

FALL 2023 INTERNS

NHMA PROGRAMS



Juana Ruiz

American University, Senior

Major: Health Promotion

Minor: Public Health

"I am a Colombian immigrant and senior at American University, dedicated to addressing health disparities and empowering underserved communities. What truly fuels my enthusiasm for this internship program is the chance to collaborate with the exceptional NHMA staff, fostering meaningful professional connections with fellow interns, and contributing to the advancement of the association's impactful programs."

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Julia Lopez

University of Maryland, College Park, Junior

Major: Family Science

"I am Julia Lopez, a student enrolled in the Family Science program at the University of Maryland. As a proud Latina, I am eager to immerse myself in this real-world professional setting and be able to help my Hispanic/latino community that I deeply identify with. My aspiration in life is to make a difference and be a voice for my community. This internship will give me the necessary tools to aid in my goals and I cannot wait!"

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Evelyn Reyes
The Washington Center

Queens University of Charlotte, Senior

Major: Political Science

Minor: Social Justice, Spanish

"Hello! My name is Evelyn Reyes and I am so excited to be a Programs Management intern at NHMA this fall. I am a senior at Queens University of Charlotte studying Political Science with a minor in Spanish and Social Justice. I am eager to utilize my previous experience and skills to aid in NHMA's mission. I am also looking forward to building new connections and learning more about working in non profit."

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Monica Ramirez Cruz
UCDC Program

UC Davis, Senior

Major: Sociology

Minor: Human rights

"Hi everyone, my name is Monica Ramirez and I am so excited to be a part of the Fall intern cohort at NHMA! I'm originally from San Diego and going into my fourth and final year at UC Davis, where I'm pursuing a major in sociology and a minor in human rights. I have always been extremely passionate about working for and with my Latinx / Hispanic community and am excited to get the opportunity to do just that at NHMA."

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NHMA COMMUNICATIONS



Wesley Perez Vidal
The Washington Center

University of Sacred Heart, Senior

Major: Interdisciplinary Communication

Minor: Psychology

"Hi, I'm Wesley Pérez Vidal from Puerto Rico. As someone passionate about communication, with five years of experience. As well as the first generation that made it to college and advocate for youth development and community outreach. I have been selected for the Congressional Internship Córdova and Fernós from the Senate of Puerto Rico, bringing me the honor to work at the Communication Department with the National Hispanic Medical Association and for the first time live in Washington, D.C. At a young age, I have managed to lead different projects with forefront companies such as Telemundo, ABC, TV Azteca and other brands that contribute to collective progress, this has been my main goal to work and explore every opportunity."

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NHMA COMMUNICATIONS



Valeria Ramis de Ayreflor
The Washington Center

University of Puerto Rico, Senior

Major: Communications, Journalism

"Hello everyone, my name is Valeria Ramis de Ayreflor Rodríguez. I'm from Arecibo, Puerto Rico. I'm a senior at the University of Puerto Rico at Arecibo, where I'm doing a bachelor's degree in Communications with a concentration in journalism. I am very excited to join the NHMA program for this fall season and meet everyone."

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NHHF PROGRAMS



Desire Omotoye

George Mason University, Senior

Major: Community Health

Minor: Health Informatics

"My name is Desire Omotoye and I am a senior at George Mason University, majoring in Community Health with a minor in Health Informatics. As a first-generation Nigerian American, I am eager to intern with and support the interests of NHHF-- an honorable organization that advocates for health equity, literacy, and representation within the Hispanic community. I look forward to collaborating with other committed interns and professionals in helping NHHF accomplish its goals while developing important professional skills."