation of patient, social, emotional, and behavioral risk factors for screening you can integrate into your practice.

**Starting the Conversation: HIV Treatment & Care**  
There are a lot of options for HIV treatment. We created a guide to help you understand the options and how to start the conversation with your patient.

**RESOURCES FOR HEALTH CARE PROVIDERS**

**HIV Care is Prevention: A Toolkit for Health Care Providers**  
This toolkit provides health care providers with information on how to integrate HIV prevention into their practice.

**RESOURCES FOR HEALTH CARE PROVIDERS**

**PrEP and PEP for HIV Prevention: A Toolkit for Health Care Providers**  
This toolkit provides health care providers with information on how to integrate HIV prevention into their practice.

**Clinicians**

# HIV Nexus: A Clinical Resource

- <https://www.cdc.gov/hiv/clinicians/index.html>
- Serves as a one-stop hub for resources designed to support clinicians
- Contains latest research and information on HIV prevention, screening, and treatment
- Provides access to free continuing medical education programs
- Highlights CDC guidelines and recommendations
- Includes patient education materials



**HIV NEXUS**  
CDC RESOURCES FOR CLINICIANS

A one-stop location for information across the HIV prevention and care spectrum, including up-to-date tools and guidelines for your practice and educational materials for your patients.

The Centers for Disease Control and Prevention (CDC) has been monitoring an increase in extensively drug-resistant (EDR) single infections (singletons) especially among gay, bisexual, and other men who have sex with men (MSM). People experiencing homelessness, international travelers, and people living with HIV. [Learn More](#).

**Information for Your Practice & Patients**

- HIV Screening**
  - [CDC HIV Screening](#)
  - [HIV Screening for MSM](#)
  - [HIV Screening for PWID](#)
- HIV Prevention**
  - [CDC HIV Prevention](#)
  - [HIV Prevention for MSM](#)
  - [HIV Prevention for PWID](#)
- HIV Treatment and Care**
  - [CDC HIV Treatment and Care](#)
  - [HIV Treatment and Care for MSM](#)
  - [HIV Treatment and Care for PWID](#)
- Transgender Health**
  - [CDC Transgender Health](#)
  - [Transgender Health for MSM](#)
  - [Transgender Health for PWID](#)

[www.cdc.gov/HIVNexus](https://www.cdc.gov/HIVNexus)

# Hispanic Health

HispanicHealth.info serves to provide extensive, accessible resources to members of our community in both English and Spanish. NHMA cultivates credible sources to ensure that the information we provide is accurate, reliable, and relevant.

## I am a Patient

Credible and accessible resources for individuals, families, and general community members so that you can make the best decisions for yourself using the most up-to-date information

Learn More

## Healthcare Professional

Research, trackers, and current data so that you can help your patients by utilizing the most accurate information available

Learn More

### Protect Yourself

- Get your two-dose vaccine.
- Know the signs and symptoms of mpox:



Rash



Fever



Headache



Aches



Chills



Scan the QR code to find mpox vaccine locations near you or visit:  
[www.cdc.gov/poxvirus/mpox/vaccines/](http://www.cdc.gov/poxvirus/mpox/vaccines/)

### If You Have Sex with Someone Who Has These Symptoms

- Check yourself for symptoms for 21 days.
- Get vaccinated.
- If you develop any of these symptoms, contact a healthcare provider to discuss testing.



CS 338107-A

# Resources for both Patients & Physicians

## MPOX

Protect yourself from mpox



Safer Sex Info

[www.cdc.gov/poxvirus/mpox/prevention/sexual-health.html](http://www.cdc.gov/poxvirus/mpox/prevention/sexual-health.html)

# MPOX Resources



NHMA  
National Hispanic Medical Association



Advocacy



Education



Leadership



Networking



SCAN TO JOIN  
NHMA



# Join NHMA Today!

## Explore Membership Benefits

Join a community of healthcare professionals and community leaders dedicated to improving healthcare for Hispanic and Latino communities, eliminating healthcare disparities, and advancing and promoting your profession.

### Membership Benefits:

- Opportunities to mentor medical students and residents
- Discounts for NHMA Annual Conference registration
- Access to our monthly newsletters and e-blasts
- Apply for NHMA Leadership Fellowship and Resident Leadership Programs
- Opportunities to share your research with leaders
- Network with other healthcare professionals at NHMA events
- Earn free CME credits

NHMA.ORG



@NHMAMD

**Thank you!**