

WINTER 2024 INTERNS

NHMA PROGRAMS



Michelle Rodriguez, (she/her/ella)

University of Maryland, College Park

Major: Public Health Science

Minor: Humanities, Health, and Medicine

"Hello! I'm Michelle Rodriguez, a junior Public Health Science student at the University of Maryland. As a proud Latina, I am thrilled to dive into this internship and lend a helping hand to my beloved Latinx/Hispanic community. I'm eager to collaborate with the amazing NHMA staff, immerse myself in a real-world professional setting, and contribute to the advancement of the NHMA's impactful programs."

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Alexia Heriaud
The Washington Center

University of New Hampshire

Major: Political Science and Justice Studies

Interests: Civil rights, environmentalism, affordable housing, equitable healthcare, yoga, working out, reading

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Zerena Martinez Murillo (She/Her)

George Mason University

Major: Science Community Health Concentration in Global Health

Minor: Nonprofit Studies

"My name is Zerena Martinez Murillo, and I am from La Ceiba, Honduras. I am majoring in Community Health with a concentration in Global Health. At the same time, I am pursuing a minor in Nonprofit Studies and Public Health. I am excited to be working with NHMA because in the future, I hope to open my own nonprofit in Honduras to provide food and education assistance focused on the children population. Furthermore, my role being vital to project management, I hope to gain more experience in programs execution, policy work, and working with the Hispanic community."

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NHMA COMMUNICATIONS



Massimo Alicea (he/him/his)

The George Washington University, School of Media and Public Affairs

Major: Political Communication and Public Health

"Hello! I'm Massimo Alicea, and I am so excited to intern for NHMA! A little bit about me – I'm from Poughkeepsie, New York, I'm a junior at George Washington University majoring in Political Communication and minoring in Public Health, and I'm currently becoming a registered EMT! I'm very passionate about health and healthcare, a passion born during my time working in a nursing home. At NHMA, I'm excited to grow my skills in social media production & analytics, web development, and learn more about the intersection of health and Hispanic Americans."

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NHMA COMMUNICATIONS



Aysia Shelley

Howard University

Major: Criminology

Minor: Legal Communications

"Hello everyone! My name is Aysia Shelley, a Junior criminology major, legal communications minor at Howard University. Hailing from a small town in Michigan, I have witnessed firsthand the inequalities within communities of color, fueling my commitment to address these issues in my professional and collegiate pursuits. At Howard, I am actively involved in various organizations dedicated to advancing black and brown communities, gaining valuable experiences aligned with my interests. Last spring, I had the incredible opportunity to intern on Capitol Hill as a legislative intern, working with the health team in the office. This experience deepened my passion for addressing health inequities within communities of color and using my voice for meaningful change. Now, I am thrilled to channel that passion into serving the Hispanic community and contributing to the fight against health disparities. I am excited for this journey and look forward to making a positive impact."

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NHMA COMMUNICATIONS



Mariza Monteiro

The Washington Center

Westfield State University

Major: Political Science

"My name is Mariza Monteiro, and I'm a sophomore Political Science major from WSU. I was born in the United States, however I spent most of my childhood in Lisbon, Portugal since my parents moved there when I was only six months old. Before my senior year of high school began, I decided I wanted to continue my academic career in the U.S., so I moved to Amherst, MA to live with my godparents. It was an amazing experience, and when it was time to attend higher education I didn't want to go far from my family so I applied to Westfield State University, only 45 minutes away. Regarding my professional experience and interests, I have experience working as an assistant since for the past two years I've been working at the WSU President's office, which allowed me to work closely with the President and watch what happens "behind the scenes". I have a keen interest in governmental and international relations and advocacy, and I'm passionate about exploring the intricacies of politics and communications. After graduating I aim to attend a prestigious law school and become an attorney. I'm also looking forward to connecting with like-minded individuals and exchanging ideas while learning as much as I can."

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NHHF PROGRAMS



Lilia Rangel

University of California, Irvine

Major: Public Health Policy

Minor: Health Informatics

"Hello! My name is Lilia Rangel and I am in my fourth year at UC Irvine majoring in Public Health Policy with a minor in Health Informatics. Over these past four years, I have been able to grow my passion for improving the quality and accessibility of health care for hispanic communities and persons of color and look forward to continuing and bettering my own knowledge through this internship program. I am eager to use skills I have developed through my involvements on and off campus to create positive changes for those around me. I look forward to the new experiences and opportunities interning with the NHHF will bring!"