



National Hispanic Medical Association

25TH ANNUAL
CONFERENCE

MARCH 24-27, 2022

UNDERWRITER



BENEFACTOR



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March 24, 2022

Dear Friends:

Welcome to the 25th Annual Conference of the National Hispanic Medical Association.

We are proud to welcome you to learn and share strategies to improve the health of our most vulnerable communities. Together we can work with public health as well as private sector stakeholders to reduce the social determinants of health (SDOH) and emotional impact exacerbated by COVID-19 on our families.

This year we announce the focus on the sustainability of the NHMA with our partners :

- NHMA Medical School Liaison Program to enhance diversity and inclusion activities of the Deans, Faculty, GME and UME by including Latino health, cultural competence, SDOH and wellness.
- NHHF National Center of Hispanic Health Research to mentor physicians and nurses in practices on the infrastructure for Clinical Trials.

We are also proud to continue the NHMA "Vaccinate4All" Campaign with CDC and Johnson & Johnson to increase access to COVID-19 vaccinations and invite you to become Champions who are influencers in our multimedia effort to increase vaccinations. NHMA also educates through our Chapters with our Cardiovascular Disease, Asthma, Obesity, Alzheimer's disease, HIV, Malnutrition and Environmental Health campaigns.

At our Exhibit Hall you can find information on our leadership and mentorship programs –

- NHMA Leadership Fellowship
- NHMA California Leadership Fellowship
- HHS Hispanic Leadership Development Fellowship
- NHMA College Health Scholars Program – with LMSA mentors
- NHMA Councils – Young Physicians (10 yrs post training), Residents/Fellows, Specialties

At this Conference, we are honored to have the U.S. Department of Health and Human Services, Senate and Congress, and Latino health experts and all our poster presenters and exhibitors share their vision and priorities to support access to affordable quality health and wellness care across the nation.

At our Awards Ceremony we look forward to the inspiration from all our Awardees. Lastly, we sincerely appreciate the support from key partners, exhibitors, planning committee, staff and consultants who have produced a successful conference. We look forward to meeting all of you. Enjoy the conference.

National Hispanic Medical Association (NHMA) Board of Directors
National Hispanic Health Foundation (NHHF) Board of Directors
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#NHMA2022

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#VACCINATE4ALL

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CONGRESSIONAL HISPANIC CAUCUS



CONGRESSIONAL HISPANIC CAUCUS

March 24, 2022

National Hispanic Medical Association
1920 L. Street NW, Suite 725
Washington, DC

Dear NHMA Friends,

On behalf of the Congressional Hispanic Caucus (CHC), it is my distinct pleasure to welcome you to the 2022 National Hispanic Health Conference hosted by the National Hispanic Medical Association (NHMA).

NHMA is dedicated to the critical mission of improving the health of Hispanic populations across the country. At a time when the Hispanic community is being disproportionately impacted by the lack of health and economic security stemming from COVID-19, NHMA's mission is more important to the Hispanic community than ever.

The National Hispanic Medical Association brings together medical institutions, leaders, health and policy professionals, and students to educate and empower Hispanic physicians to better serve Hispanic and other underserved populations. I applaud NHMA on their work to address the issues impacting our families and communities.

A top priority for the CHC is to promote health equity, within COVID-19 and beyond, for Hispanic populations across the country. NHMA is making vital contributions to ensuring the health and well-being of our Hispanic communities by breaking down barriers to preventative care and promoting cultural and linguistic sensitivity in health services. We wholeheartedly thank you for your continued efforts.

Sincerely,

A handwritten signature in blue ink that reads "Raul Ruiz".

Raul Ruiz, M.D.
Chair
Congressional Hispanic Caucus

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Director, Endocrinology, Diabetes,
and Metabolism University of
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Phoenix Arizona



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Department of Psychiatry
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Juliana Jaramillo
NHMA Council of Young Physicians



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17th Surgeon General of the U.S.
(2002-2006)
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Gulf Coast



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2022 NHMA ANNUAL CONFERENCE CME STATEMENT

ACCREDITATION STATEMENT



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and National Hispanic Medical Association. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

PHYSICIANS (ACCME) CREDIT DESIGNATION

Amedco LLC designates this live activity for a maximum of 19.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CONFERENCE OBJECTIVES

1. Describe how health care innovations and policies are influencing medical care business to be more effective to increase access to care, quality, and value based physical and mental healthcare.
2. Review health services research that focuses on knowledge related to Hispanics that show promise of eliminating health disparities.
3. Explain new vaccines, other prevention and treatment modalities and strategies to educate Hispanic patients and families about COVID-19, heart disease, diabetes, cancer, obesity, asthma, depression, Alzheimer's disease, and HIV/AIDS in order to decrease morbidity and mortality among Hispanics.
4. Identify cultural competence, literacy, and messages targeted to Hispanics to increase access and compliance with healthcare.
5. Describe how to develop partnership between NHMA and medical education through leadership and diversity, equity and inclusion efforts at all levels.



National Hispanic Medical Association

25TH ANNUAL
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AGENDA

THURSDAY, MARCH 24, 2022

8:00 am – 9:00 am

Continental Breakfast – Invitation only – Arlington Ballroom Salon IV

9:00 am – 4:00 pm

NHMA Board of Directors Meeting – Invitation only – McLean

11:00 am – 4:35 pm

NHMA–NIDDK Academic Career Development Workshop – Invitation only – Alexandria
Supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

12:00 pm – 1:00 pm

Lunch – Invitation only – Arlington Ballroom Salons IV–VI

2:00 pm – 6:00 pm

Registration – Arlington Registration Desk

5:00 pm – 7:00 pm

Opening Reception – Sky View

Welcoming Remarks:

Nereida Correa, MD, MPH, Chairwoman, NHMA Board of Directors
Mark Diaz, MD, Chairman, National Hispanic Health Foundation Board of Directors
Elena Rios, MD, MSPH, MACP, President & CEO, NHMA and NHHF
Elizabeth Lee-Rey, MD, MPH – Co-Chair, NHMA Conference Committee
Juliana Jaramillo, MD, Chairwoman, NHMA Council of Young Physicians
Doris Browne, MD, MPH, Alliance of Multicultural Physicians (AMP)
Karina Diaz, President, Latino Medical Student Association

FRIDAY, MARCH 25, 2022

7:30 am – 6:30 pm

Registration – Arlington Registration Desk

7:30 am – 11:00 am

NHMA Capitol Hill Visits – Breakfast/Orientation Session – Arlington Ballroom Salon IV– CME
Bus Leaves at 9:00 a.m. from front of Crystal Gateway Marriott Hotel on South Eads St

7:30 am – 8:30 am

NHMA Leadership Fellowship Class of 2021 Debriefing – Arlington Ballroom Salon V– CME

8:30 am – 10:00 am

Feedback Group with Health Providers & HIV Prevention – Grand Ballroom Salon K

11:00 am – 1:00 pm

Feedback Group with Health Providers & HIV Prevention – Grand Ballroom Salon K

11:00 am – 12:30 pm

Buffet Lunch – Exhibit Hall – Arlington Ballroom Salons I–III

11:00 am – 7:30 pm

Health Career Advancement/Wellness Exhibit Hall – Arlington Ballroom Salons I–III

1:00 pm – 2:30 pm

Opening Plenary – Arlington Ballroom Salon IV – CME

Welcoming Remarks & NHMA 2022 Priorities

Elena Rios, MD, MSPH, MACP
President & CEO
National Hispanic Medical Association, Washington, DC

Federal Leadership for Hispanic Health

Moderator: Elena Rios, MD, MSPH, MACP
President & CEO
National Hispanic Medical Association, Washington, DC

Rochelle Walensky, MD, MPH (Taped Remarks)
Director, Centers for Disease Control and Prevention
US Department of Health and Human Services

RADM Felicia Collins, MD, MPH, FAAP (Taped Remarks)
Deputy Assistant Secretary for Minority Health
Director, Office of Minority Health
U.S. Department of Health and Human Services

Robert Otto Valdez, PhD, MHSA

AGENDA

Director, Agency for Healthcare Research and Quality (AHRQ)
US Department of Health and Human Services

Lisa J. Pino
Director, Office for Civil Rights (OCR)
US Department of Health and Human Services

2:30 pm – 3:00 pm

Break in Health Career Advancement/Wellness Exhibit Hall – Arlington Ballroom Salons I-III

2:30 pm – 5:00 pm

NHMA-NIDDK Day 2 Academic Career Development Workshop – Invitation only – McLean
Supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

3:00 pm – 4:00 pm

Workshop A

A1. Medicare and Medicaid Updates to Improve Latino Health – Arlington Ballroom Salon V – CME –
Supported by Better Medicare Advantage

Moderator: Diana Ramos, MD

Clinical Assistant Professor, Keck USC Medical School, Los Angeles, CA

Medicare Update

Meena Seshamani, MD, PhD

Director

Center for Medicare

Centers for Medicare and Medicaid Services (CMS)

Description: This talk will discuss the updates for Medicare and trends in the program that impact on Latino physicians and their patients.

Health Equity and Social Determinants of Health Update

Dora Hughes, MD, MPH

Chief Medical Officer

Center for Medicare and Medicaid Innovation (CMMI)

Centers for Medicare and Medicaid Services (CMS), US DHHS

Description: This talk will discuss the direction of CMMI to focus on improving health equity by supporting innovations in insurance plans to address social determinants of health (Transportation, Food, Housing, other).

Medicare Advantage Update

Mary Beth Donahue

President & CEO

Better Medicare Alliance

Description: This talk will discuss the trends with Medicare Advantage to improve products and enroll more diverse beneficiaries and health reforms being discussed.

A2. Latino Research – Arlington Ballroom Salon VI – CME

Moderator: Leonardo Seoane, MD

Senior Vice President and Chief Academic Officer, Ochsner Health.

EGFR Mutations in US Hispanics with Lung Adenocarcinoma

Jonathan Villena-Vargas, MD

Assistant Professor of Cardiothoracic Surgery

Weill Cornell Medicine, Manhattan, NY

Description: This talk will discuss the research results with Hispanics and lung adenocarcinoma and mutations with EGFR and kidney disease.

Prior Exposure to Non-Steroidal Anti-inflammatory Drugs Reduces the Rate of Organ Failure and In-Hospital Mortality in Acute Pancreatitis

Antonio Mendoza Ladd MD, AGAF, FACP, FASGE

Associate Professor of Medicine, Med Dir of Endoscopy

University of New Mexico Health Sciences Center, Albuquerque, NM

Description: This was a large scale retrospective cohort study that established an association between prior use of NSAIDs with improved immediate clinical outcomes in acute pancreatitis.

Improving eGFR Values in a Real-World Patient Cohort. Slowed Progression of Stage 3 Chronic Kidney Disease from A Two-Year Analysis of 1,528 Elderly Latino Patients in a Medicare Advantage Population.

Richard Aguilar, MD

Chief Clinical Officer

Cano Health, Miami, FL

Description: Preserving kidney function is imperative to improve a broad range of health outcomes. Readily employable strategies are needed to prevent the decline of eGFR. In 2021, the Centers for Medicaid-Medicare Services (CMS) revised their ICD-10-CM code and CMS-HCC Risk Adjustment Model adding CKD Stage 3, thereby increasing its impact on Risk Adjustment Factor scores. In the current

AGENDA

study, the CanoHealth care model showed a persistent slowing of the rate of decline in eGFR values over 24 months in 1,527 elderly patients new to the clinic with comorbid diabetes and CKD Stage 3 (with albuminuria between 300–5,000 mg). We outline contributory factors leading to these results.

A3. COVID-19 Impact on Hispanics – Grand Ballroom Salon G – CME

Moderator: Robert Johansson, MD, PhD, FAAP

NHMA Board of Directors Member
Pediatrician, El Paso, TX

NIH Treatment Guidelines for COVID-19 Non-hospitalized Adults

H. Clifford Lane, MD
NIAID Deputy Director, Clinical Research and Special Projects
Director, Division of Clinical Research
National Institutes of Health, Bethesda, MD

Description: This talk will report the key protocols from the National Institute of Allergy and Infectious Diseases and the National Institutes of Health on COVID-19 treatment for non-hospitalized adults based on the evidence we have learned over the past 2 years of the pandemic.

COVID-19 Outcomes Are Impacted by More Than Race and Ethnicity: A Look into Disparities Between Latinos That Need Interpreter Services and Latinos Who Do Not

Susan Lopez, MD
Assistant Professor of Hospital Medicine
Rush University Medical Center, Chicago, IL

Description: This presentation will present results from a cross-sectional study on COVID-19 patients at an Academic Medical Center. While many studies have demonstrated differences in COVID-19 outcomes by race and ethnicity, few have explored differences among Hispanic patients by preferred language and the need for interpretation services. This study examined the outcomes between these two groups.

COVID-19 Vaccine Efforts in the City of Worcester

Matilde Castiel, MD
Commissioner
Domenica Perrone
Project Manager
City of Worcester Health and Human Services, Worcester, MA

Description: This presentation will review the City of Worcester's efforts around Covid-19, highlighting community-centered approaches to outreach and engagement, Covid-19 testing, and Covid-19 vaccinations. In addition, Commissioner Dr. Castiel will share the City's data-driven approach through private and public partnership across City-wide stakeholders. The City of Worcester's methods have demonstrated a new model of care that brings healthcare and education to vulnerable communities in their neighborhoods, uplifting equity and reestablishing trust with communities who have experienced historical racism and exploitation.

A4. Mental Health of the Patient/Community – Grand Ballroom Salon J – CME

Moderator: Lucille Torres-Deas, MD

Director of Primary Care Sites
Assistant Professor and Attending
Department of Internal Medicine, Columbia University Medical Center/New York Presbyterian

Mental Health and Families

Johanna Vidal-Phelan, MD, MBA, FAAP
Chief Medical Officer-Quality
UPMC Insurance Division
Clinical Assistant Professor of Pediatrics
University of Pittsburgh School of Medicine

Description: Children and adolescent lives have been impacted in profound ways by the COVID-19 pandemic. The pandemic has exposed families to tense situations such as fear of contracting the virus, frustration, information overload, family employment loss, and drastic changes in daily routines due to school's closures and working from home. From the point of view of a pediatrician, Dr. Vidal-Phelan will be providing an overview of the physical, emotional, and social consequences the pandemic has in children, especially those from communities of color. This presentation will focus on several key domains including behavioral health, preventive care, education, financial and health disparities.

Alzheimer's and Latinos

Ivette Fernandez, MIA
Vice President of Government Relations
Endeavor
Las Vegas, NV

Dementia and Alzheimer's Disease and Latinos

Yarissa Reyes, MPH
Director of Diversity, Equity and Inclusion Engagement

AGENDA

Alzheimer's Association

Description: "Pursuing Health Equity in Alzheimer's and Dementia" will explore gender, racial and ethnic disparities in Alzheimer's prevalence and the path toward a more equitable future.

Youth and Mental Health and the Lasting Impact of COVID

Charles Jin, MD

Medical Director, Centene Advanced Behavioral Health

Centene Corporation

Board Certified: American Board of Psychiatry and Neurology; American Board of Adolescent Psychiatry
American Psychiatric Association Distinguished Fellow

4:00 pm – 5:30 pm

NHMA Meetings to Strengthen Networking

NHMA Chapter Leaders – *Arlington Ballroom Salons IV-VI*

Facilitator: Ricardo Correa, MD, MsD, FACP, FACR, CMQ and Diana Torres-Burgos, MD, MPH

NHMA Council of Anesthesiology – *Arlington Ballroom Salons IV-VI*

Facilitator: Cesar Padilla, MD, Chair, Clinical Assistant Professor, Stanford University Medical Center and Felipe Perez, MD, Chair Elect, Stanford University School of Medicine, CA

NHMA Council of Pediatrics – *Arlington Ballroom Salons IV-VI*

Facilitator: Esther Pomares, MD, Chair, General Pediatrician, Queens Health Center

NHMA Council of Public Health – *Arlington Ballroom Salons IV-VI*

Facilitator: Marlene Camacho-Rivera, ScD, MS, MPH, Chair, SUNY Downstate Health Sciences University

NHMA Council of Surgery – *Arlington Ballroom Salons IV-VI*

Facilitators: Melissa Alvarez-Downing, MD, Chair, Rutgers New Jersey Medical School and Jonathan Villena-Vargas, MD, Chair Elect, Weill Cornell Medicine-New York Presbyterian

Latino Surgical Society – *Mount Vernon*

Facilitator: Minerva Romero Arenas, MD, MPH, FACS

Latino Medical Student Association – *Arlington Ballroom Salons IV-VI*

Facilitator: Karina Diaz, PhD, President, LMSA, University of Washington School of Medicine (UW SOM)

5:30 pm – 7:30 pm

Reception with Healthy Food Stations and Host Bar in the Exhibit Hall – *Arlington Ballroom Salons I-III* – Supported by PhRMA

Welcome Remarks:

Mike Ybarra, MD

Vice President of Medical Affairs and Strategic Alliances

PhRMA, Washington, DC

7:30 pm – 8:30 pm

Centene Regional Leaders Dinner – *Grand Ballroom Salon C – CME*

Supported by Centene Corporation, Invitation Only for Physicians and Residents to meet State Executive

SATURDAY, MARCH 26, 2022

7:30 am – 9:30 am

Buffet Breakfast – Health Career Advancement/Wellness Exhibit Hall – *Arlington Ballroom Salons I-III*

7:30 am – 5:30 pm

Registration – *Arlington Registration Desk*

7:30 am – 4:30 pm

Health Career Advancement/Wellness Exhibit Hall – *Arlington Ballroom Salons I-III*

Posters – *Arlington Foyer*

7:30am – 8:50 am

Breakfast Symposium: CDC Training Session on Infectious Disease Prevention and Control – *Arlington Ballroom Salon IV – CME – Supported by CDC Project Firstline*

Moderator: Rick D. Vavolizza, MD

University of Virginia General Surgery PGY-3

Centers for Disease Control and Prevention (CDC) Firstline Project

José T. Montero, MD, MHCDS

Director, Center for State, Tribal, Local, and Territorial Support (CSTLTS)

Description: This talk will present the CDC Firstline Project overview and methods for physicians to educate other physicians and healthcare workers to improve infectious disease prevention and control in health care facilities.

Covid 19 and the Unmasking of Inequity: One Health System's Journey

Norvell V. Coots, MD, MSS, FAAD

President & CEO, Holy Cross Health

President & CEO, Maryland Region, Trinity Health, Silver Spring, MD

Description: The Covid-19 pandemic has laid bare the inequity and inequality in healthcare in the United States today. The disproportionate effects of the pandemic on communities of color, particularly the LatinX and African American communities, underscores the impact of the Social Determinants of Health on their wellbeing. Additionally, other factors, such as distrust of government in general, but also specifically in the history of medical experimentation in the case of African Americans, and in trauma induced by governments in countries of origin for many recent immigrants, add additional layers of

AGENDA

complexity when it comes to trust in countermeasures such as vaccines. The undue burden borne by marginalized and underserved communities of color as providing essential services supporting the infrastructure of our nation is in stark contrast to both access to timely healthcare as well as true equity in the care which they might receive. This presentation will begin with the experience of a large two hospital health system which serves a significant traditionally underserved population in Montgomery County, Maryland, during the past 2 years of the Covid-19 pandemic, and will show examples of successes and failures in community outreach locally, and across the larger enterprise of our parent organization, in working to create both access and equity in healthcare delivery.

Limitation of Infectious Diseases in the Operating Room

Marla Matal, MD, MPH
Latino Surgical Society

Description: This presentation will discuss the infectious diseases prevention in the operating room to educate surgeons, anesthesiologists and the OR team.

9:00 am – 10:20 am

Plenary: Physician and Health Communications about COVID-19 – *Arlington Ballroom Salons IV-VI – CME – Supported by the CDC NHMA Vaccinate For All Program and the Office of Minority Health Fairfax County Public Health Department Stronger2 Program*

Moderator Diana Torres-Burgos, MD, MPH
National Chair, NHMA Chapters

Description: This session will discuss lessons learned for physicians and health communications – becoming Champions in the NHMA V4A Campaign to amplify social media, participate in news programming, and advocating for our communities; developing health literacy messaging for Latinos; discussing misinformation aimed at Latinos and how to incorporate medicine and public health as a medical speaker.

Multimedia & Partners: VaccinateForAll Campaign

Diana Torres-Burgos, MD, MPH
Hispanic Health Advisor
National Hispanic Health Foundation (NHHF)
Chair, National Hispanic Medical Association NYC Chapter

Health Literacy – the Key to Provider–Patient Communication

Rebecca Vargas-Jackson, MD
Department of Emergency Management
COVID-19 Health Equity at Commonwealth of VA

Addressing Immunizing & Quarantining Disinformation Aimed at Vulnerable Populations

Daniel Turner-Lloveras, MD
Principle Investigator, Public Health Institute

The Crossroads of Medicine, Public Health and Media

Ilan Shapiro, MD, MBA, FAAP, FACHE
Medical Director of Health Education and Wellness
AltaMed Health Services Corporation, Los Angeles, CA
Co-Chairman, NHMA So California Chapter

Armando De Alba, MD, MPH
Assistant Dean of Diversity, Equity, and Inclusion
University of Nebraska Medical Center, College of Medicine, Omaha, NE
Chairman, NHMA Nebraska Chapter

Changing Vaccination from Grassroot and the Use of Social Media

Ricardo Correa, MD, EsD, FACP, FACR, CMQ
Program Director, Endocrinology, Diabetes and Metabolism Fellowship
University of Arizona College of Medicine, Phoenix, AZ
Chairman, NHMA Phoenix Chapter
Q & A

10:30 am – 12:30 pm

Scientific Educational Sessions

B.1 – C.1: Cardiovascular Disease Educational Session – *Grand Ballroom Salon J – CME Supported by Amgen, The Campaign for Tobacco Free Kids*

Moderator | Chair: Martha Preciado, MD
Cardiologist

Adventist Health – White Memorial, Los Angeles, CA

Description: Heart disease is the leading cause of death in the United States. It is important for health care workers to be knowledgeable of the risk factors and outcomes of heart disease and how these outcomes differ between Racial and Ethnic groups. This talk will give an overview of the prevalence of heart disease and its impact on the Hispanic/Latino community. Dr. Preciado will briefly discuss the Latino health paradox and other risk factors contributing to heart disease and then introduce our panel

AGENDA

of experts who will give talks on specific areas of cardiovascular health.

Unraveling Obesity: Understanding The Link Between Nutrition, Heart Disease And Behavioral Health

Shiara Ortiz-Pujols, MD, MPH
Medical Director of Obesity Medicine
United Health Group, United Health
Minneapolis, MN

Description: This talk will provide an overview of the complex etiology of obesity and its relationship with major drivers of morbidity and mortality of heart disease and other diseases in the Latino community.

The New Bennifer? Diabetes – The Celebrity Couple No One is Excited About

Sandra Indacochea Sobel, MD
Endocrinologist and Obesity Medicine Specialist
Founder and CEO, Summon Health, LLC, Pittsburgh, PA

Description: Like many other metabolic health conditions, the prevalence of obesity affects the Latinx community in the United States disproportionately compared to other ethnic communities. Understanding the complications that can result from obesity and the importance of addressing necessary lifestyle factors and medications used for reducing obesity is essential in reversing the obesity trends in the Latinx community. Dr. Sobel will define obesity and review its risk factors as well as provide specific recommendations related to nutrition, exercise, sleep and medicines that are effective in treating obesity.

Decreasing Tobacco Use

Angie Ossa, BS.
MS3 Medical Student
University of Maryland Capital Regional Health

Description: This talk will focus on tobacco use, the major risk factor for heart disease and methods and policies to decrease smoking and vaping among Latinos.

Know Your Genetic risk; Overcoming barriers to Increase Utilization of Cardiac Genetic testing among Hispanics

Bani Azari, MD, PhD
Medical Director, Program for Cardiac Genetics, Genomics and Precision Medicine
Department of Cardiology, North Shore University Hospital
Assistant Professor, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, Manhasset, NY

Description: This talk will introduce the audience to the current indications for cardiac genetic testing and illustrate how a genetic test results can alter a patient's current therapy, help initiate family cascade screening and disease prevention. The myths and barriers associated with cardiac genetic evaluation will be addressed.

Panel Discussion

B.2 – C.2: NHMA Clinical Trial Project for Latino Physicians – Grand Ballroom Salon H – CME
Supported by All of US – National Institutes of Health, Pfizer Inc, Genentech, Eli Lilly & Company, Johnson & Johnson

Moderator: Amelie G. Ramirez, DrPH

Chair, Department of Population Health Sciences
Director, Institute for Health Promotion Research
Associate Director, Mays Cancer Center, Community Outreach and Engagement
Dielmann Chair in Health Disparities Research & Community Outreach
Max and Minnie Tomerlin Voelcker Endowed Chair in Cancer Health Care Disparities
Professor of Epidemiology & Biostatistics
NHHF Board of Directors

Welcome and Review of Clinical Trial Diversity Programs

Veronica Sandoval, PhD, JD, Principal, Patient Inclusion & Health Equity, Genentech

AllofUs Research Program

Gregory A Talavera, MD, MPH
Vice President of Clinical Affairs
San Ysidro Health Center
San Ysidro, CA

Description: This talk will discuss the role and contributions of the community health centers to the All of Us Research Program.

Physicians in Practice Conducting Clinical Trials – Lessons Learned

Description: Latino physicians in private practice will describe key lessons learned to start and build capacity to sustain a clinical trial program that increases Latino patient participation.

Joseph Martel, MD
Assistant Dean
California Northstate University School of Medicine
Sacramento, CA

AGENDA

Edward Mena, MD, FAASLD
Hepatologist and Medical Director
Pasadena Liver Center
Pasadena, CA

Yvonne Rodriguez
CEO
Equality Sciences, LLC
San Antonio, TX

Description: This presentation will discuss the infrastructure needed to conduct clinical trials in medical practices, to resources available to develop the capacity with the NHHF National Center for Hispanic Health Research to increase Latino physicians and patients participation in clinical trials.

Panel Discussion

10:30 am – 11:30 am

B3. Physician and Provider Wellness – Grand Ballroom Salons F-G – CME

Moderator: Pilar Guerrero, MD
Attending Physician
Department of Emergency Medicine
John H. Stroger Jr Cook County Hospital
Assistant Professor of Emergency Medicine
Rush Medical College

Planning for a Major Transition – Retirement

Sergio Rimola, MD, FACOG
ObGyn Physician and Chairman
Inova Health System Ob/Gyn Women's Clinic
NHMA Washington, DC Metro Chapter

Description: This talk will discuss how to plan for retirement using wealth management lessons learned to support a healthy lifestyle with less anxiety for you and your family.

Provider Wellness and Resiliency

Erica Lubliner, MD
Psychiatrist
HealthGrades, Sherman Oaks, CA

Description: This workshop is designed for physicians, trainees, and health care professionals interested in improving individual and peer wellbeing. It will provide tools, techniques and boundary setting ideas to prevent burnout and promote wellness amongst health professionals.

Mental Health in Transition Periods

Ana Sierra PhD, LPC, LCPC, NCC
Founder & Executive Director
Ana Sierra Counseling / Consejeria, PLLC
Washington, DC

Description: As we age, our brains go through changes, especially during important milestones. We will discuss tips on how to stay healthy and stimulate your brain to maintain optimal mental health wellness.

B4. Medical Student Workshop: Selecting a Residency Program – Grand Ballroom Salons D-E

Moderator: Herman Pfaeffle, MD
Southeast Regional Director, NHMA Council of Residents and Fellows (COR)

Felipe Perez, MD
Assistant Dean/Office of Diversity in Medical Education (ODME)/
Clinical Assistant Professor/Department of Anesthesiology, Perioperative, and Pain Medicine
Stanford University School of Medicine

Leonardo Borregales, MD
Urologic Oncology Fellow
SUO Fellowship in Urologic Oncology
Weill Cornell Medicine/New-York Presbyterian Hospital, Department of Urology

Munir Buhaya, MD
PGY-1 General Surgery Resident
UT Southwestern

11:30 am – 12:30 pm

Health Career Advancement/Wellness Exhibit Hall – Arlington Ballroom Salons I-III

11:30 am – 12:30 pm

Workshops C

C3. Strategies for Successful Medical Practices for Latinos – Grand Ballroom Salons F- G – CME – supported by the Centene Foundation Health Literacy and COVID-19 Project

Moderator/Speaker: Sylvia Preciado, MD
Internist, Pasadena, CA

AGENDA

Successful Strategies with COVID-19 Pandemic

Sylvia Preciado, MD

Description: This lecture will discuss how a private community physician developed plans and implemented new projects with the local Public Health Department to set-up COVID-19 testing sites for Latino community and education with other physicians. Also, how a private practice physician developed telemedicine and communication by phone as well as home visits to chronic disease patients to maintain health care after closing the medical office.

Promoting a Sustainable Work Environment in the Community Health Center

Loraine M Gutierrez, MD

Associate Medical Director, Family Practice

La Maestra Community Health Center, San Diego, CA

Description: The demands made on a Community Health Center by the needs of the community, the complexities of the patient population and funding constraints can often result in a work environment filled with stress

and frustration for front-line providers. This presentation will identify strategies a medical director can utilize to create changes within the clinic to promote a healthy workplace environment.

The Cross Section of Teaching Implicit Bias, Community Health and Health Literacy and COVID 19

Nereida Correa, MD, MPH

Associate Professor

Obstetrics and Gynecology and Family and Social Medicine

Albert Einstein College of Medicine

Description: This lecture will discuss the historical aspects of racism and bias and how it influences communities of color. In addition, this lecture will address the creation of neighborhoods in New York that have been ethnically segregated and consequentially suffered from poor housing, education and healthcare. These have impacted health literacy, socioeconomic and educational levels as well as the health of communities of color.

C4. Resident/Fellows Workshop: The Language Barrier as a Healthcare Disparity – Grand Ballroom Salons D-E

Moderator: Herman Pfaeffle, MD

Southeast Regional Director, NHMA Council of Residents and Fellows (COR)

HABLAMoS (Hispanic and Bilingual Longitudinal Medical Studies): Promoting Health Equity in the Care of Spanish-speaking Patients

Evelyn Vázquez, PhD

Assistant Researcher

University of California Riverside School of Medicine and

Sophia Rodríguez, MA, MPH

Doctoral Student

University of California Riverside

Description: There is growing recognition of the demand for Spanish-speaking healthcare professionals who can provide culturally and linguistically competent care as well as the dire shortage of physicians who can address this need. This presentation will report on the initial findings from an evaluation of a 4-year elective longitudinal medical Spanish curriculum for medical students in their first four years of medical education.

The Language Barrier as a Social Determinant of Health

Herman Pfaeffle, MD

Description: Better understand the challenges Limited English Proficiency (LEP) persons face through an interactive panelist lecture and workshop discussion. Objectives include understanding essential definitions and concepts behind language barriers and social determinants of health, review of demographic data, pre-existing legislation, and health care outcomes research in LEP populations. Finally, engage with panelists to understand how LEP populations are treated in health care systems from the view of front-line workers, and understand how we as providers and administrators can improve quality of care through personal testimony and an introduction to the TEAM STEPPSO learning modules.

12:30 pm – 2:00 pm

NHMA Future Leadership and Advocacy Luncheon– Arlington Ballroom Salon IV – CME

Supported by the CDC and NHMA Vaccinate For All Campaign; Centene Corporation

Moderator: Jo Ivey Boufford, MD

Professor, NYU Global Public Health School

Policy Presentations by NHMA Leadership Fellows

Policy to Expand Access to Outpatient COVID-19 Care for All

Speaker: Emma Olivera, MD

General Pediatrician

Advocate Aurora Health

Maximizing Our Potential: Advocacy to Increase Residency Training Slots for Latinos

AGENDA

Speaker: Keila Lopez MD, MPH
Director of Pediatric Cardiology Transition Program
Associate Professor
Texas Children's Hospital, Baylor College of Medicine

Improving Hispanic Behavioral Health and Wellbeing Now and Beyond

Speaker: Lucille Torres-Deas, MD
Director of Primary Care Sites
Assistant Professor and Attending
Department of Internal Medicine, Columbia University Medical Center/New York Presbyterian

Water Equity via Community Education and Empowerment

Speaker: Esmeralda Morales, MD
Clinical Assistant Professor of Pediatrics
Pediatric Pulmonary Division
Stanford University School of Medicine

Reflections by NHMA Women of Excellence Leadership Scholars (WEL) Fellows

Juliana Jaramillo, MD
Emergency Medicine/Pediatric Emergency Medicine
Clinical Assistant Professor
East Carolina University / Brody School of Medicine
Elizabeth Valencia, MD
Radiology
Mayo Clinic
Pamela Montano Arteaga, MD
Psychiatry
NYU Langone Health

2:10 pm – 3:10 pm

Workshops D

D1. Latina Health Strategies – Grand Ballroom Salon J – CME- Supported by Planned Parenthood

Moderator: Elizabeth Lee-Rey, MD, MPH

Co-Chair NHMA Conference Committee and NHMA Board of Directors Member
Montefiore Health System

Engaging Latinx Females to Participate in Women's Health Research:

Insights Gained from the ELLAS Study

Maricela Castillo MacKenzie, MD, FAAFP, DipABOM
Assistant Professor
University of Michigan, Ann Arbor, Michigan and
Torie Comeaux Plowden MD, MPH
Deputy Dept. Chief, OB/GYN and REI Division Director
Walter Reed National Military Medical Center, Washington, DC

Description: Women's health research specific to the Latinx community is severely lacking. Clinicians and others who lead research studies must be intentional when designing studies involving Latinx females. The Environment, Leiomyomas, Latinas and Adiposity Study (ELLAS) is a 5-year longitudinal cohort study that was developed to gain an understanding of the prevalence of fibroids among Latinx females and the association with obesity and glucose dysregulation. Six hundred and thirty-three (633) Latinx females were successfully recruited, which was above target. ELLAS revealed that community-engaged research principles can be successfully implemented in this population.

Latinas and Reproductive Health 2021

Lillian Tamayo, MSW
President & CEO
Planned Parenthood – South, East and North Florida
Description: This presentation will provide an overview of Latina/x people changing attitudes, cultural barriers as well as political and system challenges in the provision and delivery of reproductive health care, including abortion, today. This presentation aims to lift up the role of Latino/a/x healthcare providers and their unique role in protecting care as both clinical leaders and healthcare champions.

Pelvic Floor Disorders in the Latina Community

Keila S. Muñiz, MD
Urogynecologist
St. Joseph's Health, Syracuse, NY

Description: This presentation will review the current data on pelvic floor disorders in the Latina/ Spanish-speaking community, specifically focusing on pelvic organ prolapse and urinary incontinence conditions. This presentation will include risk factors, barriers to care, and interventions being implemented to improve understanding of these health conditions and treatment options.

D2. Increasing Latinos in Prevention Services – Grand Ballroom Salon H – CME Supported by Abbott and CDC

AGENDA

Moderator: Judith Flores, MD, FAAP, CHCOM

Immediate Past Chairwoman, NHMA Board of Directors
Brooklyn, NY

Growing Academic Alliances with Vulnerable Hispanic and Latino**Communities in the Southeast Region, USA**

Pamela Cromer, DNP, FNP-BC, TTS
Professor/APRN Clinical Coordinator
Director Costa Layman International Outreach Programs
Augusta University College of Nursing
Augusta, GA

Description: With growing numbers of under-served Latino populations in the southeast, there is a significant challenge to combat health disparities and improve the health of our communities, and society. For almost two decades, the Augusta University College of Nursing's Costa Layman International Outreach Programs (CLIOPS) have had the opportunity to bring together a coalition of partners and resources to provide comprehensive screening, examination, laboratory testing and referral care to Latino farmworkers in the region who typically receive little or no medical care other than acute emergency room visits. Collaborative efforts with our Southeast medical alliances, community partners and professional organizations have led to the establishment of health screening protocols, data banks, COVID-19 Antibody and Vaccine Clinics, as well as a large biorepository, creating a unique intersection between the scientific community and the agricultural industry in Georgia and South Carolina. It is estimated that the CLIOPs has touched the lives of over sixty thousand farm workers since 2005 and has provided hands on interprofessional training for approximately four hundred healthcare workers annually. These integrated health service programs are geared toward transforming our rural communities by providing health care access and improving the resilience of the Hispanic agricultural workers in the Southeast Region, USA.

Vacunate Kansas, Por Los Nuestros! – How Do You Vaccinate More**Than 30,000 Hispanics in 2.5 Months?**

Arminda "Mindy" Figueroa, MBA, CSA
Founder & CEO / Chief Marketing Connector
Latin2Latin Marketing + Communications, Fort Lauderdale, FL

Description: A Hispanic COVID-19 Vaccination Campaign commissioned by Governor Laura Kelly to address the low awareness and vaccination rate among Hispanics/Latinos in the state of Kansas. During this workshop we will present authentic, in culture and in language insights coupled with proprietary AI technology which allowed the Latin2Latin Marketing team to craft a "go to plan" predicting a 50% Vx rate among Latinos in month 3. Using three fundamental pillars – Educate, Empower and Engage: E3, a comprehensive 3600 – campaign was set to engage local Kanseños to learn the facts and decide to get vaccinated. To date, Kanseños are over indexing in the Vx rate across all ages in the state of Kansas regardless of race/ethnicity. We are delighted to share the lessons learned and insights to help engage Latinos in your specific local community to get vaccinated.

The Central Role of Providers in Mitigating Risk of HIV/AIDS among Latino LGBTQ populations

Marisol McDaniel DrPH, MPH
Postdoctoral Research Fellow
Latino Research Institute

Description: Little is known about Latino HIV prevention practices and how physicians promote prevention for at-risk Latino men who have sex with men (MSM) and transgender women (TGW). This study aims to empirically assess Latino providers' 1) social, demographic, and practice characteristics; 2) knowledge, attitudes, and beliefs about PrEP prescription; and 3) HIV prevention practices, including PrEP prescription.

Screen & Intervene: Opportunities for Health Providers to Address Food Insecurity

Alexandra Ashbrook
Director of Special Projects and Initiatives
Food Research & Action Center (FRAC)

Description: The dual economic and health crises being driven by COVID-19 have ushered in unprecedented levels of food insecurity and widened the preexisting disproportionate rates among Black, Latinx, and Native American communities. As a social determinant of health, food insecurity is detrimental to the health, development, and well-being. Doctors and other health providers can play a critical role in addressing food insecurity by screening for food insecurity and connecting families to critical nutrition supports such as SNAP, WIC, and other programs. Leave with the latest research, material, and tools—including a free online CME course – to help you address food insecurity both at the patient and community level.

D3. Improving Health Access with Technology – Grand Ballroom Salons F-G – CME

Moderator: Gilbert Burgos, MD MPH, CPE
Executive Director of Medical Affairs
Elderplan/Homefirst, NY

AGENDA

Closing the Distance with the Pandemic. Returning Our Latino Patients to Regular Appointments: CanoHealth Proven Strategies and Successes

Efrain Antunez, MD
Senior Medical Director
Cano Health, Miami, FL

Description: Continuity of care is paramount, even during challenging times. While some clinicians closed their doors during the COVID pandemic, others passively awaited for their patients to reinstate once visits at their own pace. This resulted in an undesired reduction in patient care which cause delays in the management of recent pathology such as angina or new tumors (undiagnosed neoplasms), social isolation leading to mental health issues, decreased medication compliance, and poor nutrition. To address this, CanoHealth employed multipronged approaches to ensure their predominantly Latin patient population received continuity of care during the pandemic stay-at-home orders. Telemedicine, virtual medicine and home visits were key among these. Telemedicine and virtual medicine provide useful tools to reach patients – patients who are homebound, travel a great distance to the clinic, or, who have been given stay-at-home orders. A combination of in-person care and technology can achieve excellent management. Unfortunately, reduction in in-clinic visits, leaves many Medicare beneficiaries with Healthcare Effectiveness Data and Information Set (HEDIS) gaps that require visitation to offices to close. Several interventions are put forth that can be implemented to close these needed health care gaps that are required by the Centers for Medicare & Medicaid Services.

Digital Health and the Future of Healthcare

Esteban López, MD, MBA
Market Lead, Health Care and Life Sciences,
Americas at Google Cloud, San Antonio, TX

Description: “Digital Health and the Future of Healthcare”. How technology and digitization will drive a new paradigm of innovation and clinical practice. The value of data signals will be unlocked using Artificial Intelligence, Machine Learning and Natural Language Processing. What physicians need to know today to prepare for tomorrow and how they leverage technology today to improve their practice.

Tech to Touch: Engaging Culturally and Linguistically Diverse Populations through Technology

Lana Alman
Director of Content
SameSky Health

Description: Too often, healthcare approaches member engagement from a one-size-fits-all perspective. Unfortunately, this does not address the needs of culturally and linguistically diverse populations. During this presentation, attendees will learn about the impact of aligning culturally adapted outreach and technology to build a personalized journey for multilingual populations, while improving health outcomes and access to health.

D4. Leadership Roundtable for Medical Societies, Health Professional Associations, Patient Advocacy Organization Leaders – Grand Ballroom Salons D-E – CME – Supported by the CDC Vaccinate For All Campaign

Moderator: Elena Rios, MD, MSPH, MACP
President & CEO
National Hispanic Medical Association, Washington, DC

Description: Leadership roundtable to share collaboration among leaders of national organizations for the year with their activities and with NHMA Vaccinate For All Campaign and with the White House Latino Regional Summits.

Vision and Priorities for the Center for State, Tribal, Local, and Territorial Support

José T. Montero, MD, MHCDS
Director, Center for State, Tribal, Local, and Territorial Support

D5. Career Planning for Medical Students and Early Career Professionals – McLean Moderator: Katrina Diaz, PhD, Latino Medical Student Association

Description: These lectures will discuss challenges and opportunities for medical career decision-making for medical student and early career physicians/health care professionals from lessons learned from the academic careers of our speakers.

Sylvia Rosas, MD, MSCE
Associate Professor of Medicine, Nephrology
Harvard Medical School, Cambridge, MA

Ricardo Correa, MD, EsD, FACP, FACR, CMQ
Assistant Professor, Endocrinology, Diabetes, and Metabolism
Endocrinology, Diabetes, and Metabolism
Fellowship Program Director
University of Arizona College of Medicine, Phoenix, AZ

Abner Murray, MD, PhD
Internal Medicine, PGY-2, Jackson Health System

AGENDA

3:10 pm – 4:15 pm

Health Career Advancement/Wellness Exhibits/Hispanic Health Research Posters (Judging) –
Arlington Ballroom Salons I-III and V

3:15 pm – 4:15 pm

Feedback Group with Health Providers & HIV Prevention – *Grand Ballroom Salon K*

5:00pm – 6:00 pm

NHMA International Medical Graduates (IMG) Group – *Rosslyn I*

Facilitator: Carlos Muniz, MD, MCS
Assistant Professor of Neurology, Epileptologist
SUNY Upstate Medical University, NY

NHMA Council of Residents – *Rosslyn I*

Facilitator: Giselle Plata, DO, Psychiatrist, Washington, DC

NHMA Council of Young Physicians – *Rosslyn I*

Facilitator: Juliana Jaramillo, MD

6:30 pm – 7:30 pm

NHMA Gala Reception – *Arlington Ballroom Salons I-III & Foyer*

7:30 pm – 11:30 pm

NHMA Leadership Awards Gala & Dance – *Arlington Ballroom Salons IV-VI*

Welcome: Elena Rios, MD, MSPH, FACP, Nerida Correa, MD, MPH

NHMA Hispanic Health Leadership Awards Ceremony

Government – Robert O. Valdez, PhD, Director, AHRQ, HHS

Corporate – Robert H. Bard, Publisher, Latina Style Magazine

Physician of the Year – Susana Morales, MD

Posthumous Awards to Raul De La Cadena, MD and E. Luis Aguilar, NHMA Fellows and Board Member

Outgoing Board Members: Carlos Corral, MD, Maria Garcia, MD, MPH, Pilar Guerrero, MD, Minerva

Campos, MD, MPH, Minerva Romero-Arenas, MD, Nicole Doria, MD, Karina Diaz, PhD

Council of Medical Societies, Hispanic Health Professional Associations, Latino Health Advocacy Organizations

Chapter, Young Physicians, Residents/Fellows of the Year

Dancing (DJ Romy)

SUNDAY, MARCH 27, 2022

8:00 am – 11:30 am

NHMA 2022 Leadership Symposium: NHMA Medical School Liaison Program – *Grand Ballroom Salon B – CME*
Supported by CVS Health and the American Medical Association

8:00 am

Breakfast – *Grand Ballroom Foyer H-K*

Moderators: Nereida Correa, MD, MPH

Chairwoman, NHMA Board of Directors

Associate Professor

Obstetrics and Gynecology and Family and Social Medicine

Albert Einstein College of Medicine, Bronx, NY

Mark Diaz, MD

Chairman, National Hispanic Health Foundation (NHHF)

Sacramento, CA

8:30 am – 9:00 am

Welcome, Why NHMA should Collaborate More Closely with Medical Schools

Emily Cleveland-Manchanda, MD, MPH

Director of Social Justice Education and Implementation

American Medical Association Center for Health Equity

Assistant Professor of Emergency Medicine

Boston University School of Medicine

Norma Poll-Hunter, PhD

Senior Director, Human Capital Initiatives

Diversity Policy and Programs

Association of American Medical Colleges (AAMC)

9:00 am – 10:30 am

Priorities for Health Equity in Medical Education, Recruiting,

Retaining, and Promoting Faculty

Maria Oliva-Hemker, MD

Vice Dean for Faculty

Stermer Faculty Professor of Pediatric Inflammatory Bowel Disease

Johns Hopkins University School of Medicine

Graduate Medical Education (GME)

Susana Morales, MD

AGENDA

Associate Professor of Clinical Medicine; Vice Chair, Diversity, Department of Medicine
Weill Cornell Medicine

Diversity in Graduate Medical Education

William McDade, MD, PhD

Chief for Diversity and Inclusion

Accreditation Council for Graduate Medical Education (ACGME)

Chicago, IL

Undergraduate Medical Education

Fidencio Saldaña, MD, MPH

Cardiologist at Brigham and Women's Hospital

Dean for Students

Harvard School of Medicine

Creating a Community College Pathway to Develop a Diverse Health Care Workforce and Address Health Inequities

Ramon A. Hernandez, DrPH, MPH

Project Director, Hispanic Center of Excellence (HCOE)

Project Director, Health Careers Opportunity Program (HCOP)

Professor, Department of Pediatrics

University of California San Diego School of Medicine

Description: Over the past three decades, significant efforts have been made to improve the number of diverse individuals entering the health professions, particularly historically under-represented in medicine minorities (URiM-Latinos, African Americans, and Native Americans). Yet, the percent of URiM medical school graduates has risen only 5 percentage points since 1978, from 10% to 15% of medical school graduates, with other health professions similarly performing. This talk will focus on the need to build the pathway from Community Colleges to Medical School, such as the UCSD School of Medicine's UniversityLink Medical Science Program.

10:30 am – 11:15 am

Recommendations to Expand NHMA Medical School Liaison Program Modules:

Visiting Lectureship Program

Organizational Membership

Academic Career Recruitment and Retention Webinars

GME Admissions Webinars

11:15 am

Next Steps – Elena Rios, MD, MSPH, MACP

8:00 am – 10:30 am

NHMA HIV and Latino Physicians Study – Advisory Committee Meeting (*Invitation Only*) – Grand Ballroom Salon A – Supported by Gilead

Moderators: Ruth Zambrana, PhD, Diana Torres Burgos, MD, MPH

ADDITIONAL EVENTS

Friday

3:00 pm – 4:00 pm

National Hispanic Health Foundation Board of Directors Meeting (*Invitation only*) – Alexandria

4:00 pm – 5:00 pm

NHHF/NHMA Corporate Advisory Board Meeting (*Invitation only*) – Alexandria

Saturday

7:30 am – 4:30 pm

Health Career Advancement/Wellness Exhibit Hall – Breakfast, Breaks – Arlington Ballroom Salons I-III

10:00 am – 2:00 pm

NHMA College Health Scholars Program – Grand Ballroom Salons A-C

Supported by the U.S. Department of Health and Human Services Office of Minority Health

10:30 am – 12:30pm

Academic Preparation, Personal Development and Financing – Grand Ballroom Salons A-C

Panel of Faculty and Professionals from Medical, Nursing, Public Health Schools

What are the Basic Requirements to get accepted to Health Professional Schools?

How do you improve your Application to Be Noticed as Competitive by Admissions Committees?

How do you finance your academic journey?

Moderator: Jose Pietro Aparicio MD, MPH, Immediate Past President, Latino Caucus for Public Health

Speakers:

Cesar Padilla, MD

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

Stanford Hospital and Clinics Lucile Packard Children's Hospital

Mekbib Gameda

Vice President of Diversity and Inclusion

Eastern Virginia Medical School

AGENDA

Mahnour K. Ahmed, MS
Director of Student Recruitment and Engagement
Office of Inclusion, Diversity, Anti-Racism, and Equity (IDARE)

Panel of Health Professional Students

What is a day in the life of a medical student?

How did I prepare for Interviews?

How did I study and how to be protective of your time to study to get competitive GPA in science and scores on Entrance Exams?

Jordan Jared Juarez, MS
Co-Director-Elect
LMSA Northeast
MD/MBA Student

Lewis Katz School of Medicine mple University

Yaritzy Michelle Astudillo, MD
Pediatric Resident
Maria Fareri Children's Hospital

12:30 pm – 2:00 pm

Recruiters from Medical, Dental, Nursing, Public Health, and Science Graduate Programs – Grand Ballroom Salons A-C

Recruiters will answer students' questions about application and acceptance to these schools and others like them accredited by the U.S.

Johns Hopkins Bloomberg School of Public Health – Baltimore, Maryland

Mahnour K. Ahmed, MS
Director of Student Recruitment and Engagement
Office of Inclusion, Diversity, Anti-Racism, and Equity (IDARE)

Lauren Black, MSHE
Associate Director of Recruitment and Events
Student Affairs
Admissions Services

Keck Graduate Institute – Claremont, CA

Lexie Beer, MA
Director of Outreach

Kamika Phillips
Senior Admissions Outreach Representative

USUHS F. Edward Hebert School of Medicine – Bethesda, Maryland

Carolyn D. Mack, MBA, DBA
Senior Recruitment and Admissions Analyst
Department of Recruitment and Admissions

Bernard J. Dunn School of Pharmacy – Winchester, Virginia

Katelyn Sanders, MBA, PharmD
Director of Admissions and Alumni Affairs

Penn State College of Medicine – Hershey, Pennsylvania

David Rábago, MD
Professor, Departments of Family and Community Medicine and Public Health Sciences
Vice Chair of Faculty Development, Department of Family and Community Medicine
Program Director: Penn State Primary Care Research Fellowship

Sarah Inés Ramirez, MD, FAAFP
Assistant Professor
Family and Community Medicine
Family Medicine Obstetrics

HEALTH CAREER ADVANCEMENT EXHIBITS

AARP
All of Us Research Program/NIH
Alzheimer's Association
American Medical Association
Association of American Medical Colleges
Association of Clinicians for the Underserved
Asthma Allergy Foundation of America
AllofUs Research Program – NIH
Asthma Allergy Network
Campaign for Tobacco Free Kids
Care Access
CDC Project Firstline
CDC End The HIV Epidemic
Centene Corporation Wellness Stations
Cleveland Clinic
David Geffen School of Medicine, UCLA
Defense Health Agency
Epilepsy Foundation
Genentech
GoodRX
GSK
Humana – Primary Care Organization
Infectious Diseases Society of America
Institute for Healthcare Advancement
Key Bank
Merck & Co.
Michigan Medicine Office for Health Equity & Inclusion
National Hispanic Medical Association
Ophy Care, Inc.
Professional Photos by Patricia De La Rosa
Naylor Association Solutions
Orasure Technologies, Inc.
Orlando Health Physician Associates
Penn State Health
PETA
Pfizer Rx
Planned Parenthood Action Fund
Rosalind Franklin School of Medicine
Sentara Healthcare Diversity Office
Stanford Anesthesiology Residency
Sutter Health – Bay Area
The Wright Center for GME
Traverse Therapeutics
Unity Family Medicine Residency
University of Tennessee Business School
Vertex Pharmaceuticals
Veterans Health Administration, USVA
US Department of State: Bureau of Medical Services

CONGRESSIONAL MEETINGS

Senator Richard Burr R-NC

Committee on Health Education Labor and Pensions

Senator Tim Scott R-SC

Committee on Health Education Labor and Pensions

Senator Ted Cruz R-TX

Committee on Commerce, Science and Transportation

Senator Marco Rubio R-FL

Committee on Appropriations

Representative Dan Crenshaw R-TX-2

Committee on Energy and Commerce

Representative Tom O'Halleran D-AZ-1

Committee on Energy and Commerce

Representative Kevin Brady R-TX-8

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Representative Teresa Leger Fernandez D-NM-3

Committee on Education and Labor

Representative Jim Costa D-CA-16

Committee on Natural Resources

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Committee on Small Business

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Committee on Financial Services

Representative Vicente Gonzalez D-TX-15

Committee on Financial Services

Representative Debbie Lesko R-AZ-8

Committee on the Judiciary

Representative Andy Biggs R-AZ-5

Committee on Oversight

NHMA LEADERSHIP FELLOWS CLASS OF 2021

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New York Presbyterian Hospital
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Denver Health
Division of General Internal Medicine, Hospital Medicine
University of Colorado, Anschutz Medical Campus
Denver, CO

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Sunrise, FL

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Program Director, Endocrinology; Director for Diversity,
Graduate Medical Education;
Associate Professor of Medicine; Associate Program
Director, Diabetes and Metabolism Fellowship
University of Arizona College of Medicine-Phoenix
Phoenix Veteran Hospital (VAMC),
Creighton School of Medicine
IM Honor Health Program
Alix School of Medicine, Mayo Clinic-Arizona Faculty,
Northern Arizona University
Phoenix, AZ

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General Pediatrics Medicaid only Clinic
University of Nevada, Reno School of Medicine
The Healthcare Center Renown Children's Hospital
Reno, NV

Pilar Guerrero ,MD

Attending Physician, Assistant Professor
John H. Jr. Stroger Cook County Hospital and Rush
Medical Center
Chicago, IL

Bert Johansson, MD, PhD

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Director COVID 19 Clinic
Centro de Salud Familiar La Fe, Inc.
El Paso, TX

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North Central Bronx, Pediatric Emergency Department
Woodside, NY

Keila Lopez, MD, MPH

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Associate Professor
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San Francisco, CA

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Division of Pediatric Pulmonary Medicine
Stanford University School of Medicine
Palo Alto, CA

Dora Martinez, MD, FAAFP, AAHIVS

Clinical Director, South Central AETC
Chief Medical Officer/Staff Physician
Valley AIDS Council dba Westbrook Clinic,
Ryan White HIV Clinic
Harlingen, TX

Emma Olivera, MD

General Pediatrician
Joliet Pediatric and Family Care
Chicago, IL

Sonia Rebeles, MD

Physician, Gynecology and Minimally Invasive
Gynecologic Surgery Fellow
American Congress of Obstetricians and Gynecologists
Diplomate
Torrance Memorial Medical Center
Torrance, CA

NHMA LEADERSHIP FELLOWS CLASS OF 2021

Alisha Parada, MD, FACP

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Geriatrics, Department of Internal Medicine
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Unidos Contra COVID
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Director of Primary Care Sites, Assistant Professor,
Attending
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Presbyterian, Department of Internal Medicine
Manhattan, NY

Elizabeth Valencia, MD

Assistant Professor
Department of Radiology Division of Breast Imaging &
Intervention
Mayo Clinic
Rochester, MN

Maria Verduzco, MD

Faculty, Clinician with Obstetrics, Clinical Site Director
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Yakima, WA

CORE FACULTY

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Professor, Global Public Health School, NYU

Elena Rios, MD, MSPH, MACP

President & CEO, NHMA

COVID-19**Susana Morales, MD**

Associate Professor of Clinical Medicine
Vice Chair for Diversity
Weill Department of Medicine

Diversity in the Health Workforce**Katherine Flores, MD**

Director, UCSF Fresno Latino Center for Medical Education and Research
Associate Clinical Professor, UC San Francisco

Mental Health**Hector Colon-Rivera, MD, MRO**

Consultation Liaison Psychiatrist, Main Line Health
Medical Director, Asociacion Puertorriquenos en Marcha

Climate Justice**Emilio Morante, MPH, MSUP**

CONFERENCE POSTER PRESENTERS

Alicia Olave Pichon, MD, MPH

Puerto Rico Children's Hospital

Typical presentation of achalasia in an uncommon age

Andrea Sanchez, MS

Thomas Jefferson University

Student Total Daily Dosage of Anti-Epileptic Drugs in Women with Epilepsy with Subsequent Pregnancies

Arlynn Ambriz & Carla Vilardo

University of Texas Health Science Center San Antonio
Long School of Medicine

Student How Immigration Status Affects Trauma Experiences and DSM Profiles Among Latino Immigrants

Carolina Sierra Lopez, MD

University of Michigan

Racial/Ethnic Health Disparities in Preventive Services Use Among Publicly Insured Individuals with Cerebral Palsy

Cecilia Nosti

Florida International University Herbert Wertheim College of Medicine – Sweetwater, FL

Retrospective Analysis of the Association Between Race and Stage at Diagnosis of Thyroid Cancer Using Multinomial Logistic Regression

David Ortiz

University of Texas Rio-Grande Valley School of Medicine
Review of Obstetric Care Consensus Regarding Periviable Birth

Diana Trumble, MD & Alfredo Guerrero

Kaweah Health

Health Disparities in COVID-19 in a Central Valley, California Hospital

Diego Verano, MD & Cristian Alejandro Castillo Rodriguez

Diagnostic and Interventional Nephrology of Houston
Uric Acid: a silent killer

Diego Verano, MD & Luis Nunez Rubiano

Diagnostic Clinic of Houston

Gout: a forgotten disease

Domenica Perrone & Matilde Castiel, MD

Health and Human Services, City of Worcester

City of Worcester's Department of Health and Human Services: Using Cross-Sectoral Partnerships to Create Data-Driven Community-Based Health Equity Strategies

Dulce Ruales, DrPH, MPH, CHES

LatinaStrong Foundation

Factors that Lead Latinas Stopping Breastfeeding Across the United States

Haleigh Prather, MHS

Oregon Health & Science University (OHSU)

Reduction of Perioperative Anxiety in Spanish-Speaking Children

Indira Islas

George Washington University

Representation of Hispanic/Latino Subpopulations in the Healthcare Workforce

Isa Alvarez & Jose Ibarra

Medical Organization for Latinx Advancement- Aves del Paraíso DACA Taskforce

Breaking down the "DACA Supportive Medical School": Necessary Resources for DACA Medical Students

Janie Battaglia & Yulissa Araujo

City of San Antonio, San Antonio Metropolitan Health District

Día De Los Muertos 2021: Blending Tradition with Awareness to Heal the Heart and Soul of San Antonio Texas

Jillian Riveros

Vanderbilt University

Arteriole Smooth Muscle Relaxation Improves Exercise Capacity in Diet-Induced Obese Mice

Joaquin Villegas, MD

UT Physicians – Family Medicine

Introduction to Transgender Care for Primary Care Providers

CONFERENCE POSTER PRESENTERS

Jordan Juarez, MS & Sunny Nakae, MSW, PhD

Lewis Katz School of Medicine at Temple University
The Impacts of Engagement in the Latino Medical Student Association

José Marino, MPH & Valeria Correa Gomez

Northwell Health Department of Medicine Health Services Research
Assessment of In-Person Recruitment versus Virtual Recruitment for a Randomized Controlled Trial Telehealth Study among Underserved Hispanics/Latinos with Type 2 Diabetes during the COVID-19 Pandemic

Katiria Pintor Jimenez, MD

Morehouse School of Medicine
Hispanics and Chest Pain: An Opportunity to Address Healthcare Disparities in a Residency Training Program

Lekiah Lescott

University of Central Florida
Evaluating COVID-19 Outcomes among Latino Communities in the United States

Leonardo Borregales, MD

Weill Cornell Medicine
Increased incidence of Penile Cancer among Hispanic men: Analysis of temporal trends in the US from 2000-2018

Macy Marcucci & Madeline D'Aquila

Virginia Tech Carilion School of Medicine
Assessing Barriers to Healthcare and Establishing a Pipeline Program for Spanish-Speaking Patients from the Emergency Department to Free Clinic Care

Marcela Gieminiani

Allergy and Asthma Network
Unidos Hablemos de / United Let's Talk About Engaging Hispanic Patients in Patient Centered Outcomes Research and Clinical Effectiveness Research (PCOR/CER)

Margarita Ramirez Silva, MPH

Northwestern University
Improving the Recruitment & Retention of a Diabetes Prevention Program in La Villita, Chicago

Maryann Ramos, MPH, PA-C Emeritus

Physician Associates for Latino Health
Asociados Medicos for Puerto Rico: Enabling Legislation is Needed

Melanie Menning, MD MPH & Shirley Delair

University of Nebraska Medical Center
US-Based Virtual Individualized Immersive Spanish Language Course for Medical students: An Innovative COVID-19 Pandemic Precipitated Approach

Michel Denarie, MBA & Monica Goins

IQVIA
Determining the proper target ranges for race and ethnicity representation in clinical trials

Natalia Ramirez, MA MPH

General Dynamics Information Technology
Access to Care Among Adults with Limited English Proficiency

Nohemi Lopez Valdez & Suzette Jimenez

Paul L. Foster School of Medicine (Texas Tech University Health Sciences Center El Paso)
Implementing Hepatitis C Screening and Education on the United States-Mexico Border

Paula Mendoza & Violeta Osegueda

University of California Irvine School of Medicine
The implications on imposter syndrome and identity formation that comes from being a medical student acting as an ad-hoc interpreter on clinical rotations

Ronise Benjamin, RN & Giovanna Franklin

Columbia University School of Nursing
The Effects of Racial Disparities & Discrimination in African-American and Hispanic Women, in the United States, throughout their peripartum experience

Samantha Brown, MPH

CPWR-The Center for Construction Research and Training
Impact of COVID-19 on U.S. Hispanic Construction Workers

Tiffany Sanchez & Angel Chavez Rivera

San Juan Bautista School of Medicine
Inca Craniotomy: A Review on the High Survival Rates Before Times of Modern Anesthesia and Sanitation

HISPANIC HEALTH PROFESSIONALS LEADERSHIP NETWORK

American Society of Hispanic Psychiatry

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APA Hispanic Caucus

Hector Colon-Rivera, MD
President

Association of Hispanic Mental Health Professionals

Carmen Collado, LCSW
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Hispanic American Allergy, Asthma and Immunology Association

Jorge Quel, MD, EFA, CAAI
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Hispanic Health Coalition

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Veronica Bordes Edgar, PhD, ABPP
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Latino Social Workers Organization

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National Latinx Psychology Association

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Physician Associates for Latino Health

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Medical Society of the District of Columbia

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Hispanic American Medical Association of Houston

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Hispanic Physician Association of Austin

Melanie Pagette, MD
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North Texas Latin American Physicians Association

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Pan American Medical Association of Central Florida

Joel Garcia, MD
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Society of Behavioral Medicine Ethnic Minority & Multicultural Health

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The Medical Society of the United States and Mexico

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NHMA SPECIALTY COUNCILS

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NHMA Council of Surgery

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Chair Elect, Jonathan Villena-Vargas, MD

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Information: Councils of Clinical Research, Neurology

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**Greater Washington Hispanic
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Hispanic Health Initiatives

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Latino Commission on AIDS

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Latino Diabetes Association

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President & CEO

Latinos Salud

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National Alliance for Hispanic Health

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National Alliance on Mental Illness

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Internal Medicine Resident
Stanford University School of Medicine

2022 NHMA AND NHHF PROJECTS

NHMA Medical School Liaison Program

NHMA invites medical school leaders to work with NHMA as organization members and build the linkages with our Latino physicians to work with deans, faculty, GME and undergraduate medical education programs to increase diversity and inclusion. The program next steps will be discussed at the Sunday Leadership Summit with the AMA, AAMC, ACGME and Latino medical education leaders from across the nation. NHMA is building the medical school project with the support from CVS Health.

- Diverse student populations have been shown to improve our learners' satisfaction with their educational experience.
- Diverse teams have been shown to be more capable of solving complex problems than homogenous teams.
- Health care is moving toward a team-based, interprofessional model that values the contributions of a range of providers' perspectives in improving patient outcomes.
- In biomedical and health services research, investigators ask different research questions based on their own background and experiences. This implies that finding solutions to diseases and health services problems that affect specific populations will require a diverse pool of researchers.
- Faculty diversity as a key component of excellence for medical education and research has been documented.

NHMF National Center for Hispanic Health Research

The National Hispanic Health Foundation (NHMF) is planning the Center this year with support from Johnson and Johnson and Pfizer Inc to 1) develop an expert advisory committee; 2) create a directory of Hispanic researchers – health services and clinical researchers in the U.S.; 3) coordinate a mentoring program with the researchers and young physician researchers; and 4) coordinate a webinar series for clinical trial researchers to share their experiences. The first meeting of the Clinical Trial researchers will be at the NHMA 2022 Conference. NHMF will invite all past NIDDK Academic Career trainees and other researchers to join our Research Network.

NHMF plans to develop proposals to submit to PCORI and other research funders.

If you are interested in either new project, contact Elena Rios, MD at (202) 628-5895 or at erios@nhmafoundation.org

NHMA 2022 CONFERENCE PLANNING COMMITTEE

CoChairs

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Associate Program Director, Internal Medicine Residency

Dr. Marcellette G. Williams *Distinguished Scholar*

UMass Chan Medical School, UMass Memorial Medical Center

Elizabeth Lee Rey, MD, MPH

Family Physician, Montefiore Health System

Elena Rios, MD, MSPH, MACP

President & CEO, NHMA

Nancy Brighindi, PhD

Executive Director, NHMA

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Hepatologist, Texas Liver Institute

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Pediatric GI Fellow, University of Rochester Medical Center

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Icahn School of Medicine at Mount Sinai

Shiara Ortiz-Pujols, MD, MPH

Medical Director of Obesity Medicine
Optum Health Services Med Express

Hasmin Ramirez, MPH

Clinical Research Coord, Social and Behavioral Research
Branch

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THANKS TO THE NHMA STAFF AND CONSULTANTS

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**Matthew Johnson, Government Affairs
& Public Policy Manager**

Jason Hernandez, Program Coordinator

Michael Marmol, Program Coordinator

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Cristina Garcia Ayala, Communications Associate

Jeanne Ponsa, Sponsor Coordinator

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Rose Ramirez, Flowers

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Lynda Jauregui-Almejo, Program Intern

Lucy Lawlor, Program Intern

Leeda Sea, Program Intern

Marianne Tissot, Program Intern

Iman Willis, Senior Communications Intern

Daniel Castaneda, Communications Intern

NATIONAL HISPANIC MEDICAL ASSOCIATION

Established in 1994, the **National Hispanic Medical Association (NHMA)** represents 50,000 licensed Hispanic physicians in the U.S. Its office is in Washington, DC and its mission is to empower Hispanic physicians to improve the health of Hispanic populations with our public and private partners.

The NHMA was developed as a result of a meeting of a core group of physicians who came together at the White House working on health care reform in 1993. During the meeting it was decided an organization was needed to fill a void in Washington, DC – the need for a voice for Hispanic/Latino physicians as advocates for Hispanic health with the Federal government. This decision grew from a history of organizing efforts dating back to the 1960s when Hispanic medical students formed regional associations and local societies focused on social and charitable activities. In 1982, Dr. Elena Rios established the California Chicano/Latino Medical Student Association with medical student leaders and its Super Network to link with 25 California Chicano premed clubs, and in 1987 the National Latin American Medical Student Network (now known as Latino Medical Student Association (LMSA)) with advisors from New Jersey, Sacramento, and Chicago medical schools. Physician leaders from these groups came together in Washington, DC to start NHMA.

From 1995 to 1996, the U.S. Department of Health and Human Services (HHS) Health Resources and Services Administration supported 5 regional meetings with Hispanic health leaders around the country, and the NHMA advisory committee that included NLAMS. In 1997, NHMA convened its First Annual National Conference. In October 1998, Dr. Rios became the Executive Director of NHMA supported by a Cooperative Agreement of the U.S Department of Health and Human Services Office of Minority Health (HHS OMH). In 2000, NHMA began to receive funding from Foundations and the private sector for programs: Hispanic-Serving Health Professional Schools, NHMA Leadership, Resident Leadership and Public Health Fellowships, Research Network, Cultural Competence Curriculum Project, National Hispanic Health Leadership Summit with the Congressional Hispanic Caucus, HHS and Robert Wood Johnson Foundation, and started its Congressional Hispanic Health Briefing Series and government affairs efforts with the California Endowment. In 2004, NHMA invited Hispanic healthcare leaders to meet and they formed the National Hispanic Health Professional Leadership Network and the NHMA Council of Medical Societies to promote leadership among their members.

In 2005, NHMA completed a strategic review and expanded its Board of Directors to include nationally recognized leaders, and in 2006, developed its membership plan. As a first step in this strategy, NHMA established a portal (HispanicHealth.info) to share calendar of meetings, community forums, and key resources. In 2007–2008, NHMA and OMH convened regional policy summits on access, prevention, workforce for the next five years, and produced recommendations for health care reform presented to the Obama Administration, Senator Kennedy (D-MA), and the Congressional Hispanic Caucus. In 2009, NHMA established its Council of Residents (COR) and appointed the leader and the leaders of LMSA to the Board. In 2011–2012, NHMA Board had retreats to rebrand its logo and build membership with regional policy summits, nominations for Federal and private commissions, speakers, job board, affinity programs, institutional membership, the Council of Young Physicians (CYP). In 2013, NHMA started Region Policy Forums with the White House and HHS on the Affordable Care Act, and in 2014, the mentoring of pre-med, medical, and public health students. In 2015, NHMA held a Diversity in Research & Medicine Summit with NIMHD and developed a Congress bill (HR 2927) STEM Pre-Med Pathway to Medical School with Congressman Joe Heck (R-NV) and Congressman Raul Ruiz (D-CA), and advocacy for access to preventive, health and mental health care, and ACA enrollment and implementation. In 2016, NHMA continued its health communications projects with CDC on HIV, ASTHO on adult Flu Vaccines, CMS with medical practice transformation, and with Amgen CVDz Summits. In 2017, NHMA started the College Health Scholars supported by HHS OMH to recruit Latino college students to health careers, NHMA Medical School Liaison program, and partnered with the AllofUs Research Program. In 2019 NHMA started its Chapters. In 2020, NHMA started COVID-19 Webinar Series and participating in national and international meetings and media on COVID-19 and Latinos. In 2021, NHMA announced the “Vaccinate For All” Campaign with CDC and J&J and began meeting weekly with the Biden Administration. This year we expand our work with medical education and health communications. NHMA is a national leader working with our public and private partners to improve the health of our communities and ultimately, the health of all Americans.

For more information & to join us: www.nhmamd.org



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National Hispanic Medical Association

NATIONAL HISPANIC HEALTH FOUNDATION

The National Hispanic Health Foundation (NHHF) (501c3) was established in 1994 in Washington, DC as the philanthropic arm of the NHMA. The mission is to support educational and research activities to improve the health of Hispanics. In 2005, NHHF became affiliated with and located at the Robert F. Wagner Graduate School of Public Service, New York University. In 2012, NHHF moved to the New York Academy of Medicine to build its community-based research and started submitting research grants. In 2020, due to COVID-19, NHHF moved to the NHMA DC Office.

In 2004, NHHF established the National Hispanic Health Professional Student Scholarship Program for medical, nursing, dental, public health, and policy students with outstanding academic records, leadership, and commitment to serving Hispanics. The following year, we invited the National Association of Hispanic Nurses, Hispanic Dental Association, Latino Caucus of American Public Health Association, the NYU-Wagner Graduate School of Public Service and an honorary committee of NY elected officials, to present our first ten scholarships. In 2007, NHHF started a partnership with the United Health Foundation, and in 2008, a second annual Gala in California. In 2005, NHHF established its Corporate Advisory Board to provide guidance for growth. In 2011, NHHF partnered with the W.K. Kellogg Foundation to develop a 5 year project, "Hispanic Early Childhood Obesity Physician Leadership and Health Communications Project" that resulted in strategies with NY and CA leaders.

NHHF has been supported by the Josiah Macy Jr. Foundation to convene national summits to create policy to improve diversity in the health workforce:

- A) "Increasing Diversity in Title VII Summit, 2009": 25 African American and Hispanic and other medical experts met on improving diversity in medical education.
- B) "The President's STEM Initiative Expansion to Health Professions and Diversity, Summit, 2013": 30 leaders met with White House, Congressional Hispanic Caucus, Department of Education, HRSA, NIH, National Sciences Foundation, Institute of Medicine, on expanding STEM for recruitment of K-12 & college underrepresented students to health professions and developing private/public partnerships for health professions programs. This project resulted in legislation introduced by bipartisan support in the House and Senate to create a pre-health terminal degree pathway for Hispanic Serving Institutions.
- C) "Diversity in the Research Workforce, 2015" with the National Institute of Minority Health and Health Disparities, National Medical Association, Association of American Indian Physicians, and the National Council of Asian American and Pacific Islander Physicians and 50 leaders.
- D) Medical Spanish Summit, 2018 with linguistic and medical school faculty that met again in 2020.

Since 2017, NHHF has started

- A) NHHF Clinical Trials Projects – targeted at physicians in private practice with large Hispanic patient panels to recruit physicians to participate in research including the All of Us Research Program and NHHF Research Network – in development with support from PCORI grants.
- B) National Hispanic Pharmacists Association (nhmafoundation.org/nhpa) with CVS Health, Walmart, PhRMA.
- C) Stop Vaping Campaign x 2 years supported by Aetna Foundation-CVS Health.
- D) Health Literacy and Clinical Practice Project x 3 years supported by Centene Corporation.
- E) Vaccination Confidence among Latino Communities supported by Rockefeller Foundation.
- F) Skin Scholarship for Latino Dermatology residents and PA students supported by Lubriderm.

NHHF started its Annual Donor Campaign for an Endowment for its Scholarship Program and this year, we launch the National Center for Hispanic Health Research to build the recruitment and mentoring of Hispanic physicians for health services research and clinical trials. We are seeking physician researchers to work with us.

For more information: www.NHMAFoundation.org



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National Hispanic Health Foundation



SCIENCE DEMANDS DIVERSITY

TO LEARN MORE ABOUT OUR COMMITMENT TO
DIVERSITY AND INCLUSION, VISIT [GENE.COM](https://www.genentech.com/gene)

After more than 40 years of tackling the toughest medical challenges, we know that approaching any problem from a single point of view is setting a course for failure.

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***Better Medicare Alliance is proud to support
NHMA's 25th Annual Conference!***

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NEW FROM CDC



HIV Nexus Is Your Resource for Information Across the HIV Prevention and Care Continuum.

You can now easily download and order the latest educational materials from the Centers for Disease Control and Prevention (CDC) on:

- Integrating routine HIV screening into your practice to reduce new HIV infections and link newly diagnosed patients to HIV treatment and care.
- Prescribing pre-exposure prophylaxis (PrEP) to your patients as part of a comprehensive HIV prevention plan.
- Promoting treatment as prevention as an HIV intervention strategy to help your patients achieve and maintain an undetectable viral load and prevent HIV transmission.



Access free CDC resources for your practice and patients at:
cdc.gov/hiv/clinicians/materials.



Ending
the
HIV
Epidemic

Diversity in Clinical Studies



Why is increasing diversity in clinical studies important?

- ✓ In the creation of new medicines and vaccines diverse populations are underrepresented in clinical studies.^{1,2,3}
- ✓ Medicines and vaccines may affect patients differently based on these differences.^{1,3}
- ✓ Inclusion of diverse populations in clinical studies will provide data that not only better define the benefits and risks of these products, but also lead to more precise prescribing information and ultimately meet the needs of the diverse population you wish to serve.³



What are the potential barriers?^{3,4}

- ✓ Mistrust of the medical community
- ✓ Lack of awareness of clinical trials
- ✓ Strict eligibility criteria
- ✓ Access (e.g., transportation, inflexible hours)
- ✓ Fear
- ✓ Communication barriers



Advantages of being an investigator:

- ✓ Create a study population which is more reflective of your patient population; therefore, data is likely to be more relevant to your patients when products come to market.
- ✓ Participate in the development of novel therapeutics and technologies.



We need your help!

- ✓ **Engage** your patients.
- ✓ **Improve** access to clinical studies and provide resources to help your patients.
- ✓ **Be Transparent.** Discuss clinical studies at routine visits.
- ✓ **Partner** with research sites in your community, local businesses, organizations, and churches.
- ✓ **Share** the importance of diverse population participation in clinical studies at health fairs.
- ✓ **Become** an investigator. Take the steps now to become involved and improve healthcare disparities.
- ✓ **Ensure** staff are aware of barriers and are culturally competent.



Be informed and learn more.

<https://www.gsk-studyregister.com/en/>
<https://www.clinicaltrials.gov>
<https://www.fda.gov/about-fda/office-commissioner/office-minority-health>
<https://cccm.thinkculturalhealth.hhs.gov/default.asp>
<https://myscrs.org/learning-campus/diversity-in-clinical-trials/>



References: 1. Ramamoorthy A, Pacanowski MA, Bull J, et al. Clin Pharm Ther. 2015;97:263-273. 2. Knepper TC and McLeod HL. Nature. 2018; 557:157-159. 3. Clark LT, Watkins L, Pina L, et al. Curr Prob Cardiol. 2019;44:148-172. 4. Hamel LM, Penner LA, Albrecht TL, et al. Cancer Control. 2016; 23:327-337.

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BE ONE IN A MILLION | SEA UNO EN UN MILLIÓN

What is the *All of Us* Research Program?

The *All of Us* Research Program is a large research program. The goal is to help researchers understand more about why people get sick or stay healthy.

We hope that one million or more people will join the *All of Us* Research Program. People who join will share information about their health, habits, and what it's like where they live. By looking for patterns in this information, researchers may learn more about what affects people's health.

The *All of Us* Research Program will last for 10 years or more. This will allow researchers to study health over time.

If you decide to join the *All of Us* Research Program, you will be contributing to an effort to improve the health of generations to come. You also may learn about your own health.

¿Qué es el Programa Científico *All of Us*?

El Programa Científico *All of Us* es un programa de investigación muy grande. Su meta es ayudar a los investigadores científicos a comprender mejor por qué las personas se enferman o permanecen saludables.

Esperamos que un millón o más de personas participen en el Programa Científico *All of Us*. Las personas que participen compartirán información sobre su salud, sus hábitos y sobre cómo es el lugar donde viven. Al observar información en común, los investigadores científicos podrían aprender más acerca de lo que afecta la salud de las personas.

El Programa Científico *All of Us* durará al menos diez años. Esto les permitirá a los investigadores científicos estudiar la salud con el paso del tiempo.

Si decide participar en el Programa Científico *All of Us*, estará contribuyendo a un esfuerzo por mejorar la salud de las generaciones futuras. También podría aprender sobre su propia salud.

The future of health begins with **you**./El futuro de la salud comienza con **usted**.

How do I get involved?/¿Cómo participo?



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There are many ways to participate./Hay muchas formas de participar. You may be asked to:/Es posible que le pedirán pidan:



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surveys/
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Complete the
Consent to Get DNA
Results/Complete el
Consentimiento
para recibir
resultados de ADN



Share your
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record (EHR)/
Comparta su
registro electrónico
de salud (EHR)



Give blood and
urine samples/
Dé muestras de
sangre y orina



Have your physical
measurements
taken/
Permita que le
tomen sus
medidas físicas



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Welcome to the **National Hispanic Medical Association 25th Annual Conference**

As a sponsor of the National Hispanic Medical Association 25th Annual Conference, AARP supports NHMA's efforts to enhance the health of the Hispanic community across all sectors of society.

To learn more about AARP, please visit
aarp.org or aarp.org/espanol



At Traverre Therapeutics, we are in rare for life.

We come together every day to help patients, families and caregivers of all backgrounds as they navigate life with a rare disease. On this path, we know the need for treatment options is urgent — that is why our global team works with the rare disease community to identify, develop and deliver life-changing therapies. In pursuit of this mission, we continuously seek to understand the diverse perspectives of rare patients and to courageously forge new paths to make a difference in their lives and provide hope — today and tomorrow.

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The system includes Penn State Health Milton S. Hershey Medical Center, Penn State Health Children's Hospital and Penn State Cancer Institute based in Hershey, Pa.; Penn State Health Holy Spirit Medical Center in Camp Hill, Pa.; Penn State Health St. Joseph Medical Center in Reading, Pa.; Penn State Health Hampden Medical Center in Enola, and more than 3,000 physicians and direct care providers at 90+ unique medical office locations. Additionally, the system jointly operates various health care providers, including Penn State Health Rehabilitation Hospital, Hershey Outpatient Surgery Center, Hershey Endoscopy Center, Horizon Home Healthcare and Pennsylvania Psychiatric Institute.

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Penn State Health is fundamentally committed to the diversity of our faculty and staff. We believe diversity is unapologetically expressing itself through every person's perspectives and lived experiences. We are an equal opportunity and affirmative action employer. All qualified applicants will receive consideration for employment without regard to age, color, disability, gender identity or expression, marital status, national or ethnic origin, political affiliation, race, religion, sex (including pregnancy), sexual orientation, veteran status, and family medical or genetic information.



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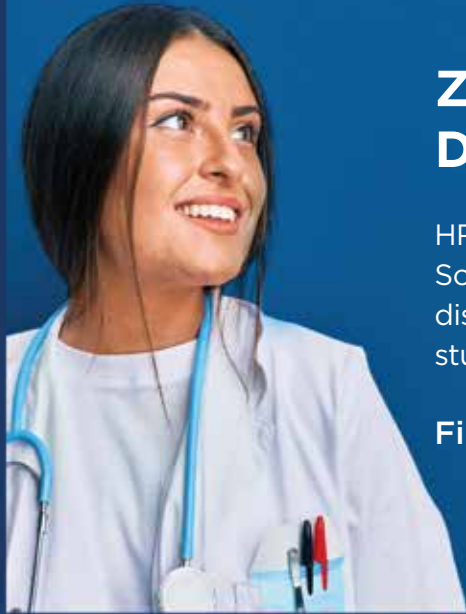
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ACP Applauds our Nation's Hispanic Physicians

ACP joins NHMA in their mission to ensure that Hispanic, Latino, and other underserved populations have access to quality and affordable healthcare.

We look forward to collaborating on this important work through physician education, physician/patient partnerships, and health policy advocacy.

acponline.org



Hispanic Americans and Alzheimer's Disease Information and Support for all Affected

Hispanic Americans are about 1.5 times as likely as White Americans to have Alzheimer's and other dementias, and Black Americans are about 2 times as likely.

Resources are available:

- » Visit alz.org/hispanic.
- » Call our free 24/7 Helpline (**800.272.3900**).
- » Contact your local Alzheimer's Association® chapter.



Need CMEs? Explore free Alzheimer's and dementia activities at training.alz.org/ClinicalEducation.

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Join the NHMA Vaccinate For All Champions!

The **Vaccinate For All** campaign is led by the National Hispanic Medical Association with support from the CDC. Our goal is to connect and support trusted leaders across the U.S. in serving the health of members of the Hispanic/Latino population around them and increasing vaccine uptake among the Latino community.



Join us in building a powerful network of Champions across the U.S. and providing targeted resources to best reach and support members of the Hispanic community in making the best vaccination decisions.

We're learning with you and from you. Contact us with feedback, questions, or requests for support at: vaccinateforall@nhmamd.org.

Explore how to get involved at:
vaccinateforall.org



Join NHMA's Network

The National Hispanic Medical Association (NHMA) is dedicated to empowering Hispanic physician leaders to improve the health of Hispanics.

Membership Benefits

- Network with other healthcare professionals at regional events
- NHMA Leadership Fellowship and Resident Leadership Programs
- Discounts for the NHMA Annual Conference
- Access to our monthly newsletters, featuring opportunities
- Earn free CME credits
- Opportunities to mentor medical students and residents



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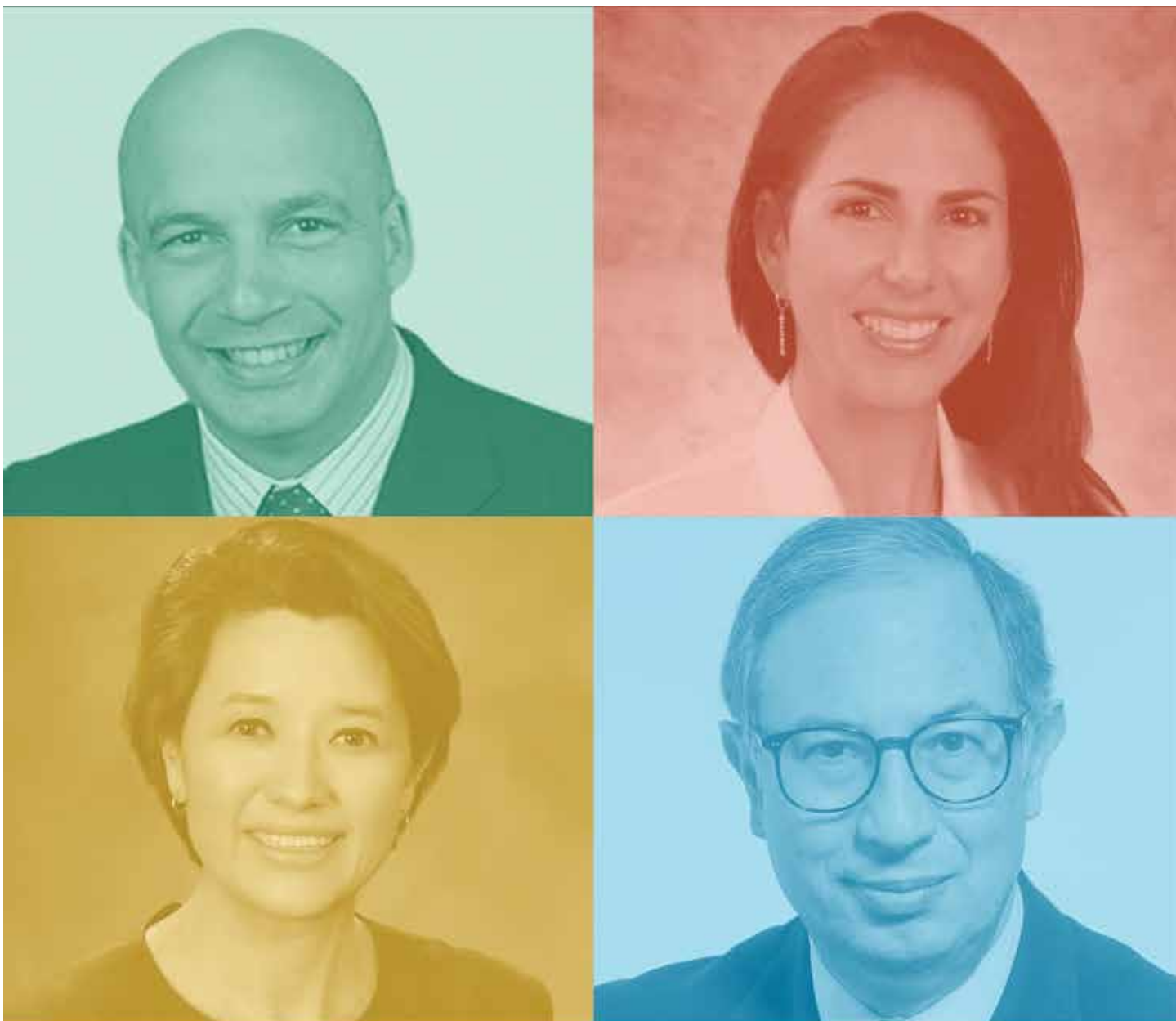
Graduate students and recent graduates can apply for a one-year paid leadership fellowship within the U.S. Department of Health and Human Services

Extended Application Deadline:

April 16, 2022



This program is supported by the Office of Minority Health of the U.S. Department of Health and Human Services (H.H.S.) as part of a financial assistance award totaling \$750,000 with 100 percent funded by the Office of Minority Health/OASH/HHS.



**We honor Hispanics in the
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www.IDSAFoundation.org





Centene Corporation is proud of our Partnership with the National Hispanic Medical Association.

This year's conference is particularly significant as we look forward to discussions regarding the social determinants of health, as well as hearing from experts on health policy and research.

We also would like to take this opportunity to congratulate our colleague, Brian Ternan. Brian is a leader in our California market and has been elected to the National Hispanic Medical Association Board of Directors.

We hope that you will visit us in the Exhibit Hall as we present the "Stay Healthy Zone" with fitness and wellness strategies for all!



Influenza Toolkit for Healthcare Professionals

Our digital toolkit features information on:

- Recommended immunizations
- Vaccination coverage and safety
- Harm reduction
- Pre-existing conditions
- Vaccine administration advice
- Treatment options
- Immunization standards
- Resources in English and Spanish



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